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Letter

A New Page for Nursing



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A New Page



Professor Chia-Chin Lin | Head
Alice Ho Miu Ling Nethersole Charity Foundation
Professor in Nursing



A common understanding of the metaphor of turning a page suggests beginning anew, having a fresh start, and putting the past behind us. However, if we think of turning a page as continuing our participation in an ongoing narrative, it becomes clear that as we turn the page, we have opportunity to reflect upon recent events and consider what they can mean for our future. In an inspiring Opening Address at the recent Hong Kong International Nursing Forum, Ms Elizabeth Iro, the then-Chief Nursing Officer of WHO, pointed to the many challenges faced by Nursing in preparing for the future and suggested that as the page of the recent past is turned, nurses need to reflect, recover and recharge.

Bringing an ethics perspective to the ongoing story of nursing, Dr Christine Grady, from the National Institute of Health, noted that COVID-19 had brought the world to its knees and bruised nurses who were severely battered by scarcity of resources, the disparity and devastation affecting

underserved communities and by the lonely deaths of so many of their patients. She noted the moral distress experienced by many nurses, who often felt deeply troubled by the compromises they had to make when they knew the ethically correct action to take but were constrained from taking it. She spoke of the need to cultivate moral strength in nurses, of the importance of investing in nursing, of reducing the burdens placed upon them and of promoting techniques of self-care.

Focusing on education, Dr Julia Stark, Head of Nursing at the University of Auckland, noted that COVID-19 had “fired rocket fuel into the engine of change”. The rapid adaptations that nursing educators made to curricula, clinical teaching methods, and student-led learning exemplified the technological innovations we have seen in many fields during the COVID-19 outbreaks and help us recognise the rapidity of change all around us and with this associated turmoil and uncertainty.

for Nursing

Dr Beverley Malone, President and CEO of the National League for Nursing spoke about the boldness and courage required for nurses to step into the very uncertain future coming upon us. She spoke of the profound importance of dreaming about how to exercise power wisely and use ingenuity and daring to bring about optimal outcomes for patients.

Professor Peng Gong, Vice-President and Pro-Vice-Chancellor (Academic Development) from HKU provided a compelling account of the ravages brought upon our planet by human action and the enormous damage to health which has resulted from the effects of water, air and soil pollution. The ongoing narrative of health needs to be about planning for adaptation and resilience, for mitigation strategies and for political engagement. We need to recognise planetary health as our major focus in educational and direct-action initiatives as we rethink many of our assumptions about resource usage.

As we turn the page of nursing's contribution to health in this era of massive technological and environmental change,

there is a critical need for a greater understanding of the human experience of health, illness and disability. Professor Sally Thorne addressed this issue in her outstanding keynote address at the Inaugural Asia-Pacific Region Qualitative Research Network Conference which followed the Hong Kong International Nursing Forum. She noted that the point of nursing research is to make a difference to people's lives and that use of applied qualitative methods can result in evidence-informed practice. Understanding patients' experiences of health issues can provide tools for advocating for person-centred care and to use to interpret into policy. A culture of complexity can be nurtured as data are synthesised from multiple sources.

As we turn the page on our recent past, we need to be mindful of the multiple challenges facing our planet, our health systems, our patients and indeed, ourselves. This forum and conference provided us with opportunity to reflect, recover and recharge as we confront an increasingly demanding future.



As we turn the page of nursing's contribution to health in this era of massive technological and environmental change, there is a critical need for a greater understanding of the human experience of health, illness and disability.



Online Platform Trains Professionals to Deliver Brief Smoking Cessation Advice

Smoking is a serious threat to global public health. Although the smoking rate in Hong Kong has been continuously declining, there are still more than 600,000 daily smokers here and the related economic loss is about HK\$10 billion every year. One in two smokers will die prematurely due to tobacco use, yet quitting smoking can reduce the risk of many types of cancer, stroke, heart disease, lung disease and diabetes. Smoking cessation is achievable with the determination to quit smoking and evidence-based treatments.

The World Health Organization has recommended that all healthcare workers provide patients with brief smoking cessation advice to encourage smokers to quit. However, most healthcare workers ignore the importance of this and do not know how to encourage smokers to quit. To address that gap, we conducted a recent large, multisite, pragmatic randomised controlled trial (RCT) that showed smoking cessation advice of even one-minute or less – including questions about smoking status, a brief warning, and referral – can effectively improve the smoking cessation rate of smokers. In particular, an intervention as short as 30 seconds increased self-reported abstinence among mainly male smokers in China at the 12-month follow-up (risk difference = 1.3%). The intervention (versus control) group also showed greater self-reported 7-day abstinence [9.1% versus 7.8%, odds ratio (OR)=1.14, 95% confidence interval (CI)=1.03-1.26, P=0.008] and 30-day abstinence (8.0% versus 6.9%, OR=1.14, 95% CI=1.03-1.27, P=0.01) at 12-month follow-up.¹ Numerous studies have also demonstrated that brief smoking cessation advice by health care professionals or trained cessation ambassadors can reduce the frequency of cigarette consumption, increase quit motivation, and improve the smoking cessation success rate.



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Given the limited interaction time that medical personnel have with each patient, short and effective interventions are more feasible than intensive interventions. Health professionals can also repeatedly remind patients to quit in each follow-up. Very brief smoking cessation advice is a clinical behavioral intervention that requires less than three minutes to encourage smokers to quit.

Our research team, together with the Tobacco and Alcohol Control Office of the Department of Health, has developed an online training platform to provide teaching materials and demonstration videos for medical staff to help them quickly grasp the requirements of giving very brief smoking cessation advice. This advice can be delivered by every healthcare provider to help all smokers quit. Our website also includes handouts for easy reference, and after completing the course, learners can take the self-assessment

Dr Derek Cheung Yee-tak | Assistant Professor



Proven Benefits of

questionnaire to earn Continuing Medical Education Credit (CME/CNE). Finally, the training platform also provides practical guidelines and smoking cessation leaflets to facilitate implementation in clinics.

If all health professionals can encourage and help smokers quit smoking during medical diagnosis and treatment, this can increase the quit rate and improve their health and quality of life. In contrast, if health professionals do not say a word about smoking cessation, the patient may misunderstand that their smoking is not a problem.



Our research team, together with the Tobacco and Alcohol Control Office of the Department of Health, has developed an online training platform to provide teaching materials and demonstration videos for medical staff to help them quickly grasp the requirements of giving very brief smoking cessation advice.



Online Training Platform:

<https://vba.nursing.hku.hk/>

Very Brief Advice and Brief Intervention on Smoking Cessation - Online Training

Home page Very Brief Advice Brief Intervention English

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Smoking remains a serious threat to public health worldwide. One in two smokers die prematurely from tobacco related diseases. Very Brief Advice and Brief Intervention are effective tools for healthcare workers to identify smokers, advise them to quit, and provide them with proven cessation aids.

The World Health Organization recommends all healthcare professionals to deliver brief smoking cessation advice to help smokers quit. Brief Intervention (BI) is designed to integrate smoking cessation support into everyday practice of healthcare professionals. It adopts SA's and SR's models and can be delivered in 3 to 5 minutes.

In the more time constrained settings, healthcare providers can deliver "Very Brief Advice" (VBA) which comprises 3 steps: ask about smoking status, advise on the most effective way to quit, and offer referral to cessation services. Through VBA, smokers can be identified and connected to smoking cessation services/resources.

Brief cessation advice is shown to be effective in increasing abstinence when delivered in a wide range of settings and by healthcare workers in various disciplines.

Very Brief Advice
Very Brief Advice (VBA) is effective in increasing motivation to quit and abstinence. It compares smokers on leaving areas, advice on the most effective way to quit, and offer referral to cessation services. It takes only 30 seconds.
Module 1: Importance of Brief Smoking Cessation Advice
Module 2: Very Brief Advice on Smoking Cessation
Module 3: Active Referral of Smoking Cessation Service
[Go to VBA](#)

Brief Intervention
Brief Intervention (BI) is designed for delivering cessation support in about 3 to 5 minutes, completing assessment on willingness to quit, counselling and advice on quit plans and methods, and referral to comprehensive cessation services as needed.
Module 1: Brief Intervention on Smoking Cessation with SA's/BI's Model
Module 2: Potential Barriers and Methods to Overcome the Barriers in Delivering the Intervention: Single Self-ling Techniques to Combat Craving
Module 3: Pharmacotherapy for Smoking Cessation
Module 4: Creating Smoking Cessation Services in Hong Kong
[Go to BI](#)

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Equipping Students with an International Outlook –



The University of Hong Kong's commitment to being Asia's global university is supported by its emphasis on internationalisation, defined as the process of integrating a global, international and intercultural dimension into the purpose, functions or delivery of postsecondary education¹. The School has worked to internationalise the nursing curriculum to encourage students to explore their worldview and expand their vision of nursing.^{2,3}

Our approach to internationalisation involves two main streams: internationalisation abroad, which involves cross-border activities, and internationalisation at home,

which involves integrating international and intercultural dimensions into the formal and informal curriculum for all students on our home campus.^{4,5,6} The School has incorporated both these opportunities into our undergraduate and postgraduate programmes. Nursing students are trained to be globally minded and have intercultural skills so they can provide optimal healthcare to culturally diverse populations in different arenas.

Due to the COVID-19 pandemic, most face-to-face internationalisation activities have been seriously affected by travel restrictions, so we made wide use of virtual settings to give

Dr Polly Chan Siu-ling | Senior Lecturer
 Director, Bachelor of Nursing (Part-time) Programme (RN)
 Chair of International Affairs Sub-committee



Abroad and at Home



students' exposure in relation to intercultural learning on home campus. Our attempt has been to think outside the box by combining internationalisation at home and abroad, and we received a teaching development grant from the University to assess the potential effectiveness of this approach. A key question we explored was whether students' abroad experience contributed to internationalisation at home, in particular whether this increased our 'at home' nursing students' intercultural learning experience.

We invited senior students to share their abroad experiences related to cultural knowledge and skills with our Year 1 undergraduate nursing students in the Bachelor of Nursing programme. The sharing was conducted via an online learning platform. We conducted pre- and post-tests on them. The outcomes

measured the change of their perceived cultural awareness score using a validated cultural awareness scale (CAS) with 36 items (score ranged 35-252). The higher the score, the better the cultural awareness score. We also conducted two focus group interviews using verbatim transcription with thematic analysis.

Among the 122 Year 1 students who completed the pre- and post- questionnaires, we found their cultural awareness was significantly improved after the interventions (within-group difference (d)=12.967, 95% CI=8.941, 16.993, p<0.001). Three themes were identified from the focus group interviews with the students: 1) This was a new way to gain intercultural learning experiences without travelling; 2) It offered a better understanding of culturally diverse groups; 3) It offered better preparation for future clinical practice in serving ethnic minority groups.

To conclude, students' abroad experience might contribute to internationalisation-at-home as suggested by the study findings.

“ A key question we explored was whether students' abroad experience contributed to internationalisation at home, in particular whether this increased our 'at home' nursing students' intercultural learning experience. ”

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New Model Predicts Cardiovascular Disease Risk in a Chinese Population

Cardiovascular diseases (CVD), including coronary heart disease and stroke, are the most common fatal non-communicable diseases globally and were responsible for an estimated 18.6 million deaths in 2019. In Hong Kong, CVD is also a burden to the health care system. The Hospital Authority reported that in 2020, 71,300 inpatient discharges and inpatient deaths in all hospitals and 6,561 registered deaths were caused by CVD. A 2021 report by the Centre for Health Protection showed that the rate of heart disease increases steadily from age 35 to affect 9.1% of those aged 65 and over. To tackle the problem, the Hong Kong Government launched the “Towards 2025: Strategy and Action Plan to Prevent and Control NCD (non-communicable diseases) in Hong Kong”, with targets to prevent premature mortality from NCD (particularly CVD) and to prevent heart attacks and strokes.

Clinical guidelines suggest that using a risk prediction model on patients with established CVD could mitigate recurrent CVD. While existing popular risk predictions, such as TIMI and SMART2, were developed on multi-ethnic cohorts and standard statistical modelling based on a points system has been put into clinical use, researchers have found that their estimated results and performance among Asians are relatively poor compared with Caucasians. Standard statistical modelling is also unable to cope with a wide array of variables that could be time-varying as concurrent medications affect risk for recurrent CVD. This has given rise to a need to develop a risk prediction algorithm based on Machine Learning (ML) with dynamic function to address this issue and reduce the healthcare burden among Chinese.

The School has responded to that need in collaboration with the HKU Department of Computer Science, to develop a risk prediction algorithm, P-CARDIAC (Personalized CARdiovascular DIsease risk Assessment for Chinese), to predict the 10-year CVD risk for a Hong Kong Chinese population. The novel algorithm, based on 48,799 participants, was designed by Cox proportional hazards



The School has responded to that need in collaboration with the HKU Department of Computer Science, to develop a risk prediction algorithm, P-CARDIAC (Personalized CARdiovascular DIsease risk Assessment for Chinese), to predict the 10-year CVD risk for a Hong Kong Chinese population.



Dr Celine Chui Sze-ling | Assistant Professor
School of Nursing and School of Public Health

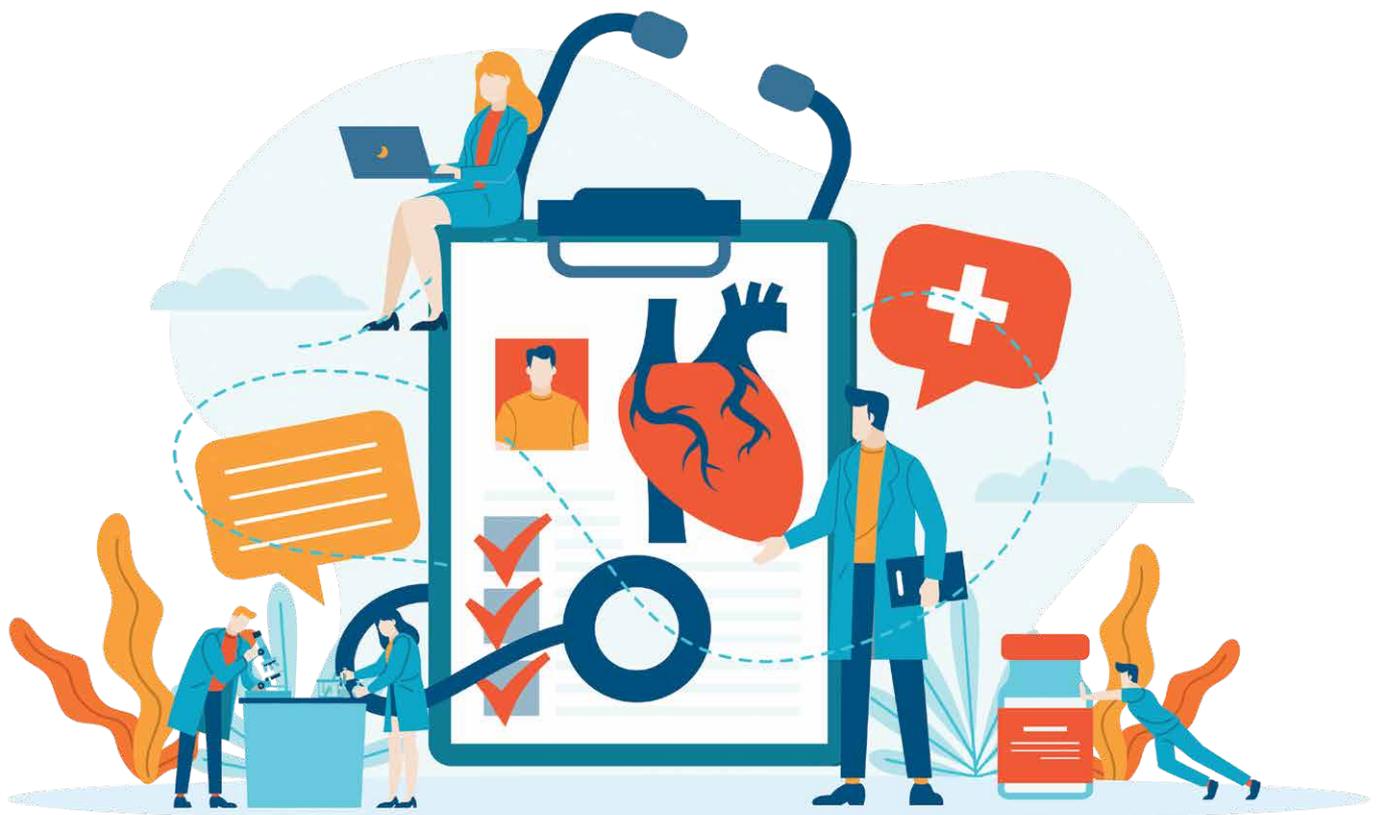


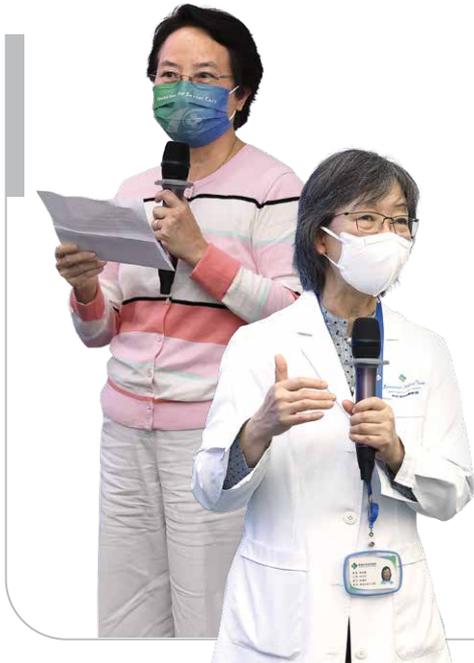
model with XGBoost to achieve better performance and interpretability for medical use. More than 120 risk factors were included that relate to CVD, including demographic factors, disease history, clinical laboratory tests, treatment exposure and other information from local electronic health records. The outcome was defined as the diagnosis of recurrent CVD, i.e., a composite of coronary heart disease, stroke, peripheral artery disease, and revascularisation. To evaluate the performance of the model, validations were conducted on two other independent local cohorts with more than 250,000 individuals who were assessed using TIMI risk score and SMART2.

The novel algorithm had good discrimination performance. Validations showed P-CARDIAC had a better performance than TIMI and SMART2. Our preliminary results demonstrated

that P-CARDIAC is an appropriate tool to predict a Chinese population's CVD risk. P-CARDIAC also allows a more personalised approach for CVD prevention with consideration of the dynamic baseline risk and effects of concurrent medication.

The Government Policy Address 2022 pledged to strengthen the primary healthcare system in Hong Kong and this prediction tool has the potential to play an important role in routine clinical practice. It can raise awareness of the CVD risk for earlier intervention and reduce the healthcare burden brought by CVD. The algorithm is expected to be adaptable to various clinical settings to produce a more accurate estimated result for preventing recurrent CVD.





Advanced Neonatal Education and Training Course

The China Neonatal Network (CHNN) held a graduation ceremony for the three-month Advanced Neonatal Education and Training Course on June 24, 2022. The course provided participants with the latest knowledge on international neonatology, enhanced their neonatal care clinical management, established a team of neonatal nursing mentors, and promoted the neonatal nursing discipline and research.

Journey Along Sassoon Road: 3 Sassoon Road

The School was thrilled to take part in the official opening of the Academic Building at 3 Sassoon Road organised by HKUMed on July 5, 2022. The simulation team of the Quality and Safety Education Subcommittee and nursing students used advanced high-fidelity simulators to demonstrate simulation-based education and technology-enhanced learning to the attending guests, who were impressed by the state-of-the-art facilities at the medical campus and the teaching innovations adopted by the School.

There are six simulation wards and teaching labs in the Academic Building in addition to the existing lab facilities in the Pauline Chan Building. This offers plenty of space for training the healthcare workforce, improving patient safety, and providing students with more opportunities to practice and improve their nursing skills.



Dr Veronica Lam Suk-fun was a leader in the course which involved a team of 13 teaching members from the School, including Dr Lam, who hosted lectures and workshops on their specialties.

The teaching team also included experts from Mount Sinai Hospital in Canada, Children's Hospital of Philadelphia in the U.S., Hong Kong's Queen Mary Hospital, and The University of Hong Kong-Shenzhen Hospital.



Pinning Ceremony 2022

A Pinning Ceremony was organised on August 3 for the Class of 2022, the first batch of nursing students to receive their nursing pins at the new Academic Building on 3 Sassoon Road –the new home of the School of Nursing.

The nursing pin is a symbol of students' accomplishments and their commitment to uphold a high standard of professionalism. Many of these students have served the community during the COVID-19 pandemic through service initiatives such as hotline services, community testing and vaccination programmes, and taking care of frail elderly patients at the Community Isolation Facilities. These

high-calibre nursing students are more than competent to join our healthcare workforce and contribute their knowledge and skills to Hong Kong's healthcare system.

The students together recited the Florence Nightingale Pledge and lit candles to underscore their commitment to upholding the ethics and principles of the nursing profession and to raising the standards and prestige of practical nursing.



COSH – Smoke-free Elite Teens Programme 2022-23

To promote a smoke-free culture to Hong Kong youth, the School supported the “Smoke-free Elite Teens Programme”, which has been organised for the ninth year running by the Hong Kong Council on Smoking and Health (COSH). The 2022-23 programme ran for two days and welcomed about 100 S3 and S4 participating secondary school students each day. **Professor Kelvin Wang Man-ping** and **Dr Derek Cheung Yee-tak** shared their experience in tobacco control education and research. An HKU Youth Quitline counsellor also talked about smoking cessation counselling techniques.

Students also toured the clinical laboratories for teacher demonstrations and explanations of the use of different high-fidelity simulators and mannequins in nursing teaching and learning in, for instance, vital signs measurement, auscultate lung and heart sounds, wound dressing, IV injection, obstetric abdominal palpation, etc.



Healthcare Education and Simulation Workshop 2022



The virtual Healthcare Education and Simulation Workshop organised by the School's Quality and Safety Education Subcommittee opened on August 4, 2022 with nearly 300 participants from 14 countries and regions. The theme of this year's event was "Technology enhances active learning in nursing education". **Professor Chia-Chin Lin**, Head of School, kicked off the virtual event with welcoming remarks and **Dr Veronica Lam Suk-fun**, Chair of the Quality & Safety Education Subcommittee, wrapped up the

event with take-home messages and a vote of thanks. Distinguished speakers shared their expertise in using technology to facilitate students' active learning, with **Dr John Fung Tai-chun** as the moderator. The speaker line-up included:

- Professor Gojiro Nakagami and Dr Toshiaki Takahashi**

Professor and Assistant Professor, Department of Gerontological Nursing / Wound Care Management, Division of Health Science and Nursing, Graduate School of Medicine, The University of Tokyo

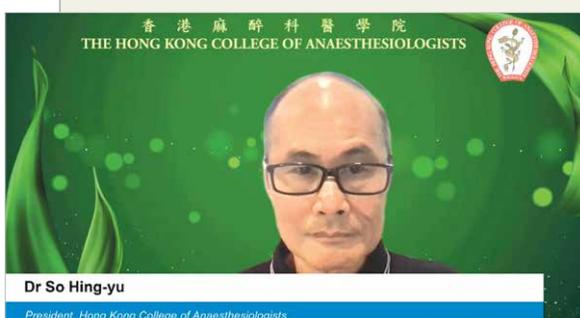
Topic: Using Ultrasonography and AR/VR in Nursing: Experience in Japan



- Dr So Hing-yu**

President, Hong Kong College of Anaesthesiologists

Topic: Emotion and Simulation-based Healthcare Education



- Dr Liaw Sok-ying**

Associate Professor, Director of Education (Undergraduate Academic), Alice Lee Centre for Nursing Studies, Yong Loo Lin School of Medicine, National University of Singapore

Topic: Virtual Reality Simulation-based Interprofessional Education





Professor Janet Wong Yuen-ha

Dean, School of Nursing and Health Studies, Hong Kong Metropolitan University

• Professor Janet Wong Yuen-ha

Dean and Professor, School of Nursing and Health Studies, Hong Kong Metropolitan University

Topic: Serious Gaming to Foster Teamwork in Interprofessional Education



Dr Cecilia Sit Tin-yan

Lecturer, School of Nursing, The University of Hong Kong

• Dr Cecilia Sit Tin-yan

Senior Lecturer, School of Nursing, The University of Hong Kong

Topic: Promoting Students' Interviewing Confidence and Clinical Judgement: A Chatbot Approach in Clinical Education



The main event was followed by a face-to-face Practical Simulation Workshop held on August 5. **Dr Lam** delivered a talk on "Simulation-based Education and Principles", after which participants had hands-on practice in developing and conducting simulation-based scenarios, as well as a debriefing. The participants came from various nursing institutes and local clinical settings and they were able to exchange ideas on improving simulation-based learning to facilitate nursing students' learning experiences.



Clinical Teachers Developmental Retreat

A retreat was organised for the School's clinical teachers on August 11, 2022 for team building and staff development. Through trivia games and collaborative exercises, colleagues had opportunities to understand each other better, develop teamwork and build a sense of belonging to the School. They also brainstormed ideas on techniques for teaching nursing students and developing ongoing plans for nursing education. The clinical teachers left the retreat energised and well-prepared for the new academic year.



"Discover HKU Nursing!" Summer Programme

Despite a shorter summer holiday due to COVID-19 arrangements, about 100 S4 and S5 students were able to join the HKUMedify Summer Programme 2022 - Discover HKU Nursing! The two-half-day programme, held both online and face-to-face, exposed students to disease management via lectures and let them dig deep into scenario studies using problem-based learning. Our nursing teachers and student ambassadors shared their experiences of the nursing programme, university life and career prospects for nurses. Student ambassadors also led participants on a tour of the medical campus and facilities on Sassoon Road, while participants tried out various basic nursing techniques at the clinical simulation labs. We believe participants developed a better understanding of the nursing profession and HKU School of Nursing.





New Students Receive a Warm Welcome at Faculty Academic Induction Day



HKUMed organised the Faculty Academic Induction Day on August 23, 2022 to welcome freshmen. This was the first time nursing freshmen officially met the Deanery, Faculty members and the Programme leadership team. Besides being introduced to campus life, the freshmen also learned about the many support services offered by the Faculty. Nursing freshmen joined break-out sessions afterwards with our teachers and senior students where they all got to know each other, hear about the joys and worries of being a university student and gain practical tips. The School wishes each freshman a fruitful and fulfilling university life in which they have enjoyable learning experiences and can seize every opportunity that the University provides for personal growth.



HKU Taster @ Summer 2022 – HKU School of Nursing



Around 120 S2 and S3 students participated in the HKU Taster @ Summer 2022 activities organised by the School of Nursing to experience the life of a nursing student. The students attended a mini-lecture about differentiating between myths and facts about nursing and learned more about the nursing programme offered at HKU. Students in groups then visited the School's clinical labs to learn and practice basic first aid skills and to perform CPR. They also learned how simulators are used in nursing teaching and learning and interacted with high-fidelity simulators. Students were astonished by how vividly these simulators imitate real-life patients.



Open Arms for Freshmen at Programme Orientations

Freshmen from various nursing programmes received a warm welcome at orientations organised in September by the School to mark the beginning of the academic year 2022/23. They met their course teachers and classmates and got familiar with the programmes, scholarships, and other helpful information to help them navigate their study journey. The freshmen were encouraged to embrace every opportunity and challenge they encountered.

Bachelor of Nursing (Full-time)



Bachelor of Nursing (Part-time)



Master of Science in Nursing



Doctor of Nursing



Master of Nursing



Celebrating HKUMed's 135th Anniversary at Thanksgiving Dinner

The Thanksgiving Dinner held on October 24, 2022 marked the 135th anniversary of the LKS Faculty of Medicine. Academics, students, patients and supporters gathered together, in compliance with anti-COVID-19 infection control measures, at three different venues. Our nursing colleagues and clinical partners joined this auspicious event to show gratitude to supporters and celebrate the achievements of the Faculty.

Students and Parents Enthusiastic about HKU Info Day



The HKU Information Day for Undergraduate Admissions resumed its in-person format on October 29, 2022 and was a triumph, with a record number of parents and students taking the opportunity to visit the School campus in person. Many of the visitors wanted to learn about our nursing curriculum, as well as the environment and equipment that the new campus offers.

Through an admission consultation and sharing session with nursing students, the visitors learned about the courses, teaching features, clinical practicum, and career prospects of

the Bachelor of Nursing (full-time) programme (JS6468) and the Bachelor of Nursing (full-time) Advanced Leadership Track programme (JS6418), as well as the campus life and other aspects of HKU. A variety of nursing research outputs and community applications were also on display so participants could understand the breadth of nursing and its impact on public health.





A wide array of nursing skill demonstrations were also carried out. Parents and students visited the simulated wards, observed the simulation learning of caring for people of different genders or ages, and could interact with a robot by questioning and diagnosing problems. They also had the chance to practice different nursing skills.

Participants said they were impressed with the enthusiasm and dedication of the School's students and staff members. The success of the day resulted from the cohesive sense of belonging in the School and the concerted effort of staff and students.



12th Hong Kong International Nursing 1st Asia-Pacific Qualitative Health Research Network (AQUHN)

The 12th Hong Kong International Nursing Forum (HKINF) *cum* 1st Asia-Pacific Qualitative Health Research Network (AQUHN) Conference was held November 30 to December 2, 2022. The theme of the HKINF was "A New Page for Nursing". Scholars discussed the adoption of innovative technology in healthcare and education, reappraised humanity and ethics issues, and addressed the challenges of climate change on health.

In parallel, the inaugural AQUHN conference marked the establishment of the AQUHN, which will foster the rigorous development and application of qualitative and mixed-method designs for health research in the Asia-Pacific region and beyond. The AQUHN member institutions participated at a ceremonial Memorandum of Agreement signing ceremony.

Opening Ceremony



Professor Chung-mau Lo

Secretary for Health, Government of the Hong Kong Special Administrative Region

- **Professor Chung-mau Lo**
Secretary for Health of the Hong Kong Special Administrative Region Government



Professor Chak-sing Lau

Dean of Medicine, The University of Hong Kong

- **Professor Chak-sing Lau**
Dean of Medicine, The University of Hong Kong

Opening Keynote Address



- **Ms Elizabeth Iro**
Chief Nursing Office, World Health Organization

Topic: A New Page for Nursing

Forum cum Conference

The joint event was co-organised with 37 partner universities from 20 countries/regions and attracted 1,500 participants worldwide, who praised this flagship event warmly. With the launch of AQUHN, we also look forward to developing more qualitative health research collaborations.



Professor Chia-Chin Lin
Head of School, Alice Ho Miu Ling Nethersole Charity Foundation Professor in Nursing, The University of Hong Kong

- **Professor Chia-Chin Lin**
Head of School of Nursing, The University of Hong Kong

Grace Tien Lecture



Dr Christine Grady
Chief, Department of Bioethics, National Institutes of Health Clinical Centre

- **Dr Christine Grady**
Chief of the Department of Bioethics, National Institutes of Health Clinical Centre
Topic: Contemplating Ethics: What Does a New Page for Nursing Entail?

Serena Yang Lecture



Dr Beverly Malone
President and CEO, National League for Nursing

- **Dr Beverly Malone**
President and CEO, National League for Nursing
Topic: The Future is Here; It's just not Everywhere

Hong Kong International Nursing Forum Lecture



- **Professor Peng Gong**
Vice-President and Pro-Vice-Chancellor (Academic Development), Chair Professor in both the Faculty of Social Sciences and Faculty of Science, The University of Hong Kong
Topic: Climate Change and Global Health

Inaugural AQUHN Keynote Address



- **Professor Sally Thorne**
Professor, School of Nursing, The University of British Columbia
Topic: Reflections on the Importance of Qualitative Research in the Evolving World of Health Care

Invited Symposium 1: Nursing Education

- **Dr Julia Slark**
Head and Associate Professor, School of Nursing, University of Auckland
Topic: New Frontiers for Nursing Education
- **Professor Kristina Mikkonen**
Professor, Research Unit of Health Science and Technology, University of Oulu
Topic: Perspectives and Challenges in Designing Clinical Placements and Mentoring



- **Dr Polly Chan Siu-ling**
Senior Lecturer, School of Nursing, The University of Hong Kong
Topic: Internationalizing the Nursing Curriculum through Internationalization at Home (IaH) under the COVID-19 Pandemic



- **Dr Sam Liu**
Associate Professor, School of Exercise Science, Physical & Health Education, University of Victoria
Topic: Physical Activity and Health Promotion Using Innovative mHealth Technology

Invited Symposium 2: Innovation in Healthcare

- **Dr Edmund Lee Wei-jian**
Assistant Director, Centre for Information Integrity and the Internet (IN-Cube), Nanyang Technological University
Topic: Big Data, Health Technologies, and Social Media: Boon or Bane for Health Professionals?
- **Professor Kelvin Wang Man-ping**
Professor, School of Nursing, The University of Hong Kong
Topic: mHealth Interventions for Smoking Cessation during COVID-19 Pandemic



- **Professor Brendan McCormack**

Head of School & Dean, The Susan Wakil Professor Nursing, Susan Wakil School of Nursing and Midwifery, The University of Sydney

Topic: Reablement and Older People: A Person-centred Approach

Invited Symposium 3: Ageing and Chronic Illnesses

- **Professor Raymond Chan**

Director and Matt Flinders Professor of Cancer Nursing, Caring Futures Institute, Flinders University

Topic: Self-management Support in Chronic Disease Management: What's the Trick?

- **Professor Doris Yu Sau-fung**

Professor, School of Nursing, The University of Hong Kong

Topic: Unlock the Strengths for Living Well with Dementia

Invited Symposium 4: Maternal and Child Health

- **Professor Marie Tarrant**

Dean, Faculty of Health and Social Development, The University of British Columbia (Okanagan)

Topic: COVID-19 Vaccination during Pregnancy and Breastfeeding: Understanding Hesitancy and Predictors of Vaccine Uptake

- **Dr Anna Lee**

Assistant Professor, College of Nursing, Yonsei University

Topic: Quality of Life in Children with Special Needs and Families



- **Dr Kris Lok Yuet-wan**

Assistant Professor, School of Nursing, The University of Hong Kong

Topic: Transforming Breastfeeding Culture: Implementation of Breastfeeding Friendly Community Initiative



- **Professor Stephen Neville**

Head of Nursing, Professor of Wellbeing and Ageing, Nursing Department, Auckland University of Technology

Topic: Overview of Qualitative Healthcare Research

- **Professor Amanda Kenny**

Emeritus Professor, Office of La Trobe Rural Health, La Trobe University

Topic: The Education and Training of Qualitative Research

Panel Discussion on Mixed-Method Design for Health Research

- **Professor Debra Jackson**

Professor of Nursing, Susan Wakil School of Nursing, The University of Sydney

Topic: Qualitative Research in Nursing: Issues When Writing for Publication

- **Dr Chiyoung Cha**

Vice-Dean, College of Nursing, Ewha Womans University

Topic: Numbers in Qualitative Research

- **Professor Shuh-Jen Sheu**

Professor, Institute of Community Health Care, College of Nursing, National Yang Ming Chiao Tung University

Topic: Qualitative Research in Mixed Methods Study: Taking Breast Cancer Research as an Example



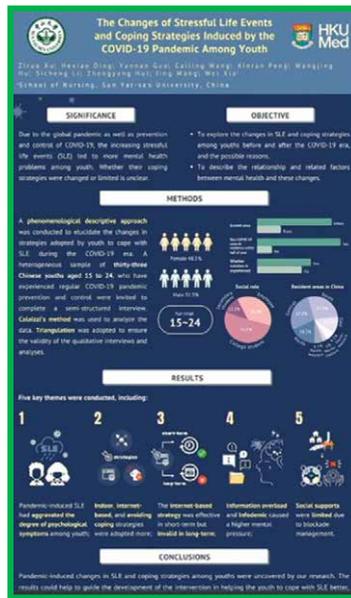
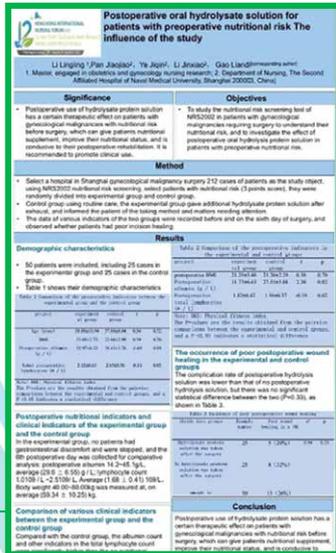
Introduction and Kick-off Ceremony for the Asia-Pacific Qualitative Health Research Network



People's Choice E-Poster Award

◀ Awards announced by Professor Chia-Chin Lin

- Lingling Li**
 Second Affiliated Hospital of Naval Medical University
Topic: Postoperative Oral Hydrolysate Solution for Patients With Preoperative Nutritional Risk: The Influence of the Study



- Ziruo Xu**
 Sun Yat-Sen University
Topic: The Changes of Stressful Life Events and Coping Strategies Induced by the COVID-19 Pandemic Among Youth

- Guowen Zhang**
 The University of Hong Kong
Topic: Efficacy of Narrative Videos for Enhancing Smoking Cessation Counselling Training for Master of Nursing Students: A Randomized Controlled Trial

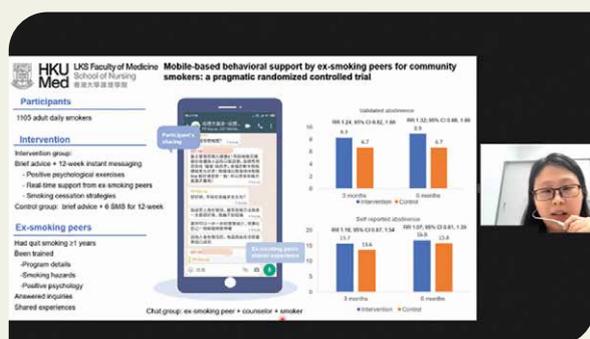


Closing Remarks

- Dr Patsy Chau Pui-hing and Dr Jay Lee Jung-jae**
 Co-Chairpersons, Organising Committee of the 12th Hong Kong International Nursing Forum cum 1st Asia-Pacific Qualitative Health Research Network Conference

School Hosts U21 Symposium for RPG Students in Nursing & Midwifery

The School hosted the online Research Postgraduate (RPG) Symposium 2022 on November 30 for Universitas 21 (U21) members from the Nursing & Midwifery Discipline Group of the Health Sciences Group. RPG students from Fudan University, Pontificia Universidad Católica de Chile, The University of Auckland, University of Johannesburg, and HKU presented their thesis studies. **Dr Julia Slark**, Chair of the Symposium, and **Professor Roinah Ngunyulu**, Chair of the U21 Nursing & Midwifery Discipline Group, congratulated the students on their outstanding presentations and projects.



Outstanding Presentations

Tatiana Osorio-Leyton

Pontificia Universidad Católica de Chile

Topic: Occupational Hardiness Profiles and Their Link to Senior Nursing Students Being Able to Thrive: a Mixed Methods Study

Ziqui Guo

The University of Hong Kong

Topic: Mobile-based Behavioral Support by Ex-smoking Peers for Community Smokers: A Pragmatic Randomized Controlled Trial

Mengxue He

Fudan University

Topic: Construction of a Clinical Decision-support System Protocol About Pediatric Parenteral Nutrition Administration Based on GRADE Evidence to Decision Framework

People's Choice Award

Louise Carrucan-Wood

University of Auckland

Topic: Registered Nurse Health Literacy Within Aotearoa New Zealand: Abilities and Demands

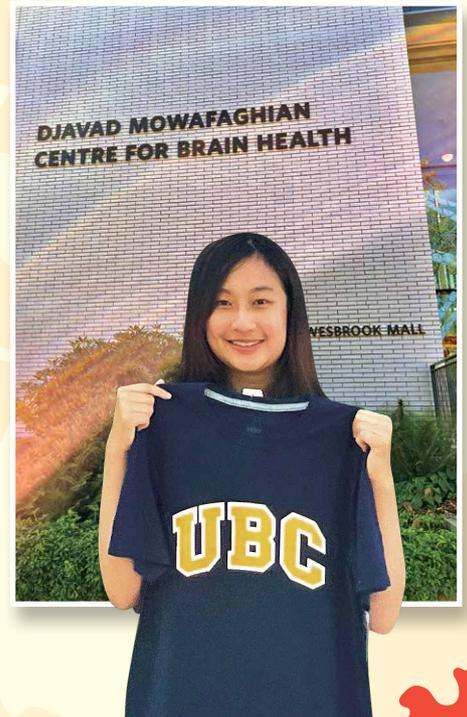


University of British Columbia, Canada

Michelle Chan Yuen-mei
Year 4 Bachelor of Nursing (Full-time) student

It was a horizon-broadening opportunity for me to take part in this summer research internship at The University of British Columbia (UBC), particularly during the pandemic. Throughout the internship period, not only did I acquire a myriad of research skills, but I also learnt how to cooperate with others efficiently as a team. I grasped how to do self-directed learning, which has further enhanced my problem-solving skills. Besides, I got to explore Canadian cultures by visiting museums and engaging in activities related to indigenous cultures and the LGBTQ+ community.

Throughout my three months in Canada, I did not get homesick because the university is located in Vancouver, a multicultural city. There were a wide variety of cuisines for me to choose from, and I appreciated the intermingling values and traditions from a student's perspective. I am more than happy that I could take this golden chance to explore the beauty of this place of fusion culture!



Université de Montréal, Canada

Kaur Pavneet
Year 4 Bachelor of Nursing (Full-time) student

My research internship experience at Université de Montréal during summer 2022 was nothing short of rewarding. I researched on immigrant women's health as part of the Mitacs internship and attended a course on human rights where I met students and professors from an array of disciplines. I also worked with a local organisation for migrant women's health to aid in making a database for health resources. Not only was I able to hone my research skills but also practice my French as it is widely spoken in Quebec.

One of my personal goals of this exchange was to make the most of my experience even if it meant stepping out of my comfort zone. My flatmates and I went on a road trip in Quebec along a very popular route of Eastern townships where we stopped at several small towns and went stargazing. The memory of these





University of Northern British Columbia - Prince George, Canada

Jenny Cheuk Oi-ching

Year 4 Bachelor of Nursing (Full-time) student

I am very grateful for the opportunity to have been a research intern at the University of Northern British Columbia last summer. It was an enriching experience, and I gained a lot of research-related knowledge. One of the highlights was joining the AGE-WELL EPIC Summer Institute, where I worked with a team of PhD students and came up with innovative solutions that empower older adults to manage their health actively. It was such an incredible experience! It also aroused my interest in pursuing research in future as I discovered that working in a hospital is not the only way to improve patient outcomes. Conducting research is also a meaningful way to improve patients' health and quality of life!

Another valuable part was making some good friends there. We went on a road trip and did volunteer work together. We acquired lots of great memories, and I also got a chance to know more about their culture and history. Another bonus of this trip was seeing the northern lights! It was totally out of my expectation! I really enjoyed lying on the grass, breathing in some fresh air, and seeing the stars and the northern lights just by looking up to the sky. It was such an incredible experience that I couldn't ask for more!!



moments continues to bring so much joy to me. The entire experience from flying to a new country, sharing a flat with other interns and managing my day-to-day life brought about a renewed sense of wisdom regarding my aspirations. This internship allowed me to network with and get inspired by so many influential people in the research field and build some very endearing bonds with fellow interns there. When I thought about doing an exchange as an undergraduate student at HKU, this is exactly what I wished for and more, and a big thanks goes to HKU School of Nursing for their tremendous support.





University of Cambridge Pembroke College, UK

Jackie Chan Gi-ki

Year 2 Bachelor of Nursing (Full-time) student



I was given a golden opportunity to go on exchange to the University of Cambridge Pembroke College for 6 weeks. Formal hall and punting were the most unforgettable events. Everyone wore formal dress and had a decent dinner together inside the dining hall in Pembroke College. I also made my first attempt at punting along the River Cam. Though I was clumsy, it was definitely a lifelong memory. Pembroke College is absolutely stunning and full of bookish vibes. I learnt and

gained a lot ranging from academic knowledge and culture to interpersonal relationships. I attended neuroscience, forensic psychology and stem cells classes which were all very challenging yet very useful for nursing studies. The education culture between the UK and Hong Kong is very different. "Self-directed learning" and "small class teaching" are highly encouraged in the UK. I am so glad that I had such a precious chance to have a taste of life as a Cambridge student. I met many good friends from all over the world and we shared our cultures together. This friendship is so precious.



University College London, UK

Ellie Lau Yan-tung

Year 3 Bachelor of Nursing (Full-time) student



5,983 miles away from Hong Kong, I embarked on my journey to the United Kingdom and started my module related to neuroscience at University College London (UCL). It was definitely a valuable experience to attend and enjoy such top and superlative seminars given by different world-class professors. I found it interesting and intriguing to learn that while our brain seemingly controls our body, our mind makes false interpretations that can actually send the wrong signals and messages to the brain. During my time at UCL, my groupmates and I also participated in research on how the nocebo effect correlates to the brain, and why the placebo effect makes the brain powerful.



Timeus Leung Pak-yeung

Year 3 Bachelor of Nursing (Full-time) student



Liverpool is rooted in different cultures and lore, from pop music, harbour history and sculpture, to football and traditional art. Therefore, I am so grateful that I had the opportunity to visit this city which is packed with renowned museums and famous artworks. I can still remember the day before our first class, when the university organised a pizza night for us; this was one of the best moments of the trip. I met people from different backgrounds and countries, such as Singapore, the United States, Canada, India, Australia, etc. We all met in Liverpool and created many beautiful memories.

As I am used to Hong Kong's teaching mode, which is unilateral from the professor to us, I was amazed by how the UK's teaching mode differs from ours. One of the courses that I took was about global

health challenges around the globe. The professor told us to share our thoughts on whether COVID vaccination should be mandatory. My classmates and I shared our beliefs based on our home country's experiences. Although the smaller class size in Liverpool definitely makes a difference, I had never thought that a lecture could be so interactive, which surprised me a lot.

People are extremely polite in the UK. It was common to hear Please, Cheers, Sorry, and Excuse me in ordinary conversations and interactions. Also, I discovered that people often smiled at each other on the street even though they had never met before. I have immersed myself in the UK culture as people are more diverse and open-minded and appreciate different clothing styles and personalities. People have come there from all over the world with different ethnicities, values, beliefs, races, and characters, creating a vibrant atmosphere in the UK. In addition, I enjoyed listening to the beautiful and unique Liverpool accent. I spent quite some time understanding what they were talking about as it was tough at times. Overall, I had a great time and many fruitful memories in the UK last summer and would like to show my greatest gratitude to the HKU School of Nursing for giving us a chance to go on exchange to a foreign university.



A remarkable highlight was my trip to Brighton, which was my most comfortable and chill memory of my time in the UK. It was different from my preconceived impression of the UK – which was of a land with heavy clouds, shrouded with mist and rain drizzling throughout the year. Brighton, on the other hand, is a place of tranquillity, where you can get away from the hustle and bustle. I will definitely return to Brighton and immerse myself with the seagulls in this wonderful place again.

I would like to thank HKU School of Nursing and HKU Worldwide Undergraduate Student Exchange Programme (HKUWW) again for giving me the chance to explore and to broaden my horizons. This journey has enriched my life.





Duke University, USA

Karina Siu Tsz-kar

Year 3 Bachelor of Nursing (Full-time) student

Taking part in this exchange programme at Duke University School of Nursing was an eye-opening experience. Our exchange programme offered us the opportunity to meet, converse, and learn from professors, lecturers, and nursing students from around the world, as well as learn about their nurse-led health interventions and projects focused on global health issues. These interactions inspired me with a deeper understanding of the concept of “Nurses as leaders” and triggered me to come up with more innovative and creative ideas to promote effective strategies in the Hong Kong healthcare system. During the programme, we also learned how to conduct a



Duke University, USA

Raymond Tong King-pui

**Year 3 Bachelor of Nursing
(Full-time) student**

In August 2022, I participated in the three-week academic exchange programme, “Exploring Global Patterns of Health and Illness”, at Duke University School of Nursing. It was a truly remarkable experience for me to interact with

people of different nationalities and cultural backgrounds, as well as examine issues in global mental health and emerging pandemic diseases through experiential learning activities, such as conducting a windshield survey about the community on a bus tour and visiting rehabilitation facilities for drug addicts. We were also granted the opportunity to visit Duke University Hospital, one of the largest private hospitals in the United States, and to speak with frontline nurses at the hospital about their working environment and common practices. The academic and cultural immersion programme thus allowed me to identify health system deviations across countries and apply cultural frameworks to compare and contrast patterns of health and illness across the globe.



Multinational Evidence-Based Intervention, in which I gained experience in assessing and critiquing evidence from scholars from around the world. This experience has given me the confidence to pursue research and implement different healthcare projects in the future, and I am eager to share my experience with my peers at HKU.



Duke University, USA

Cecilia Tse Suet-wing

Year 3 Bachelor of Nursing (Full-time) student



It was my pleasure to represent HKU at the “Exploring Global Patterns of Health and Illness” programme hosted by Duke University in the USA. I spent three weeks at Duke University and Duke Hospital with international students from the UK, Ireland, Belgium, Oman, Korea and Japan. We had lectures and seminars about global health issues, healthcare systems and nursing practices of different countries. It was also an eye-opening experience at Duke Hospital. Nursing practices in the US are more independent and the facilities and resources in hospitals in the US are more well-developed and comprehensive for patient-centred care. I also had an opportunity to conduct an evidence-based practice project with international fellows which allowed me to understand and explore the rationales and evidence behind nursing interventions. During weekends, it was also exciting to watch American

football, basketball and baseball games at renowned stadiums in Durham. The three-week experience at Duke and Durham was short yet wonderful. I will definitely recommend this programme to my junior fellows in future.



Duke University, USA

Bonnie Shiu Cheuk-wing

Year 3 Bachelor of Nursing (Full-time) student

An unforgettable experience during the Duke University exchange was the Windshield Visit, in which we took a bus trip to neighbourhoods of different income groups. People living in public housing in Durham, USA, have more spacious living space than in Hong Kong, with each block holding only 6 units compared with 20 units in Hong Kong. However, the Durham buildings have no other facilities or public transportation nearby, so it is not so convenient for them to get daily necessities. As a result, people living there keep a lot of food in reserve because they may only go to the supermarket once a week. This visit made me aware of food safety problems such as bacteria breeding and food poisoning caused by improper food storage, that I had not thought much about before. It was a good experience to show me how poverty hinders health and the importance of promoting education to improve well-being.



AIESEC Youth 4 Impact, Romania

Cheng I-ching

Year 4 Bachelor of Nursing (Full-time) student

"English is, Fun...tastic!!!" This is what I heard every day during two months in the English camp in Romania. My adventure started when I thought I should do something meaningful during my enrichment semester. To put my words into action, I joined AIESEC's volunteer programme to become a global English teacher in Romania. I can still recall getting lost on my way to

the camp, struggling to get used to cultural shocks (as Romanians drink tap water!), starting my own fire to get warm bathing water, etc. It was such an eventful and challenging journey. However, these challenges taught me how to integrate myself in a new





University of California, Los Angeles (UCLA), USA

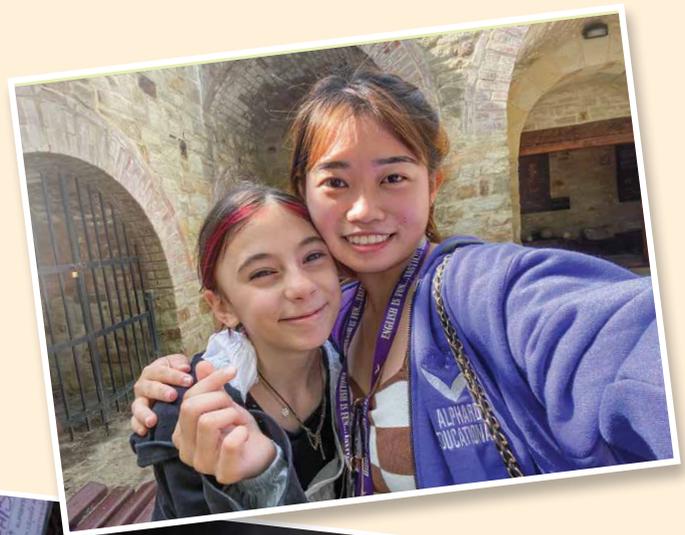
Jennifer Lie On-on

Year 4 Bachelor of Nursing (Full-time) student

This was no doubt a life-changing experience for me. Living in another country gave me the opportunity to learn about a new culture, meet new people and find new places to explore. I not only experienced life in American but most importantly, I learned how to live in the moment and appreciate the small things. When I was in the States, exploring around was the thing I did most. I spent most of the time admiring everything since it was all new to me. Studying abroad has broadened my horizons to the world. This is a lesson that I could not have learned in class. I am so grateful to have had this opportunity even during the pandemic.



environment, and how I should react in emergent situations. I cherish the memories of having my friends' companionship when I went through all the difficulties, and the beautiful friendships that remain even when we are now miles apart. I love how my Romanian students smiled during my classes, even when they didn't understand a single word. I love how they gave me the warmest hugs I'd ever had, and how they sobbed when they told me they were sad to leave the camp. In a nutshell, the camp gave me precious memories that I will never forget and showed me life is worth living!





Korea University, South Korea

Katrina Lee Chi-ting

Year 3 Bachelor of Nursing (Full-time) student

I remember the first day I arrived in Korea, I was scared. I had not lived on my own before and relied on my family very much. But as I was now living in a single room dormitory, I could only rely on myself for daily activities, e.g., doing laundry and ordering delivery. As this was my first time to leave my family for so long, I also knew it would be easy to feel lonely when I was alone in the dormitory. Luckily, I made many new friends in Korea University.



We started to chat as a whole class with the teacher in English. This was the moment that we started to understand more about each other. We spent almost all our time in Korea with each other and this period became a fruitful memory, even though it was just a one-month programme. This trip to Korea was therefore doubly rewarding. I not only learnt to be more independent but also made friends with many locals and foreign classmates. Even though we only met for a month, I believe these memories will stay deep inside everyone's heart.





KAIST International Summer School Individual Research Programme, South Korea

Brian Wong Kit-fai

Year 4 Bachelor of Nursing (Full-time) student

During the summer, I had the opportunity for an exchange at KAIST – one of the top institutions in Korea. This was one of the most unforgettable experiences of my life. I engaged in a 4-week research internship in a neuroscience lab and got the chance to use high-tech machines to prepare mouse brain samples. Moreover, through the day-to-day activities with my lab mates, learning Korean became one of my “learning outcomes” which allowed me to know more about the culture of the country. After completing my research internship, I went sightseeing in Busan and enjoyed many local cuisines. Seafood is the best among them, which to my surprise cost only half the price of Hong Kong seafood. This trip is one of the most precious learning experiences in my university life and I would like to thank the School for giving me the chance.



Pursuing the Nurse-Physician Role to Optimise Patient Outcome



Raphael Ho Chun-long

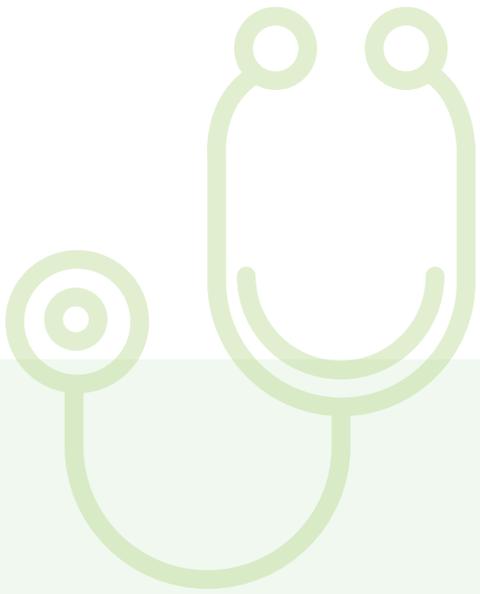
Year 2 Bachelor of Nursing (Full-time)
Advanced Leadership Track student

It can be difficult for some secondary school students to choose and rank their desired university programmes, but for me, there was no struggle. In primary 6, my father was admitted to the hospital due to stomach bleeding. I arrived at the ward devastated to see the number of tubes inserted into

his arm and to hear the machine next to him beeping nonstop. I felt helpless, disoriented and powerless. A week later he came back home and the immense pressure I felt has untangled in me ever since. This experience planted a seed in my heart, which blossomed alongside the path of my development and made me determined to be a frontline medical personnel. I understand that by facilitating a patient to return to ordinary life, I can offer a hand to the whole family.



- ▶ Raphael and his clinical mentor, Mr Henry Poon, Department Operations Manager, Haven of Hope Hospital.



▲ Raphael and his personal mentor, Professor Kelvin Wang, Professor of HKU School of Nursing.

My DSE result was not sufficient enough to get me into the medicine programmes in Hong Kong directly, which was originally disappointing. I noticed some articulation pathways available, of which Bachelor of Nursing (Full-time) Advanced Leadership Track (BNurs-ALT) was one of them. I picked this programme without hesitation for its challenging nature and also because I am obsessed with direct contact with patients as a nurse. This programme is also the only one that can offer two frontline professional qualifications with leadership development elements.

Delving into the knowledge side, I was stunned by the professionalism, detail of care, and depth of content in nursing. After one year of study, I gradually developed my interest and understanding towards nursing. Inevitably, tough times come along with stress and a sense of incompetence. Fortunately, a group of friends, mentors and teachers in HKUMed have accompanied me through my learning. They have nourished my university life and taught me that university is not solely

about academic excellence, but the wider horizon. Being told that I am a “SARS baby”, who witnessed several epidemics and is affected by the COVID-19 pandemic, I have been interested in emergency care departments such as A&E and ICU. This programme has granted me an opportunity to sit in lectures about ECMO, which are from a Master’s course, where I enjoy learning about the essential role of nurses in managing ECMO and fostering best patient outcomes.

Prior to my enrolment, I thought nurses mainly fed patients, injected medications and followed doctors’ orders. It was not until I had engaged in nursing studies that I acknowledged the complexity and responsibilities of nurses. I have had numerous chances to contribute my knowledge thanks to HKU School of Nursing, such as being a swabber during the fifth wave of COVID-19 in a community testing centre. I also had chances to visit hospitals to see how wards are operated, with the help of my clinical mentor. He actively provided me information about

management and issues related to the general public so as to prepare me to be a competent nurse, or even a leader in the field. These eye-opening exposures have eliminated my naïve mindset of the inferiority of nurses and my disappointment in the JUPAS release, and replaced them with pleasure and admiration.

So why BNurs-ALT? If you had asked me earlier, I would have answered that this programme is a bridge to medicine. Now, I am confident that the programme will equip me with the necessary and subtle skills and competencies to be an integrated frontline medical professional, with the ability to maximise patient outcomes.



In the Media



HKU School of Nursing held a session with the media to show how it has adopted innovative teaching to enhance and nurture students' nursing skills. This approach provides different learning opportunities for students to care for patients and deal with varying scenarios in a safe environment. The School established the Li Shu Fan Medical Foundation Nursing Clinical Skills Laboratory in 2017 and introduced infant and children simulators last year.

During the media event, **Professor Kelvin Wang Man-ping** introduced the simulators and simulation teaching in which nearly 100 scenarios had been designed for students to learn and practice. In addition, teachers provide constructive feedback to students by reviewing recordings of the simulation learning process.

Innovative and simulation teaching also equipped our students to stand on the frontline during the fifth wave of COVID-19, when more than 300 students and teachers from the School provided support in the community holding centres, community testing and vaccination centres and Hospital Authority (HA) hotline support centre. Furthermore, with the knowledge and clinical skills learnt from the School, our nursing students collaborated with different disciplinary teams successfully to formulate nursing procedures for patients and provide professional and humane nursing treatment and rehabilitation arrangements.



(On.cc, Ming Pao Daily, Sing Tao, Oriental Daily News, Hong Kong Economic Times, Ming Pao Vancouver, TOPick.hket.com, HK01, Bastille Post, TVB News, Yahoo News, The Limited Times - May 23, 2022; Ohpama.com – May 25, 2022)

Dr Jojo Kwok Yan-yan had an interview with the Researcher to share the results of her study comparing the effectiveness of different behavioural interventions for managing the freezing of gait in people with Parkinson's disease.

The findings concluded that obstacle training, gait training on the treadmill, general exercise, action observation training, and conventional physiotherapy provided immediate real-life benefits in reducing freezing of gait among patients with mild to moderate Parkinson's disease. The findings also suggested that intervention with high-complexity motor training combined with attentional and cognitive strategies should be further explored.



(Researcher – June 28, 2022)



Professor Kelvin Wang Man-ping was interviewed on the Now News programme "經緯線" in response to the record low smoking rate of traditional cigarettes in Hong Kong, but surging use of vapes among teenagers.

Professor Wang indicated that many reasons led teenagers to smoke and it was crucial to know these reasons when providing a suitable smoking cessation plan. The 16-year HKU Youth Quitline, established by the School of Nursing, has trained more than 500 peer counsellors. Through telephone consultations, these counsellors advise teenagers aged 25 or below to quit smoking. More than 3,200 smokers have used this service, and around 25% stopped smoking.



(Now TV News – July 10, 2022)



Incontinence is a common physical problem encountered by older women, which may cause mental stress and affect social life. Studies show that the number of affected women is two-fold higher than their male counterparts. Overseas studies have found that 30% of women aged 40 or above have incontinence, while studies targeting the Asian population have found that about 60% of women aged over 60 are affected. **Dr Edmond Choi Pui-hang** was invited by the Hong Kong Housing Society (HKHS) to discuss the types and causes of incontinence in women and provide tips on prevention, training, and choosing adult diapers.



(HKHS – July 28, 2022 and August 23, 2022)

Professor Lau Chak-sing met with reporters for the first time as Dean of Medicine at the new Academic Building at 3 Sassoon Road. He introduced the infrastructure of the Academic Building, where there are nursing laboratories with state-of-the-art simulators targeting different age groups and genders to facilitate nursing education. **Dr Veronica Lam Suk-fun** demonstrated the key features of these simulators and how they could benefit students' learning.



(TVB News, Cable TV News, Now TV News, RTHK Chinese News, Commercial Radio News, Metro Radio News, Ming Pao Daily Online, On.cc, Sing Tao Daily Online, TOPick.hket.com, HK01, Headlines Online, Bastille Post, Orange News – August 5, 2022; Hong Kong Commercial Daily, Hong Kong Economic Journal, Hong Kong Economic Times, Ming Pao Daily News, Oriental Daily News, Sing Tao Daily, Wen Wei Po – August 5, 2022)

Dr Celine Chui Sze-ling from the HKU School of Nursing and School of Public Health, and **Dr Peng Wu** from Division of Epidemiology and Biostatistics, HKU School of Public Health, attended a press event to call for centralised reporting of cases of Carbapenemase-producing Enterobacteriaceae (CPE), a microbe considered a “superbug” with strong antibiotic resistance.

The HKU team examined the Hospital Authority’s CDARS data from 2008 to 2019 and found that among 23,797 patients who were tested for CPE, 17.9% were tested positive.

The main culprit is the excessive prescription and use of antibiotics. HKU researchers called for a centralised platform to be established for reporting all CPE cases, to tackle the problem.



(Now TV News, TVB News, Commercial Radio News, RTHK, SCMP, Ming Pao Daily News, Oriental Daily News, HK01, Hong Kong Economic Times, AM730, Sky Post, East Daily – August 29, 2022; RTHK1 Programme “HK Letter”, Bastille Post, On.cc, Sing Tao Daily – September 24, 2022; Oriental Daily News – September 25, 2022; Eastweek – September 28, 2022)



The School of Nursing, in collaboration with Sino Group and the Ng Teng Fong Charitable Foundation and charitable organisations and NGOs, has launched the two-year “Generations Connect” Project to bring young people together with older adults to enhance the latter’s physical, psychosocial and mental wellbeing during the pandemic. The initiative will see nursing students provide community intervention and behavioural coaching, and will also integrate e-health literacy.

The project, led by **Professor Sophia Chan Siu-chee** of the School of Nursing, commenced its first phase of pilot services in November 2022 with over 50 nursing students have received elderly care training and visited about 100 elderly residents living in Wah Fu Estate.

In collaboration with 11 social welfare organisations, the project will begin its second phase from January 2023 until the end of 2024. More than 1,000 undergraduate and postgraduate nursing students will work with 10,000 elderly residents in need across 18 districts in the city through regular home visits, phone calls and video conferences, in an effort to enhance their psychosocial and mental well-being.

Students will teach residents how to use an online platform especially designed for the elderly to access health-related information, as well as how to use government e-health services. They will also encourage the elderly to exercise.

Data will also be collected during the initiative and analysed for recommendations on the planning of elderly care services and nurse training.



(The Standard Online, TVB News, Ming Pao Daily Online, Sing Tao Daily Online, HKEJ.com, Inews.Hket.com, Hket.com, wenweipo.com, HK01, Headline.com, Tastymoney.hk, Technow.com.hk, Quamnet, Hong Kong Economic Times – September 29, 2022; On.cc, Wen Wei Po – September 30, 2022; CRHK instant news – October 31, 2022; CRHK instant news; RTHK instant news, Metro Radio instant news, TOPick.hket.com, HKEJ instant news, WWP instant news, HKCD instant news, Bastille Post, Dotdotnews.com, HK01.com, Sina Hong Kong – November 2, 2022; South China Morning Post, Ming Pao Daily News, Sing Tao Daily, Hong Kong Economic Times, Ta Kung Pao, Wen Wei Po, Sky Post, meetinghk.com, Ming Pao JUMP, WWP online news, Sky Post online news, Orange News, Sina Hong Kong – November 3, 2022)

New Faces



Ms Hemio Lam Chung-yan Lecturer

I am grateful to join the School of Nursing at HKU as a Lecturer. I am a psychiatric nurse and completed a community psychiatric nurse post-registration training programme. I worked in psychiatric hospitals for six years before working in universities. I also have over seven years of teaching experience and am expert in teaching psychiatric nursing. As we all know: no health without mental health. I strongly believe all of us need to know about mental health. I am looking forward to sharing my clinical experience with you.

Ms Candice Fong Ka-ki Assistant Lecturer

I am honoured and excited about the opportunity to begin my teaching journey here at HKU School of Nursing as an Assistant Lecturer. My experience in oncology nursing and neonatal intensive care nursing denotes my professional attitude, enthusiasm and hands-on experience in working with young talented nurses. As a new teacher, I feel that facilitating the growth and development of students at HKU School of Nursing only reaffirms my own passion. I am passionate about forging relationships with students to build a sense of confidence and enable them to grow as learners. I look forward to inspiring, teaching, and mentoring the next generation of nurses, leading the way to the future of patient care.



Ms Karina Fung Yuen-ki Assistant Lecturer

I am truly excited to have the opportunity to join the School of Nursing at this prestigious University as an Assistant Lecturer. I obtained my Bachelor of Nursing and Master of Nursing degrees in the Chinese University of Hong Kong, and worked in the Department of Medicine in an acute public hospital after graduation. In deciding to transit from a clinical setting to an educational field, I believe that being a nursing educator will be as meaningful and rewarding as working at the frontline. Motivational writer William Arthur Ward once wrote, "Teaching is more than imparting knowledge; it is inspiring change. Learning is more than absorbing facts; it is acquiring understanding." Therefore, I look forward to embarking on this new journey to nurture future nurses, as well as learn from the experience and the amazing colleagues here.



Ms Sze Tsz-yan Assistant Lecturer

It is an honour to join the School of Nursing at The University of Hong Kong as an Assistant Lecturer. After graduating with a Bachelor of Nursing from the Hong Kong Polytechnic University, I have pursued further studies such as Master of Nursing and specialty training. Previously, I worked as a specialty nurse in Renal Nursing and I liked to share my experience and clinical knowledge with new colleagues and juniors. This built up my interest in nursing education as I saw the importance of it. I am grateful to work with my colleagues to support, empower and motivate students in their journey of becoming a competent nurse.



Promotions

Congratulations to the following colleagues whose invaluable contributions to the School were signified by the promotions with effect from February 1, 2023:



Professor Kelvin Wang Man-ping
Professor



Dr Veronica Lam Suk-fun
Principal Lecturer



Dr Maggie Chan Mee-kie
Senior Lecturer



Ms Zoe Ng Lai-han
Senior Lecturer



Ms Harmony Ho Mang-yan
Lecturer



Dr Tongyao Wang
Research Assistant Professor



Ms Claudia Chan Kor-yee
Senior Lecturer



Dr John Fung Tai-chun
Senior Lecturer



Dr Cecilia Sit Tin-yan
Senior Lecturer



Awards



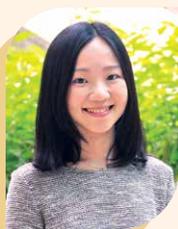
Congratulations to **Professor Kelvin Wang Man-ping** (School of Nursing) and team, **Professor Lam Tai-hing** and **Dr Daniel Ho Sai-yin** (School of Public Health); **Dr Derek Cheung Yee-tak**, **Dr Kevin Luk Tzu-tsun** and **Dr Socrates Wu Yongda** (School of Nursing) for being awarded the Faculty Knowledge Exchange (KE) Award 2022 for the project "Saving Our Next Generation from Tobacco and Nicotine Addiction".



Congratulations to **Professor Sophia Chan Siu-chee** for being awarded the Gold Bauhinia Star (GBS) 2022 and the Justice of the Peace by the Government of the Hong Kong Special Administrative Region (HKSAR). She was also conferred as Honorary Fellow of the Hong Kong College of Health Service Executives.



Congratulations to **Dr Edmond Choi Pui-hang** for induction to the 2022 Class of Fellows of the American Academy of Nursing, at the Academy's annual Health Policy Conference on October 29, 2022.



Congratulations to **Dr Jojo Kwok Yan-yan** for being granted the 2022 HKSBH Early Career Award by the Hong Kong Society of Behavioral Health on November 11, 2022.

Congratulations to **Professor Kelvin Wang Man-ping** for his project "Community-based Smoking Cessation Program", which was awarded one of 11 Edge Runners 2022 awards by the American Academy of Nursing, at the Academy's annual Health Policy Conference on October 28, 2022.



Congratulations to **Dr Daniel Fong Yee-tak** for being ranked by Clarivate Analytics in the top 1% of scholars worldwide by citations in at least one of 22 research fields in 2022.



Congratulations to **Professor Chia-Chin Lin**, **Professor Sophia Chan Siu-chee**, **Professor Doris Yu Sau-fung** and **Dr Daniel Fong Yee-tak** for being listed by Stanford University in the 2021 career-long world's top 2% most cited scientists in their specialty areas list. And congratulations to **Professor Doris Yu Sau-fung**, **Dr Daniel Fong Yee-tak**, **Dr Patsy Chau Pui-hing** and **Dr Edmond Choi Pui-hang** for being listed among the world's top 2% most cited scientists in their specialty areas in the 2021 single-year most cited scientists list.

Congratulations

Research Grants

Local and International Funding Bodies	Principal Investigator	Project Name
RGC General Research Fund (GRF)	Dr Denise Cheung Shuk-ting	Improving Chemotherapy-induced Peripheral Neuropathy in Cancer Patients Using a Combined Qigong and Self-administered Acupressure Intervention: A Randomised Controlled Trial
RGC General Research Fund (GRF)	Dr Derek Cheung Yee-tak	Snapshot Your Drinking: Ecological Momentary Assessment and Content Analysis for Alcohol Marketing in Hong Kong In-school Adolescents
RGC General Research Fund (GRF)	Dr Edmond Choi Pui-hang	Developing and Testing an eHealth Intervention to Reduce Sexual Risks Among Men who have Sex with Men: A Randomised Controlled Trial
RGC General Research Fund (GRF)	Dr Jay Lee Jung-jae	The Effect of Instant Message-delivered Brief Cognitive Behavioural Therapy for Insomnia (CBT-I) in Stroke Caregivers: A Randomised Controlled Trial
RGC General Research Fund (GRF)	Professor Chia-Chin Lin	Effect of Tai-Chi versus Aerobic Exercise on Emotional Symptom Cluster in Late-stage Lung Cancer Patients: A Mixed-methods Intervention Evaluation with Mediation Analysis
RGC General Research Fund (ECS)	Dr Celine Chui Sze-ling	Safe Antibiotics Use in the Management of People with Dementia (SAMPED)
The Hong Kong Jockey Club Charities Trust (HKJC)	Professor Kelvin Wang Man-ping (Co-PI)	Jockey Club SMART Family-Link Project
Teaching Development Grants (TDG)	Dr Maggie Chan Mee-kie	Using Game-based Virtual Reality with Instant Feedback to Enhance Nursing Students' Situation Awareness
Teaching Development Grants (TDG)	Dr Polly Chan Siu-ling	Enhancing Clinical and Cultural Virtual Encounter in Health Professional Students: 3 Is (Internationalisation, Innovation, Interdisciplinary) in Action
Teaching Development Grants (TDG)	Dr John Fung Tai-chun	Enhancing Care Prioritisation Competency in Nursing Students Through an Innovative Peer-to-peer Multi-patient Simulation – A Cross-University Collaboration
Teaching Development Grants (TDG)	Dr Joanna Ko Hiu-ki	Online Peer Mentorship Programme under Covid-19 to Enhance Emotional Intelligence (EI) for Clinical Practicum in Undergraduate Nursing Students

Local and International Funding Bodies	Principal Investigator	Project Name
Teaching Development Grants (TDG)	Dr Angie Lam Ho-yan	Rethinking Nursing Curriculum and Pedagogy to Reduce Psychosocial Impacts on Nursing Students in Remote Learning Transition under the COVID-19 Pandemic
Teaching Development Grants (TDG)	Dr Cecilia Sit Tin-yan	Evaluate the Learning Satisfaction and Performance of Focused Client Interview by Using Robot as Simulated Patient, Supplemented with Smartphone-based Chatbot Applications in Nursing Undergraduates
Teaching Development and Language Enhancement Grant (TDLEG)	Dr Polly Chan Siu-ling	Integration of Internationalisation, Intercultural and Interdisciplinary Teaching and Learning Strategies in Higher Education: A Cross-institutional and Cross-border Approach
Teaching Development and Language Enhancement Grant (TDLEG)	Dr John Fung Tai-chun	TDLEG 2022-25: A Cross-disciplinary Transmutable Application of Interactive, Immersive 360 Virtual Reality Videos on a Learning Management System Combined with Facilitated Structured 3D Debriefing





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