



130 YEARS OF
MEDICINE
IN HONG KONG
WISDOM · COMPASSION · COMMITMENT
睿 智 · 仁 心 · 承 擔

Bachelor of Nursing Programme

護理學學士課程



A professional nurse is required to have a sound knowledge of the art and science of nursing, the biological sciences and the humanities, and possess effective skills of communication, critical thinking and problem-solving. Besides providing expert client care, nurses are required to cooperate with other health care professionals. They also need the ability to advance the knowledge of promoting, maintaining and restoring human health and translate that knowledge into policies and practices.

專業的護理人員需要擁有紮實的護理學、生物科學及人文科學的知識、亦要具備良好的溝通技巧、解決困難及批判性思考的能力。專業的護理人員除了能為病者提供專業的護理服務外，亦需要與其他醫療人員合作，發揮團隊精神，實踐所學，以專業知識推廣和促進復康的政策，改善人類的健康狀況。



Why HKU Nursing?

- HKU is the Hong Kong tertiary education institution with longest history, and high standing among the top universities in the world.
- HKU Nursing provides interdisciplinary learning - our students join medical, Pharmacology and Chinese Medicine students in our specialized Patient-Care Project.
- HKU Nursing delivers quality teaching - our programme focuses on the whole spectrum of nursing knowledge and prepares our students as competent nursing professionals.
- Nurtures nursing leaders with an international outlook — through our strong links with top schools of nursing across the world in academic exchanges and research collaboration, students are provided with sponsorships to participate in overseas exchange programmes in top overseas Universities, such as University of Pennsylvania and Case Western Reserve University, for 2-4 weeks.
- Advanced and state-of-the-art Simulated Nursing Skills Training Centre — our students will be provided multiple opportunities to practice total patient care and clinical decision making via a sophisticated and simulated clinical environment with the use of computerized simulators.
- HKU Nursing prepares excellent nursing researchers – Undergraduate Research Fellowship Programme (URFP) enhances students' learning experience and grooms the next generation of nursing researchers.

Programme Overview

The Bachelor of Nursing programme comprises 45 courses undertaken over five years and prepares students for registration as general registered nurses with the Nursing Council of Hong Kong. The programme includes six common core courses, twenty-eight core courses, seven practicum courses, three language courses and one elective course. Students engage in both classroom and experiential learning which is facilitated by highly experienced and knowledgeable nursing academics and teachers and is supported by excellent classroom and laboratory facilities. Theory is integrated into practice and consolidated through the learning which occurs in a variety of healthcare environments. The programme prepares graduates to achieve professional excellence in comprehensive and holistic nursing practice across a range of clinical settings.

Award

The Bachelor of Nursing (BNurs) is a five-year full time programme leading to the award of Bachelor of Nursing (Honours) Degree from the University of Hong Kong.

為何選擇香港大學護理學課程？

- 香港大學是本港歷史最悠久的大學，並走在世界頂級大學行列。
- 香港大學護理學學士課程提供跨學系學習機會，讓同學有機會與醫科、藥劑及中藥科學生一同合作，互相學習。
- 香港大學護理學士課程著重護理知識的各個範疇，裝備學生成為未來的護理專業人員。
- 香港大學護理學院多年來與國際頂尖護理學院，例如美國賓夕法尼亞大學及凱斯西儲大學，在學術交流及科研方面有緊密聯繫，同時也為同學提供為期二至四星期的海外交流學習計劃的機會，並提供部份資金贊助。
- 本學院設有最先進的臨床技能及模擬培訓中心，為學生提供多種應付全面病人照顧及臨床決策技巧的電腦模擬訓練。
- 香港大學護理學學士課程訓練同學成為未來護理學科研人員。大學的本科生研究獎學計劃(URFP)旨在提升同學的學習經驗及栽培未來的護理科研人員。

課程概覽

在五年制的護理學學士課程中，學院提供四十五個科目、預備學生向香港護士管理局申請成為註冊護士的執業資格。課程包括六個核心課程、二十八個本科科目、七個臨床實習科目、三個語文科目及一個護理學選修科目。負責課程的教職員護理知識廣博、經驗豐富；而教室及實驗室設備先進優良，令學生在課堂及實踐學習中均能獲益。課程理論與實踐互相融合，並於不同護理環境的學習鞏固。本課程預備畢業生成為全面的護理專業人才，於各臨床機構發展所長。

課程

護理學學士課程是一個五年制的榮譽課程。

Mode of Study

Mode: Full time, credit based

Duration: 5 Years

Curriculum Structure

The curriculum structure allows maximum longitudinal and lateral correlation between courses. The teaching and learning strategies facilitate integration of theoretical knowledge, and the application of learning to nursing practice.

課程模式

模式：全日制、以學分制形式修讀

年期：五年

課程結構

護理學課程包括不同範疇的學科。課程的設計使各學科從多方面互相融合，讓學生可以利用課堂上學習到的理論知識及技巧活用於護理臨床工作。

Field of study 學習範圍	Allocation of Credits 學分分配				
	Year I 一年級	Year II 二年級	Year III 三年級	Year IV 四年級	Year V 五年級
Basic / Medical and Surgical Nursing 基礎/內外科護理學	18	12	18	-	6
Behavioural Sciences 行為科學	-	12	-	-	-
Life Sciences and Clinical Pharmacology 生命科學及藥理學	6	12	12	-	-
Bioethics / Professional Issues 生物倫理學/專業護理討論	-	-	6	-	-
Specialty Nursing 專科護理學	-	-	6	24	-
Community and Global Health Nursing 社康及環球健康護理學	-	-	-	6	6
Management and Leadership 領導及管理學	-	-	-	-	6
Nursing Elective 護理選修科	-	-	-	-	6
Nursing Research/Statistics 護理學研究/統計	-	-	-	12	6
Clinical Practicum 臨床實習	-	6	18	18	30
Chinese Language 中文	6	-	-	-	-
English Language 英文	6	6	-	-	-
Common Core Curriculum 核心課程	24	12	-	-	-
Total 合計	60	60	60	60	60

BNurs Curriculum Structure 課程結構

Year 1: 60 credits	Common Core Courses (12 credits) Core University English (6 credits) Nursing Foundations (6 credits) Foundation of Life Science (6 credits)	Exam	Common Core Courses (12 credits) Chinese Language course (6 credits) Health Promotion and Education (6 credits) Health Assessment (6 credits)	Exam	
	Sep	Dec	Jan	May	Jun
Year 2: 60 credits	Common Core Courses (6 credits) Academic Communication course (6 credits) Introduction to Clinical Nursing (6 credits) Life Science I (6 credits) Behavioural Sciences I (6 credits) Nursing Practicum I (6 credits)	Exam	Common Core Courses (6 credits) Nursing Care of the Adult I (6 credits) Life Science II (6 credits) Behavioural Sciences II (6 credits)	Exam	
	Sep	Dec	Jan	May	Jun
Year 3: 60 credits	Nursing Care of the Adult II (6 credits) Clinical Pharmacology for Nurses (6 credits) Life Science III (6 credits) Bioethics & Professional Issues (6 credits) Nursing Practicum II (18 credits)	Exam	Nursing Care of the Adult III (6 credits) Nursing Theories & Models (6 credits) Introduction to Chinese Medicine and Nursing (6 credits)	Exam	
	Sep	Dec	Jan	May	Jun
Year 4: 60 credits	Nursing Care of the Children (6 credits) Nursing Care of the Childbearing Family (6 credits) Introduction to Nursing Research (6 credits) Gerontological Nursing (6 credits) Nursing Practicum III (18 credits)	Exam	Mental Health Nursing (6 credits) Statistics (6 credits) Community & Global Health Nursing I (6 credits)	Exam	
	Sep	Dec	Jan	May	Jun
Year 5: 60 credits	Advanced Nursing Care of the Adult (6 credits) Management & Leadership (6 credits) Evidence Based Practice (6 credits) Community & Global Health Nursing II (6 credits) Nursing Elective (6 credits)	Exam	Nursing Practicum IV (30 credits)	Exam	
	Sep	Dec	Jan	May	Jun

Remark: The timetable arrangements may vary from year to year.

Modes of Learning

The Bachelor of Nursing programme incorporates various teaching and learning strategies, e.g. problem-based learning; inter-professional team-based learning; audiovisuals; computer-assisted learning; demonstrations of skills; field trips and educational visits to clinical agencies and community facilities. The main classroom teaching approaches include lectures, seminars and tutorials. Clinical education is achieved by innovative simulated laboratory teaching such as simulation activities and clinical practicum.

Clinical Practicum

The programme emphasizes on clinical practice. Students have the opportunity to learn and practise under the instruction and supervision of experienced teachers in all aspects of nursing - from basic to advanced complex care, in community and in top teaching hospitals, such as the Queen Mary Hospital. Clinical practicum is arranged in blocks of practice to allow students to consolidate the nursing themes and skills. Clinical placements are arranged in

- community centres;
- aged care centres;
- outpatient clinics; and
- specialties in hospitals, including Medical and Surgical Units, Paediatrics Unit, Obstetrics Unit, Accident and Emergency Unit, Operation Theatre, and many more.

Career Prospects

Our Nursing graduates pursue careers as professional nurses in clinical practice, research, education and management. All our graduates were employed in hospitals (public and private) and other healthcare-related settings.

Professional Recognition

Graduates who have satisfactorily completed all programme requirements will be eligible for direct registration as registered nurses with the Nursing Council of Hong Kong.

Admission Requirements

Candidates for admission shall satisfy the following minimum requirements in HKDSE, and have a good working knowledge in Cantonese.

- Level 3 in Chinese Language and English Language
- Level 2 in Mathematics and Liberal Studies
- Level 3 in two elective subjects

The best 5 subjects of HKDSE will be taken into consideration for admission.



學習模式

本課程採用了不同的教學方式，包括以問題為導向的學習方式、跨學科學習方式、視像教學、電腦輔助教學、技巧示範及實地考察。主要的課堂教學方法包括有課堂授課、小組討論及小組指導課；臨床教學則以創新模擬實驗室實習及臨床實習作為主要的教學方式。

臨床實習

本課程著重護理實踐。學生有機會在具備經驗的老師帶領下，在護理學的各範疇、由淺入深，在社區及頂尖教學醫院，包括瑪麗醫院進行階段的臨床實習。學生先學習理論基礎，然後透過實習鞏固護理知識。

實習機構包括：

- 社區中心
- 長者護理中心
- 門診診所
- 醫院各個專科，包括內科、外科、兒科、產科、急症室、手術室等等。

就業前景

護理學學士課程畢業生於臨床護理、護理學研究、教育或管理各方面發展事業。所有畢業生任職於醫院或其他健康護理機構。

專業認可

通過所有課程考核後，畢業生可直接向香港護士管理局申請成為註冊護士的執業資格。

入學要求

申請人需符合基本入學要求，於香港中學文憑試取得以下成績，並能以流利廣東話溝通：

- 第三級：中國語文、英國語文
- 第二級：數學、通識教育
- 第三級：兩科選修科目

香港中學文憑課程之五科最佳成績將被考慮作入學用途。

Enquiries 查詢

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