



香港大學醫學院

Department of  
Nursing Studies

The University of  
Hong Kong



# Head's Message

# 乙酉年



Dr. Sophia SC Chan  
Head

Chinese New Year is the most important time of the year for Chinese. As I write we are celebrating Chinese New Year and this has led me to reflect upon the implications for nursing and for the Department of some of the good wishes and hopes for the future that the New Year brings. The Year of the Rooster (雞年) is one of optimism and hope. Every morning the Rooster reports the good news that a new day is upon us. In heralding the new day the Rooster offers us the hope that today we may open ourselves to the potential that the day offers. The New Year wish of Kung Hei Fat Choi (恭喜發財) brings with it the hope of wealth and prosperity and other wishes permeating throughout all the festivities of Chinese New Year are that all our wishes for ourselves and our wishes for the good health (身體健康) and safety of others (出入平安) may also come true.

Nursing is a profession that focuses particularly upon bringing knowledge and skills together so as to promote the health and safety of others. Nurses work constantly with people whose health and safety is compromised and who are in need of the compassionate knowledgeable care that nurses bring to their practice. Nurses in their daily practice

routinely make decisions that impact significantly on the comfort, safety and well being of those in their care. Every day nurses hope for good news for their patients. Every day they hope they will accomplish the ethical standards and quality of care that the public expects of them. Every day nurses celebrate the hopes and wishes that are particularly expressed in our New Year celebrations.

I think it is highly appropriate that the tenth anniversary of the Department of Nursing Studies falls in the Year of the Rooster. This year particularly we are regularly proclaiming the good news of our achievements to date and our wishes and hopes for the future. I firmly believe sound education forms the basis of building wealth and fortune. Today, we are very proud of our students and our graduates and the role we have in preparing the next generation of nurses to be the type of practitioners who can serve the community well through the quality of their knowledge and skills. We are also proud of our record of scholarly achievements and academic excellence, and the contribution we are making to the society.

May I join all staff to wish you wealth, prosperity, and good health in the Year of the Rooster! **n**



## Issues Around the Provision of a Quality Nursing Workforce

Universities, agencies delivering health related services to the community and Government health authorities are facing a number of issues and problems which they tend to respond to in similar ways. Their missions are ostensibly somewhat different; Universities seek to produce well rounded graduates with abilities to provide leadership to the communities they serve; health agencies seek directly to provide high quality patient-centred health care to the community; and health authorities are accountable to the Government for the formulation of health policies aimed at safeguarding and promoting the general health of the community.

However, each of these sectors is engaged in reform processes stemming from global economic and technological imperatives that have resulted in similar patterns of response which have implications for nursing as a practice and a discipline. These reform processes include the need for greater accountability at all levels. Emphasis is now being given by health authorities and agencies to monitoring closely the nexus between the costs involved and the quality and outcomes of the use of the highly sophisticated means of investigation and treatment now available in health care. A similar focus on cost/quality connections is now given to the traditional activities of teaching and research within the University sector as responses are made to the implications of the demands for mass higher education and for increased research productivity.

Accountability is also being sought by Governments, health care providers and Universities as they seek to secure a greater evidential base to professional practices and Government and institutional policies, and ensure that the work force continues to develop knowledge and skills in the face of the onslaught of continuing change in the scope and dimensions of information, technology and practices.

University Schools of Nursing seek to produce graduates who are committed to life long learning, who can provide accountable, evidence based nursing care and who have the capacity to generate and disseminate knowledge within a quality framework. Many health agencies recognize the value of employing degree prepared nurses and encouraging those without degrees to upgrade their qualifications. Masters qualifications are now being expected for some advanced practice, research and quality improvement roles in hospitals and in some settings doctorally prepared nurses with well honed research skills are employed to take leadership roles in strengthening research based practice. In many places health authorities are taking leadership roles in promoting evidence based practices and in implementing initiatives to support nurses to upgrade their professional competencies and to develop further their professional accountability.

A major area of shared concern among these sectors is that of the provision of an appropriately qualified and experienced nursing workforce. For over fifty years now, concerns have been expressed periodically about nursing

shortages, particularly in hospitals. This has been a trend in countries such as USA, Canada, UK and Australia. However, nursing shortages in these countries now appear to have become chronic and seemingly intractable.

These shortages cannot be explained in terms of inability to attract suitable applicants to undertake nursing programmes. In most places there are many more applicants than there are places available. It is possible that insufficient funding is being provided for nursing education programmes and this matter is being addressed by governments and private educational providers in many countries. However, a key factor influencing the supply of nurses appears to be the capacity of hospitals to retain their nursing staff. This is a matter of major significance to Government, clinical agencies, Universities and the community generally.

Ensuring an adequate supply of nursing services is fundamental to the health and well being of the community and is a global issue of major concern to Governments, clinical agencies and Universities. The Department of Nursing Studies looks forward to the opportunities that will be provided through its 10th Anniversary Symposium on May 28, 2005 to consider policy, practice, research and educational issues that impact upon the supply of a nursing workforce that will meet the requirements of contemporary health demands. [n](#)





## An Evaluation of the Effectiveness of an Empowerment Intervention in a Group of Abused Chinese Women

I am working with a team of researchers on a project to empower Chinese abused women. They are Professor Farideh Salili, Ms Rose YP Chan, Dr Edward KL Chan, Ms Debbie Tang, and Miss Rebecca HS Chiu. The purpose of the project is find out how effective is an intervention which is designed to improve abused women's health concept, enhance their self-image and self-esteem, increase their parenting skills and advance their understanding of their rights. The project is supported by a Health & Health Services Research Fund. The harmful effects of intimate partner violence have motivated the researchers to conduct the study.

Intimate partner violence is a public health problem and abused women tend to have poorer health status and quality of life than their non abused peers. Abused women are not necessarily passive victims. Rather, they are active survivors capable of developing strategies to help themselves. It has also been suggested that empowerment intervention could be an effective strategy to counter the coercive effects of such violence. An earlier study between the Department of Nursing Studies and the Department of Obstetrics and Gynaecology of HKU has revealed that an empowerment intervention, modified for abused pregnant women, was effective in reducing psychological and minor physical violence and improving their quality of life. However, whether the intervention would also be effective for abused women with a history of more serious violence has not been established.

The intention of the current study is to evaluate the effectiveness of an empowerment intervention in a group of abused women who have had a long history of serious violence by their partners. A total of 200 Chinese abused women will be recruited from a shelter for abused women. Using a randomised trial, 100 of the women will be assigned to receive



Group Discussion on Chinese Dietary Practice For Women

an empowerment intervention, which consists of 4 group discussion sessions on concepts of health, Chinese dietary practices, the concept and protection of self, rights and entitlement, and parenting skills. The intervention model is underpinned by the belief that abused women are resourceful and capable of coping in a positive way. An example is the blending of everyday Chinese dietary practices into the way of life of these women so that they can assess their own health and choose their diets accordingly. A comparison group of 100 abused women will also be recruited who will receive the standard care routinely provided to abused women by the shelter. By having two groups of

women who receive different modes of care, a comparison of the outcomes can be made and the effects of the intervention scrutinised. The project is expected to last for 2 years. [n](#)





Winnie KW So  
Lecturer



KH Yip  
Clinical Instructor

## Being a scrub nurse

### -Students' experience of participating in an Anatomy of Complications Workshop Program

Being a scrub nurse is one of the major roles of nurses working in the operating theatre. Scrub nurses need to have a sound knowledge of anatomy, surgical procedures, types of instrument used, modes of assisting the surgeon during surgery as well as perioperative care of the patient. A thorough training is essential to build up the competency of nurses in this specialty.

Students in the Bachelor of Nursing Programme learn about the theories underpinning operating theatre nursing and have an observational placement in the operating theatre. However, they do not usually have the opportunity to practise as a scrub nurse in a real situation.

On 27 November 2004, the Department of Obstetrics and Gynecology of HKU organized an Anatomy of Complications Workshop Program (ACWP) for obstetricians and gynecologists to improve their performance in the prevention and management of complications in obstetrics and gynecological surgery. Students in the Bachelor of Nursing Programme were given the opportunity to participate in this workshop and act as scrub nurses under the supervision of mentors.

In order to facilitate students' learning, our Department and the Operation Theatre Service of the Queen Mary Hospital jointly organized a preparation program for the nursing students prior to their participation in the ACWP. The preparation workshop included: 1) demonstration and return practice on surgical scrub, gowning technique, ligature techniques and suturing methods; 2) briefing session on principles of surgical asepsis, sutures and needles, instrument used for obstetrics and gynecological surgery, care in handling instruments, and electro-surgical unit safety; and 3) introduction to the intra-operative procedure of the management of complications in obstetrics and gynecological surgery. The preparation workshop was held in the operation theatre of the Queen Mary Hospital and the nursing skills laboratory of our Department of Nursing Studies. Students could practise their skills in a more realistic environment and then go back to school for further discussion.



Ms KH Yip, Clinical Instructor (left in front row) and the 12 participating students, who were Chan Ka Man, Chan Shuk Ling, Cheung Ka I, Hon Tin Tsz, Hui So On, Ip Oi Lam, Kwok Wing Yee, Lai Tsz Ling, Leung Yiu Ha, See Lok Man, Tai Pak Hong and Wu Wing Man, in the Anatomy of Complications Workshop Programme on November 27, 2004.

On the day of the ACWP, a live pig was used in practising how to prevent and manage complications in obstetrics and gynecological surgery. The students were grouped in pairs and acted as scrub nurses under an experienced mentor's supervision. They had an opportunity to gain practical experience in assisting surgeons and learning about instruments and sutures.

Overall, students enjoyed and valued the preparation workshop and the ACWP. They were stimulated to learn more about theatre nursing and they found that the principles they learned and the experience they gained from the workshops were very useful to apply in a real situation. Through this experience, they have learnt not only technical skills about the procedure, but also other aspects of the nursing role such as aseptic technique, infection control, safety measures, and the importance of team work. While using a live pig for surgical purposes may obscure the role of the nurse in caring for patients

undergoing surgery, students gained considerably from discussions about the differences involved when surgery is undertaken on a pig rather than a person.

They agreed that the feedback they received from the mentors was very valuable. The jointly organized preparation program with the Queen



Chief Convener of the ACWP: Dr TY Ng; Convenors: Dr Ian Hammond and Mr John Taylor; Mentors: Ms Lee Kit Ching, Ms Beryl Chan, Ms Liu Lik Ning, Ms Polly Law, Ms Carol Cheng, Ms Chan Wing Sze and Ms KH Yip

Mary Hospital was effective in terms of facilitating students' learning. The opportunity of participating in the AWCP was valuable for students and it is hoped that similar collaborative learning opportunities will occur in the future.



A mentor demonstrates how to handle the sutures in the Preparation Program on 20 November, 2004.

### Reflections from the Participating Students

#### **Chan Ka Man, Carmen**

This was my closest contact with OT nursing, and the piggy! I acted as a real scrub nurse and helped the surgeons in the operation for the piggy. I could really feel the cooperation, responsibilities and stress of a nurse in the OT, which I couldn't experience in my OT practicum. Such a valuable experience!

#### **Chan Shuk Ling**

This workshop impressed me so much. The mentors were very nice and friendly. They were pleased to teach us the OT skills and techniques. We could learn how to wear the surgical gown in the preparation workshop and had a chance to be a scrub nurse on the OT table. These experiences were valuable and I will highly recommend this workshop to the others.

#### **Hui So On**

It was a good learning experience that I could put theory into practice. Scrub nurses need to be astute and they are not the handmaidens to surgeons. I learnt to think more critically and collaborate with surgeons. Thanks Ms Winnie So and mentors for their great support and guidance throughout the workshops. It was a memorable event before my graduation.

#### **Kwok Wing Yee, Eunice**

Doctor: Cut... Scalpel... Scissors... Diathermy... Clamp... Mosquito... Babcock... Suture...Tie... Needle...

Independence and satisfaction are...You can predict what instrument surgeons want and pass the right instrument to the surgeons. You can ensure the safety and the smooth running of the operation. It is so memorable to have the valuable chance to be the scrub nurse for the surgery on the intubated pig under the supervision of our supportive mentors. **n**

# 10th Anniversary



Vision to Lead, Mission to Serve  
放眼領導 致力服務

Happy 10th Birthday to the Department of Nursing Studies!

Let us make a toast to celebrate the 10th Anniversary of the Department of Nursing Studies! In 2005, the Department is ten years old and is honouring this important milestone with many activities.

### Winners of Anniversary Logo with Slogan

With enthusiastic involvement of students, an Anniversary logo with the slogan **“Vision to Lead, Mission to Serve 放眼領導 致力服務”** now appear on all Departmental stationery, promotional & publicity materials during 2005. The Logo consists of “N” printed in blue on the number “10” symbolizing all the students and graduates prepared by the Department of Nursing Studies of The University of Hong Kong over the last decade. The logo and slogan also represent the outstanding quality nursing education that the Department has delivered over the past ten years with high quality teaching staff and resources that will continue to grow through collaboration with local and international professionals. They also reflect our past achievements and future successes and advancement. A prize will be presented to the winners of the logo and slogan competition during the 10th Anniversary Symposium to be held on May 28, 2005.

Warm appreciation is extended to all the participants and to the adjudicators of this Competition which include Mr. George Ciofuli, Managing Director, Asia Pacific, Lippincott Williams & Wilkins Asia Limited; Mr. Alan Wong, General Manager (Nursing), Queen Mary Hospital; Dr. Richard Stanley-Baker, Head, Department of Fine Arts, HKU and Professor Raymond Liang, Associate Dean (External Relations and Fund-raising), Faculty of Medicine, HKU.

logo		slogan
 (First Runner-up)	 (Second Runner-up)	<b>The Best, We Nourish</b> (First Runner-up)
		<b>Leading the Present, Nurturing the Future</b> 帶領現在, 孕育將來 (Second Runner-up)

### Global Experts Get Together in the 10th Anniversary Symposium

As you know, the major event of our 10th Anniversary year is the International Nursing Symposium to be held on May 28, 2005 followed by a Gala Dinner to be held in the splendid Hong Kong Country Club. The theme of the symposium is “Education and Research for Quality Nursing Practice”. The Department has invited a number of international and local experts to participate in the Symposium to address various aspects of our concerns about nursing development. Moreover, an Anniversary Celebratory Book will be disseminated to all Symposium delegates which covers the development, contribution to society and the achievements of the Department since 1995. For the Symposium’s details, please refer to our Departmental website at [www.hku.edu/nurisng](http://www.hku.edu/nurisng) or contact us at 2819 2604.

Nursing students and Departmental staff members have formed a choir group and will perform a popular and meaningful song “Heal the World” guided by the Music Director, Dr. Gabriel GM Leung of the Department of Community Medicine during the Gala dinner. This will be a memorable occasion that will provide an outstanding opportunity for those present to honour the achievements of the Department.

### Welcome and Get Connected - the Nursing Alumni Society

In addition, the Department is excited to announce a new baby will arrive shortly– the HKU Nursing Alumni Society is soon to be established. All graduates are invited to join the Alumni Society. Participation will not only enable graduates to retain linkages with fellow classmates and alumni, but will also expand opportunities for personal networking to benefit further development in life. Alumni are precious assets of the Department and the University. We do treasure our connection with every one of you. If anyone would like to learn more about the establishment of the Nursing Alumni Society, please feel free to contact us by calling at 2819 2637 or 2819 2606. [n](#)

Name	Results
<b>Logo Design Group</b>	
Ms. Chan Shuk Ling, Ms. Cheung Ka I, Ms. Hui So On, Ms. Kwok Wing Yee Eunice, Ms. Leung Siu Ha (Year 4)	Winner and First Runner-up
Ms. Chung Yuk Shan, Angie (Year 3)	Second Runner-up
<b>Slogan Design Group</b>	
Ms. Chung Yuk Shan, Angie (Year 3)	Winner
Ms. Lai Tse Ling, Ms. Ng Mui Lai (Year 4)	First Runner-up
Mr. Lai Yat Min (Year 3)	Second Runner-up

# D Department Highlights

## Visitors

Professor Karen Luker, Head of School of Nursing, Midwifery and Social Work, University of Manchester, visited the Department on November 15-21, 2004. During her visit, Professor Luker gave a seminar to Departmental staff on "Improving Research Performance - Lessons from UK RAE 2001". She was also involved in various consultation meetings with staff members.



Prof Karen Luker (left) and Dr. Sophia Chan, Head

Professor Linda Johnston, Professor and Chair of Neonatal Nursing Research, School of Nursing, The University of Melbourne, delivered a seminar on November 29, 2004 to members of the Nursing Research Sub-committee of the Queen Mary Hospital and staff members of the Department. The topic of the seminar was "Evidence-based Nursing - Getting Evidence into Practice".



Prof Linda Johnston (left) and Dr. Sophia Chan, Head

Professor Zhu Jingci, Head of School of Nursing, The Third Military Medical University, Chongqing, visited the Department from November 30 to December 9, 2004 via the support of the Sun Yat Sen Foundation Fund for Academic Exchanges with China Incoming Visitorship. During her 10-day attachment, a series of activities were arranged for Professor Zhu to gain a sense of the academic life and culture of the Department and the University, to undertake educational activities which could assist her in promoting academic development within her own institution, and to explore avenues for furthering academic collaborations between the two institutions.



(from left) Dr. Sophia Chan, Head, Prof Zhu Jingci and Dr. Agnes Tiwari, Assistant Professor and Co-ordinator of Master of Nursing Programme

Professor Karen Emmons, Professor of the Department of Health and Social Behavior, Dana-Farber Cancer Institute and Harvard School of Public Health, visited the Department and gave a seminar for the Medical and Health Research Network, The University of Hong Kong on December 8, 2004 on "Interventions to Increase Cancer Prevention in Economic and Medically At-risk Groups". Professor Emmons was also invited to be one of the keynote speakers of the third annual Faculty Research Meeting "Frontiers in Biomedical Research 2004" at the Faculty of Medicine, HKU.



On January 10-14, 2005, Ms JoAnne Saxe, Clinical Professor of the Department of Community Health Systems, School of Nursing, University of California, San Francisco, visited the Department and conducted a course "Advanced Health Assessment" for the students of Master of Nursing Programme. She also spoke on "Faculty Practice in the United States" to staff members in a seminar.



Ms Joanne Saxe (left) and Dr. Sophia Chan, Head

Dr. Carol Jillings, Associate Professor of the School of Nursing, University of British Columbia, visited the Department during January 10 - 16, 2005 as External Examiner for the Bachelor of Nursing (Part-time) Programme. During her stay, Dr. Jillings had various consultative meetings with teachers, and gave a seminar on "Strategies for Teaching Adult Learners".



Dr. Carol Jillings (left) and Ms Marie Tarrant, Assistant Professor and Co-ordinator of Bachelor of Nursing (Part-time) Programme

During January 26-27, 2005, Professor Lorraine Wright, Professor Emeritus of Nursing, Faculty of Nursing, University of Calgary, visited the Department and conducted a course on family nursing for the students of Bachelor of Nursing (Part-time) Programme and the Master of Nursing Programme.



Prof Lorraine Wright (right) and Dr. Agnes Tiwari, Assistant Professor and Co-ordinator of Master of Nursing Programme

Three nursing institutions had paid educational visits to the Department over the past few months. The undergraduate and postgraduate programmes were introduced, and tours of the Department were conducted.

School of Nursing, Sun Yat Sen University, November 15-17, 2004



Prof Lou Fenglan (right), Dean of the Nursing School, Shandong University meets with Dr. Felix KH Yeun, Director of International Relations of the Department, on January 21, 2005.



Prof Glenda Vargas, Dean of the College of Nursing, University of Santo Tomas and her faculty visit the Department on January 31, 2005

## Clinical Connection

In an effort to strengthen the linkage with clinical agencies and explore more opportunities for collaboration, the Department organized a Christmas Party at the Fan Pui Garden, Faculty of Medicine Building, on December 15, 2004. Staff from the clinical partners was invited to join the festive event. The Department was delighted to receive a large number of guests at the party.



## Clinical Education Series

In this academic year, a series of Clinical Education Seminars has been organized by the Department. The seminars are open to all teaching staff of the Department, the clinical mentors and other clinical staff interested.

The response to the first two seminars held on November 24, 2004 and December 18, 2004 was very encouraging. The seminar on "Understanding the role of Infection Control Nurses in acute hospital and collaboration from front-line health care workers" attracted 44 participants. The guest speaker was Ms. Patricia Ching, Senior Nursing Officer, Infection Control Unit of Queen Mary Hospital. One important point highlighted by Ms. Ching was the significant role of ward staff in facilitating infection control.



■ Ms Patricia Ching

The second seminar on "Pressure sore management" also attracted 44 participants. The guest speaker was Ms. Regina Ip, Nurse Specialist of Kwong Wah Hospital. Ms. Ip shared her experience in managing pressure ulcers and introduced different dressing solutions to various types of wounds, providing concrete examples and slides to illustrate the effectiveness of the dressings being used on different patients and the principles in managing the various types of pressure ulcers. From the feedback of the participants, the presentation was very informative and useful.



Ms Regina Ip ■

## Students' Poster Sessions

The Year 1 students of the Bachelor of Nursing (Part-Time) Programme conducted poster sessions on their projects "Nursing and Public Health" in the Exhibition Area of the Faculty of Medicine Building on November 23, 2004. Poster sessions for the Year 2 students of the Master of Nursing Programme to display their women's health promotion projects and dissertations were also held on January 7, 2005 and February 22, 2005. The sessions were well received by a number of teachers and students.

Students of Bachelor of Nursing (Part-time) Programme ■



■ Students of Master of Nursing Programme

## Departmental Retreat

On January 28-29, 2005 a Departmental Retreat was held to provide an opportunity for staff members to sit together and discuss the future directions of the Department. All teaching staff members attended the meeting and had candid and constructive discussions.



## International Nursing Consortium Policy Committee Meeting

The Department has joined as a member of the Hong Kong International Consortium for Sharing Nursing Student Assessment Banks. Its main purpose is to establish a voluminous high quality test item bank for nursing education, and share item banks with nursing schools and institutions thereby facilitating the development, maintenance and use of a much larger item bank by members of the Consortium. An International Nursing Consortium Policy Committee meeting was held to discuss and finalize the bylaws of the Consortium. The Committee meets annually. This year the meeting was conducted on January 13-15, 2005, hosted by the three nursing schools in Hong Kong in turn. The Department hosted the meeting on January 14, 2005 and was pleased to have fruitful exchanges of views with delegates from around the world.



# M Message from the Nursing Society

Hello, everyone! We are the executive committee of Nursing Society, Session 2004-2005. Nice to meet you!

This year, we have three main targets.

1. We will continue to promote the development of the society. We will try to increase the popularity of our society and improve the internal operations to increase efficiency.
2. We will enhance communication between the Department and our members. We will act as a bridge between them, release information from the Department to our members and reflect the opinions of our members to the Department.
3. We will continue to organize activities which have been popular in the past, and explore other interesting and meaningful activities. We will try our best to fulfill the wish of our members.

There are lots of functions waiting for our members to join. These include a Current Affairs Seminar, SuperPass Dinners, an Orientation Programme, a Nursing Festival, an Academic Seminar and Joint University functions. Some of these functions are new to our members. We will try to add as many new elements as possible into our programmes to make sure they are fresh to all of you and will be interesting.

Our first function will be the Current Affairs Seminar. It will be held in March, 2005. It is about a hot issue of the nursing profession. It provides a good chance for our members to keep in touch with current issues. Details will be released very soon. Hope everyone can keep an eye on it.

We need your support, our dearest members! We hope to see you all in our functions.



## C Congratulations

### Awards of Research Grants

Three research projects on teaching and learning have been granted since November 2004. Dr. Sophia SC Chan, Head, is Principal Investigator on one project and Ms Marie Tarrant, Assistant Professor, is Principal Investigator on the other two.

### Honorary Awards and Appointments

Dr. Sophia SC Chan, Head, has been appointed as a Member of the Nursing Council of Hong Kong.

Ms Angela YM Leung, Lecturer, has been appointed as Research Associate by the Sau Po Centre on Ageing, The University of Hong Kong.

Ms Angel CK Lee, Teaching Consultant, has been appointed as Advisor to the Hong Kong Catholic Nurses' Guild and to the Hong Kong Institute of Vocational Education (Lee Wai Lee) – Geriatric Section.



Dr. Agnes Tiwari (left) receives the Teaching Medal from Prof SK Lam, Dean, Faculty of Medicine

Dr. Agnes FY Tiwari, Assistant Professor, received the Faculty Teaching Medal 2004 at the Prize Presentation Ceremony of the Faculty of Medicine, The University of Hong Kong held on December 1, 2004. The Faculty Teaching Medals are established to identify, recognize and reward Faculty members who are excellent in teaching or in the promotion of good practice in teaching.



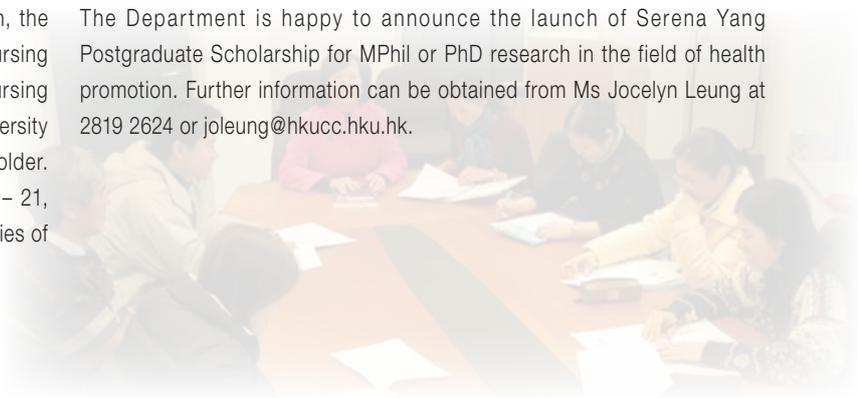
# Special news

## Grace Tien Visiting Professor in Nursing Studies

With the generous support of the family of the late Mrs. Grace Tien, the Department established the "Grace Tien Visiting Professorship in Nursing Studies" in 2003. It is our honour to have invited the well-known nursing scholar, Professor Angela B McBride, Distinguished Professor and University Dean Emerita, Indiana University, to be the second Professorship holder. Professor McBride will pay a visit to the Department on March 13 – 21, 2005. She will deliver the "Grace Tien Lecture" and participate in a series of academic activities.

## Serena Yang Postgraduate Scholarship in Nursing Studies

The Department is happy to announce the launch of Serena Yang Postgraduate Scholarship for MPhil or PhD research in the field of health promotion. Further information can be obtained from Ms Jocelyn Leung at 2819 2624 or [joleung@hkucc.hku.hk](mailto:joleung@hkucc.hku.hk).




# Life-long Learning Opportunities

## Occasional Students in Master of Nursing Programme

The following modules (20-hour) under the Master of Nursing Programme are now open to individual students to apply as occasional students:

### Health Services Management

Mondays, 9 May 2005 to 20 June 2005, from 5:00 to 8:00 pm;  
and 27 June 2005, from 5:00 to 7:00 pm

### Mentoring for Health Care Professionals

Fridays, 6 May 2005 to 10 June 2005, from 5:00 to 8:00 pm;  
and 17 June 2005, from 5:00 to 7:00 pm

### Tobacco Dependency Nursing Intervention and Management

Tuesday & Thursday, 3 & 5 May 2005, from 9:00 am to 6:00 pm;  
and a 3-hour clinical practicum at the Smoking Cessation Health Centre

Classes will be held in the seminar rooms located within the Faculty of Medicine Building, Sassoon Road, Pokfulam, Hong Kong.

An attendance certificate will be issued to students who have attended 80% of each of their chosen modules. No official transcript will be provided.

Course fees: HK\$3,550 per module

**Closing date for Applications: 15 April 2005**

Application forms and further information may also be obtained from the Departmental website at [www.hku.hk/nursing](http://www.hku.hk/nursing).

Enquiry Tel: 2819 2604

## Bachelor of Nursing (Part-time) Programme

The Department offers a two-year part-time honours degree programme for registered nurses who have registered with the Nursing Council of Hong Kong or hold recognised equivalent qualifications. The programme will cater for nurses from two streams: a generic stream (i.e. general and psychiatric) and a public health stream and will have its next intake in September 2005.

### Admission Requirement

To be eligible for admission to this programme, an applicant

- shall comply with the University General Regulations;
- shall be registered as a nurse with the Nursing Council of Hong Kong or hold recognised equivalent qualifications;
- shall normally have completed a minimum of one year's experience as a registered nurse; and
- may be required to take a qualifying test of language ability and nursing knowledge.

### Information Seminars

Date:	7 April 2005 (Thursday)	Date:	18 April 2005 (Monday)
Time:	2:30-4:00pm	Time:	2:30-4:00pm
Venue:	Lecture Theatre 4 William MW Mong Block Faculty of Medicine Building 21 Sassoon Road Hong Kong	Venue:	Lecture Hall The Federation of Medical Societies of Hong Kong 4/F, Duke of Windsor Social Service Centre 15 Hennessy Road, HK

**Closing date for Applications: 30 April 2005**

Application forms can be obtained from the Departmental website at [www.hku.hk/nursing](http://www.hku.hk/nursing).

Enquiry Tel: 2819 2604

## Dr. Daniel YT Fong (方以德)

### Assistant Professor

My adventure in the Department started in February 2005. I obtained both my first degree in mathematics and Master of Philosophy in statistics from The University of Hong Kong. Subsequently, I completed my doctoral training in statistics at the University of Waterloo in Canada. My research area is medical statistics with a special interest in longitudinal data analysis. I have had many years of experience in the design and analysis of clinical trials, and have collaborated extensively with medical researchers. Areas with publications include methodological research in medical statistics, cancer, data management, gastroenterology, liver diseases, microarray data analysis, nursing, obstetrics, ophthalmology, paediatrics, public health, quality of life research, radiology, rheumatology and surgery.



## Ms. Jocelyn SY Leung (梁淑儀)

### Administrative Assistant

I joined the Department as Administrative Assistant in November 2004. After my graduation from The University of Hong Kong, I started my career in administration. Prior to joining the Department, I worked in the Academic Secretariat of the Hong Kong Polytechnic University and the Human Resources Office of the Hong Kong Institute of Education respectively.



# Forthcoming events

### Grace Tien Lecture

**Topic:** Health Care and the Informatics Revolution  
**Speaker:** Professor Angel B McBride, Distinguished Professor and University Dean Emerita, Indiana University, USA and Grace Tien Visiting Professor, Department of Nursing Studies, HKU  
**Date:** March 14, 2005  
**Time:** 4:30 pm  
**Venue:** Lecture Theatre 3, Cheung Kung Hai Conference Centre, Faculty of Medicine Building, HKU  
**Fee:** Free of charge  
**Registration or information:** Ms Annie Lau  
 Tel: 2819 2602

### Clinical Education Series

**Topic:** Acute Stroke Management  
**Guest Speaker:** Ms Alice Yu Chow Fung, Advanced Practice Nurse, Ruttonjee & Tang Shiu Kin Hospital  
**Date:** April 4, 2005  
**Time:** 3:30 pm – 5:30 pm  
**Venue:** Seminar Room, Laboratory Block, Faculty of Medicine Building, HKU  
**Fee:** Free of charge  
**Registration or information:** Ms Annie Lau  
 Tel: 2819 2602

### Clinical Education Series

**Topic:** Stoma Care  
**Guest Speaker:** Ms Wong Ka Wai, Enterostomal Therapist, Queen Mary Hospital  
**Date:** April 25, 2005  
**Time:** 3:30 pm – 5:30 pm  
**Venue:** Seminar Room 5, Laboratory Block, Faculty of Medicine Building, HKU  
**Fee:** Free of charge  
**Registration or information:** Ms Annie Lau  
 Tel: 2819 2602

### 10th Anniversary Symposium

**Theme:** Education and Research for Quality Nursing Practice  
**Date:** May 28, 2005  
**Time:** 9:00 am – 5:00 pm  
**Venue:** Cheung Kung Hai Conference Centre, Faculty of Medicine Building, HKU  
**Fee:** HKU nursing student – Free of Charge  
 HKU nursing alumni – HK\$200 full day (lunch included), HK\$150 half day  
 Full registration – HK \$300 full day (lunch included), HK\$200 half day  
**Registration or information:** Ms Winnie Lo  
 Tel: 2819 2604/ www.hku.hk/nursing

### 10th Anniversary Gala Dinner

**Date:** May 28, 2005  
**Time:** 7:30 pm (cocktail starts at 6:30pm)  
**Venue:** The Hong Kong Country Club, Deep Water Bay  
**Registration:** HK\$600  
**Registration or information:** Ms Winnie Lo  
 Tel: 2819 2604/ www.hku.hk/nursing

# Centre for Health Promotion Activities' Highlights

Prof Farideh Salili  
Director  
Centre for Health Promotion



## Workshops

**27 Oct 2004 (Workshop 1) ; 28 Oct 2004 (Workshop 2)**

Title: Workshops about Illness Beliefs and Illness and Spirituality in Clinical Work with Individuals and Families

Workshop 1: What You Believe Affects Your Health and Your Relationships: The Illness Beliefs Model Unpacked

Workshop 2: Spirituality, Suffering, and Illness: The Soul of Clinical Work with Individuals and Families

Speaker: Dr. Lorraine M. Wright  
Professor Emeritus of  
Nursing, University of  
Calgary, Canada



## Wu Style Tai Chi Class

**January – June 2005**

Tai Chi Chuan is always popular in China and now, worldwide. Research conducted in Britain, USA and local universities have demonstrated the benefits of Tai Chi Chuan in disease prevention and health enhancement. The response to the first Tai Chi class was overwhelming. The second Tai Chi class started in January, 2005.



## Forthcoming Events

**15 April, 2005**

**Seminar - Dietary Choices for pre-and post-natal mothers**

Venue: Hong Kong Science Museum, Tsim Sha Tsui

Time: 7:30 – 9:30 pm

Speaker: Ms Rose YP Chan, Clinical Instructor, Department of Nursing Studies

**February – May, 2005**

**Integrate teaching in Centre for Health Promotion**

Health Promotion Projects by undergraduate students

Trainer: Ms. Angel Lee, Teaching Consultant, Department of Nursing Studies

**March – December, 2005**

**Health Assessment and Consultation Programmes**

(as of March 2005 the Centre for Health Promotion offers clients health assessments and consultation programmes both on individual and group basis)

- Cardiovascular Sessions
- Stress Management Sessions
- Diabetic Sessions
- General Health Sessions

Appointments for health assessment and consultations can be made by calling at 2819 2650.

**March – August, 2005**

**Health Education Programmes for a Secondary School**

Topic: Sport and Diet

Contents: Educational talks, workshops, group projects and presentations

For registration or more information, please call 2819 2650 or email at [chphku@hkucc.hku.hk](mailto:chphku@hkucc.hku.hk).

## Health Assessment Programme for the Elderlies

**23 February, 2005**

Venue: 3/F, Centre for Health Promotion, Department of Nursing Studies

Co-organiser: Sun Chui Lutheran Centre for the Elderly

Focus: Cardiovascular Health

Contents: Center-based Health Assessment Activities, Educational Talks and Exercise Training

## Recruitment of Student Helpers

We will be launching a series of health promotional programmes in 2005 for both in-house and outreach activities. We would like to recruit voluntary student members to participate in our health promotional programmes. This is a great opportunity for students to broaden their knowledge in health education and health promotion.

If you are a student of our Bachelor or Master's programme and interested in joining the programmes, please send us your correspondence information including your name, student number, class number, email address and telephone number. We will contact you shortly.

Upon completion of the programmes, certificates of participations will be issued. Yearly awards will be given to outstanding participants.

Come and join us! Email to Centre for Health Promotion at [chphku@hkucc.hku.hk](mailto:chphku@hkucc.hku.hk).

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