



## Lead's Message

Dr Sophia SC Chan  
Head



### 3+3+4 curriculum reform

Large scale curriculum change known as the 3+3+4 Educational Reform is on the agenda in Hong Kong! Secondary schools are actively reforming curricula to prepare students for the changes flowing from the shift from seven to six years of secondary schooling. These changes will begin in 2009 with the first cohort set to enter university in 2012. Generalist undergraduate degrees will extend from three to four years. A Steering Committee has been established at the University of Hong Kong to set the direction for change. The university sees the additional year not simply as an add-on, but rather as providing the opportunity to enhance the learning experiences of students.

The flow on effect of the reform to professional programs means that the Bachelor of Nursing offered by the Department of Nursing Studies will extend from four to five years. The Department has set up a Steering Committee and working party on the education reform to develop a unique nursing programme that meets broad educational aims as well as the requirements mandated by the Nursing Council.

The current credit-based programme is of four years duration and comprises 45 courses totally 240 credits. Of these, 31 are theoretical (147 credits) and 7 are practicum (69 credits). The latter are designed to ensure students integrate theoretical knowledge into practice to enable them to become competent practitioners. Additionally students undertake one elective (6 credits) and six broadening courses (18 credits).

The programme is based upon a philosophy of primary health care which incorporates continuous

and comprehensive care and includes all services necessary for the promotion of health, the prevention of disease, and the early detection and treatment of disease. Within this foundational underpinning, the programme design focuses on the concepts of Humans, Environment, Health, Nursing and Learning.

The first year begins with the concepts on foundations of nursing which provides students with a solid foundation of nursing knowledge and an understanding of fundamental concepts essential to nursing and health. The second year involves many of the medical and surgical alternations in health that occur in the adult population in Hong Kong. Clinical Pharmacology, Life Sciences as well as field experiences are also introduced in this year. The third year examines health promotion and health maintenance of the family including infants, mothers, child health and care and field experiences in specialty areas are introduced. The final year introduces students to the complex and critical health problems of an individual as well as gerontological nursing and community health nursing. Students also study nursing research and undertake intensive clinical practica.

The current programme attracts the best applicants of any nursing programme in Hong Kong and its graduates are highly regarded. The challenge for the Steering Committee will be to develop a five year programme that retains the excellent features of our existing programme while developing additional courses that will add value to what we now offer. These new courses will focus on enabling students to acquire qualities crucial to their personal growth and broaden their understanding of the world and the role they can play in shaping the future. **n**





## Learning in later life: how enjoyable could this be!

### Who enjoys learning more: kids or older adults?

Summer breaks are probably the most enjoyable moment for kids when they don't need to go to school and do homework. Laughter can be heard around as if they are celebrating their temporary halt from learning. In contrast to this, older adults pack up their notebooks and pens, and take this opportunity to ask for permission to use the university campus as their learning venue. They have no intention to take a break although the weather is hot and they have been engaged in learning throughout the whole year. Their "hunger for learning" can be witnessed!!! Why do older adults want to keep on learning? Will learning do them any good? Should we as nurses be concerned about their learning? These were the questions in my mind when I started my PhD study.

### Why do older adults keep on learning at their age?

Over the past few years, I have engaged in various kinds of learning activities with older adults, not only in Hong Kong but also in Shanghai, Beijing, Los Angeles, Melbourne and the Gold Coast. I tried to look at the issues from different perspectives: talking to older learners, their family members and organizers of the learning activities they undertook. Eventually some common themes emerged: older adults engage in learning to compensate for previous losses and to strive for their survival. Many older adults frequently quoted their past learning experience as one of the reasons why they were still engaged in learning activities. Not having had the chance to learn when they were young made them value the opportunity to learn in later life. They also learn to help them cope with inevitable health-related changes in aging and chronic illnesses. Their living arrangement was another reason to keep them actively learning. One older adult who was living alone admitted that she was keen to learn everything because her knowledge gave her a sense of security and a feeling that she was able to survive in living alone.

### Is learning in later life beneficial to older adults' health?

Research indicates that learning in later life may preserve older people's physical and cognitive functional ability and enhance their adaptability and appreciation of life, thus reducing their dependence on family and government support (Balatti & Falk, 2002). In addition, younger people can communicate with their older relatives/friends about the learning activities, and this can help younger people to understand more about the challenges of ageing (Shum et al., 2006). Thus it can be seen that learning in later life contributes not only to individuals' well being but also to harmony within the family and society.



Jacky, our Year 4 student, is helping old adults to get health information from the internet.

### Should nurses be concerned about learning in later life?

Health has always been ranked as the preferred subject of study by older adults (Leung et al., 2005; Purdie & Boulton-Lewis, 2003). As Peterson (1984, p.11) asserted, "learning about health maintenance practices is important at every age but has particular significance for older adults...It is important that they learn both preventive measures and new strategies for coping with the chronic conditions that occur in 80 percent of the older population". Obviously health-related learning is a crucial area of learning in later life. Its importance has been acknowledged not only by older adults but also by health professionals. Integrating adult education principles in health promotion and health education in an ageing population is highly recommended and health professionals have many opportunities to grasp natural teachable moments in their practice to enhance the effectiveness of primary health care interventions and treatment regimes. [n](#)

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- Leung, A., Lui, Y. H., & Chi, I. (2005). Later life learning experience among Chinese elderly in Hong Kong. *Gerontology and Geriatrics Education*, 26(2), 1-15.
- Peterson, D. A. (1984). Aging and higher education. In D. A. Peterson, J. E. Thornton & J. E. Birreu (Eds.), *Education and Aging* (pp. 30-61). New Jersey: Prentice Hall.
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- Shum, W. C., Siu, K. Chui, E., Chi, I., Chan, K. S., Leung, A. (2006). A community intergeneration programme at the University: changing the youths' perception about aging, Presented in the 14th Annual Congress of Gerontology. 25 November 2006.



# Problem Based Learning in Clinical Education:

## Promoting Students' Critical Thinking and Deep Approach to Learning

Clinical education is a key component in undergraduate nursing education that provides students with real-life opportunities to apply their knowledge in practical and authentic situations and allows students to attain necessary competence through the learning of clinical skills (Oermann & Gaberson, 1998). Problem-based learning (PBL) is known to be an effective teaching and learning strategy in engaging students in a deep manner, in such a way can enhance students' critical thinking and problem solving abilities (Barrows & Tamblyn, 1980; Hmelo & Ferrari, 1997). Nurses who are skilful in critical thinking are considered to be more capable of making competent clinical judgments (Daly, 1998; Facione, Facione & Sanchez, 1994). A dedicated team including Dr. Sophia Chan, Dr. Agnes Tiwari, Dr. Emmy Wong, Dr. Wendy Lam, Mr. Alan Wong, and Professor Niv Patil, obtained several teaching development grants to build capacity in the teachers, and to pilot the use of CPBL as a learning methodology in the Bachelor of Nursing 2003-04 cohort. Preliminary results obtained through students' focus group interviews revealed satisfaction and appreciation of teachers' efforts and perceived benefits of using clinical PBL. The clinical teachers expressed their need of support, training, and learning resources for effective clinical PBL implementation. With the success of the pilot work, CPBL is now in full implementation across all the four year of study. All the CPBL sessions were facilitated by our dedicated clinical instructors who have received PBL training.

We use a one group before and after quasi-experimental design, and administered the revised two-factor Study Process Questionnaire (R-SPQ)-2F) was administered to compare student approaches to learning before and after a period of nursing practicum in which CPBL was implemented. Preliminary findings indicated that our students demonstrated development in critical thinking capability and were more likely to employ a deep approach of learning over the period of three semesters with the implementation of clinical PBL in the curriculum. The effect of clinical PBL on promoting critical thinking was not immediate, but developed over time, while its effect on promoting a deep approach to learning was more instant among our nursing students. The critical thinking capability, measured by the Chinese Critical Thinking Disposition Inventory (CCTDI; Tiwari, 1999; Tiwari et al., 2000), did not change in the first semester but improved significantly afterwards. Our students improved significantly in deep approach (R-SPQ-2F; Biggs, Kember & Leung, 2001) when clinical PBL was first introduced and the effect was sustained until the end of the study.

Through the focus group interviews, our students expressed that tutor stimulation was important in facilitating clinical PBL which resulted in the demonstration of critical thinking capabilities and more active and expressive

in the learning process with enhanced motivation, recall, and understanding of the learning material. The findings were also supported by the feedback from our clinical PBL facilitators. Some limitations included limited time in the CPBL process, and the supporting facilities such as physical environment, IT support in the clinical area, can be improved.

Both quantitative and qualitative data suggested that the students adopted a deep approach to learning in which CPBL was implemented. The project provided valuable empirical data for the future development of an evidence based PBL clinical education model for nursing students. We sincerely thank all clinical instructors who have facilitated the CPBL sessions, without which, the success of the project would not have been possible. 



# Outgoing Student Exchange

## Experience @ University of Pennsylvania



Wong Hoi Ling, Karin  
Yip Yun Nam, Ginny  
Shum Jannie Gem, Jannie  
Wong Wing Man, Yormi  
Fong Kam Mui, Candy

### Year 2 students

Amazing! Marvelous! Fantastic! Wonderful! These are the words perfectly describing our two-week exchange experience in the University of Pennsylvania, School of Nursing. During this period, we participated in lectures, labs and clinical visits and had an excellent opportunity to learn about the health care system of the United States. It was really an unforgettable and invaluable experience!

We attended four lectures and found that students were very active. What impressed us most is that they are life-long learners. Some classmates are degree holders and some even are mothers. It seems that they never get bored in studying and want to acquire as much knowledge as possible in their lives.

We also participated in a laboratory session. Surprisingly, these are not compulsory, but students must pass the laboratory examinations. For every laboratory session, students have to prepare on the topics and make appointment with the teachers. Learning is self-directed as students have to explore knowledge by themselves.

Additionally, we visited the Hospital of the University of Pennsylvania. Each ward is spacious and can accommodate about 40 patients. One or two patients occupy a well equipped room.. With more space and facilities, patients have a better place for recovery and infection control can be carried

out more successfully. Nurses in the USA are responsible for taking care of 4 to 8 patients, which is in stark contrast to that of 14 to 18 patients in Hong Kong. Therefore, nurses in USA are doing well in total patient care with more communication, education and physical assessment.

The health care system of the USA, is very different from that of Hong Kong. In the USA, most citizens have health insurance, so their medical expenses are paid by the insurer. However, in Hong Kong, most hospitals are under management of the Hospital Authority. The huge medical expenses of the public hospitals are chiefly paid by the government. As a result, the government is now under financial strain.

To conclude, we would like to extend our heartfelt thanks to the two Departments and Universities, and those who made the program such a success. Through immersion in a different culture, we gained a better understanding of ourselves which facilitated our personal growth. As this exchange experience has broadened our horizons academically and culturally, we sincerely hope that further activities of a similar nature can be organized to set up a platform for student exchange and growth.

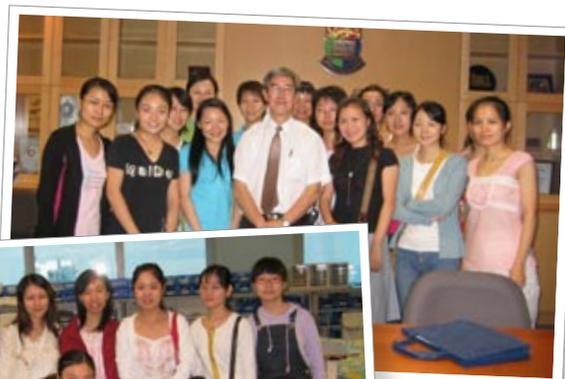


Dr Marjorie Muecke, Assistant Dean, Global Health Affairs, University of Pennsylvania School of Nursing, took great care of us during the trip.

# Incoming Student Exchange

## Sun Yat-sen University Students @ HKU

The Department is delighted that two groups of Bachelor students and Masters students from Sun Yat-sen University, Mainland China visited the Department in November and October 2006 respectively. Their visits and keen participation in our teaching activities greatly strengthened the academic and cultural exchange between the two regions.



## UPenn students @ HKU

Prof Sarah Kagan, Professor of Gerontological Nursing, University of Pennsylvania School of Nursing, led a group of ten students and her teaching assistant to visit the Department during 23 April – 3 May 2007 and conducted a course on “Comparative Health systems: Hong Kong”. The group also visited various clinical sites such as Queen Mary Hospital, Tung Wah Hospital Clinical Centre for Traditional Chinese Medicine, Fung Yiu King Hospital, Grantham Hospital and Aberdeen Kai Fong Welfare Association and gained a deep insight of Hong Kong’s health care system.



## Graduates' Message

### Kelvin Cheng Sau Kong (2002 Graduate, Bachelor programme)

#### Current Post:

Project Officer (Integrated Care Programs)  
Strategy & Planning  
Hospital Authority



For contemporary health care, quality is on the top of every health care executive’s agenda and should neither be compromised nor forgotten. In the health care discipline, it is always people who deliver quality patient care services. Over the years, the Department of Nursing Studies, The University of Hong Kong has been taking the lead in training professional nurses for our health care system. I am honored to be one of those.

Thanks to the Department, nursing graduates like me were nurtured in an innovative curriculum with the provision of a challenging and holistic nursing education and; each of us was prepared to become leaders of the profession and make a difference in the nursing discipline.

Apart from being equipped with essential nursing knowledge and skills, we were also encouraged to develop a caring attitude. I think this is particularly important as, while nursing techniques change with the advancement of medical technology, a caring attitude continues to be the timeless mainstay of the nursing profession. It has been well known that nurses work under tremendous pressure and face difficult challenges in day-to-day clinical duties. It’s true that we sometimes get frustrated by our heavy workloads and can become exhausted with patients’ and relatives’ demands. Under such circumstances, only a caring attitude can help nurses strive through those challenges.

Nearly five years after graduation, a caring attitude makes me to calm down the tension and encourage me to fight for the benefits of patients, both at clinical level and corporate level.

Memories of having been a member of the Department will keep flashing through our minds whenever we walk down Sassoon Road or meet nursing students undertaking their practicum. And I also believe the caring attitude we learnt during the four years at the Department will accompany all of us in fulfilling the uncompromised mission of providing quality health care services to the people in Hong Kong.

### Ida Chung Yuk Lan (2006 Graduate, Masters programme)

#### Current Post:

Advanced Practice Nurse,  
Department of Paediatric Surgery  
Prince of Wales Hospital



I’ll never forget what my teacher said to me: “to do as much to protect the interests of patients.”

It is becoming clear that the pattern of nursing and the nature of hospital work is changing radically. With the advancement of medical technology and

information enhancement in society, the role of the patient is also changing as patients are keen to ask questions about the state of their health. It is more challenging to be a nurse today, and for this reason nurses need to further broaden their knowledge and skills.

The Master of Nursing Programme was tailored-made to enable me to develop my skills and knowledge. I now work as an Advanced Practice Nurse and the analytical and logical thinking skills I gained in my Masters degree help me to deal with day-to-day issues in practice. I have also gained coaching and counseling skills which help me to facilitate the development of knowledge and skills in junior staff and nursing students. I also believe I have equipped with communication skills which enable me to network and work productively with multi-disciplinary healthcare professionals, community organizations and the general public.

# Department Highlights

## Academic Visitors

During 8-9 November 2006, Prof Karen Luker, Head of School of Nursing, Midwifery & Social Work, The University of Manchester, visited the Department and conducted workshops on "Writing for Research Publication" and "Writing for Research Proposal" for staff members.



Prof Neville Strumpf, Edith Clemmer Steinbright Professor in Gerontology, University of Pennsylvania School of Nursing, visited the Department in early November and had consultative meetings with staff members and research students.

During 15-18 January 2007, Prof Bonnie Stevens, Professor of Faculties of Nursing and Medicine, University of Toronto, visited the Department and conducted a seminar on "Pain Assessment and Management in Infants and Children" for academic and clinical staff.



On 9-10 February 2007, a Departmental Retreat was held to provide an opportunity for teaching staff members to sit together and discuss the future directions of the Department. Prof Judith Parker, Professor Emeritus of University of Melbourne and Honorary Professor of the Department, and Prof Joyce Fitzpatrick, Professor of Francis Payne Bolton School of Nursing, Case Western Reserve University, had joined the retreat and had very good interactions and constructive dialogues with staff members on critical issues such as research directions and educational reform. During their stay, Prof Parker and Prof Fitzpatrick also conducted several workshops and had consultative meetings with staff members.



Visiting the Department on 16-24 March 2007, Prof Jane Barnsteiner, Director of Nursing Translational Research University of Pennsylvania School of Nursing had conducted various workshops and seminars

for both staff and students under the themes of translational research and evidence-based practice. Prof Barnsteiner is also the External Examiner for the Master of Nursing Programme of the Department.

The Department, in collaboration with the Public Health Research Centre and the Medical and Health Research Network, HKU had invited Prof Linda Aiken, School of Nursing University of Pennsylvania, to conduct a research round table meeting on 8 May 2007 where staff members discussed their research initiatives with Prof Aiken and explored opportunities for possible collaboration. Prof Aiken also joined the staff members at the International Nurses Day Dinner co-organized by all nursing institutions in Hong Kong.



Prof David Michael Gregory, Professor of Nursing, School of Health Sciences, University of Lethbridge, Canada visited the Department on 21-25 May 2007 in his capacity of External Examiner for the Bachelor of Nursing (Part-time) Programme. During his visit, Prof Gregory had various consultative meetings with teachers and student representatives, and gave two seminars on "Art as Epiphany: Understanding Human Suffering" and "Not Alone in the Field: Distance Collaboration Using the Internet in a Focused Ethnography".

Ms Joanne Saxe, Clinical Professor, Department of Community Health Systems, University of California, San Francisco conducted an Advanced Health Assessment course for the Master of Nursing programme on 20-26 June 2007.



Students of the course bought a birthday cake for Ms Saxe to celebrate her birthday together.

## 5th Annual Conference of the International Society for the Prevention of Tobacco Induced Diseases and the Post-conference Workshop on Treatment of Tobacco Dependency

The Department co-organized the 5th Annual Conference of the International Society for the Prevention of Tobacco Induced Diseases with Department of Community Medicine, HKU on 24-26 November 2006 in Hong Kong. This was the first time this important meeting had been held in Asia and was broadly interdisciplinary in focus targeting nurses, dentists, medical practitioners, and other health professionals. Following the Conference was a Post-conference workshop on Treatment of Tobacco Dependency of which Dr Sophia Chan was the workshop director.

The two-day workshop was designed to provide information and training on the prevention of harm from active and passive smoking with an emphasis on the treatment of tobacco dependency. It focused on developing participants' skills in the treatment of tobacco dependency. The workshop was attended by a wide spectrum of participants including health care professionals (nursing, dental, and medical professionals) from Hong Kong and overseas. It featured international and local speakers who are experts in conducting smoking cessation activities and a total of 84 local and overseas participants registered.

## Appointment Ceremony for Honorary Teachers

The Department places high importance in the clinical education of the full-time bachelor students and to ensure the provision of the best clinical education in the programme, Honorary Teachers from various public and private hospitals in Hong Kong are appointed from time to time. For 2006-2008, the Department has appointed more than 500 Honorary Teachers, many of who serve as clinical mentors of various practica within the programme and supervise the students in specialty areas such as mental health, obstetrics, community, accident and emergency, operating theatre and recovery nursing. On 18 October 2006, an Appointment Ceremony for Honorary Teachers was held which was well attended by Honorary Teachers, including key General Managers (Nursing), Senior Executive Managers/Nursing, and Matrons from various hospitals and the Hospital Authority. This was a remarkable event as it symbolized further collaboration between the Department and various clinical agencies in providing quality nursing education, in addition to the provision of practicum venues by the latter since the beginning of the bachelor programme.



## The 13th Hong Kong International Cancer Congress

The 13th Hong Kong International Cancer Congress was held on 15-17 November 2006. As a part of the team, the Department actively participated in organizing the congress and hosted an education symposium entitled "Enhancing quality of care for cancer patients and family: Nursing perspectives". Four prestigious local speakers were invited to share their research studies and clinical experience of how to provide better services and improve quality of care for cancer patients and their family. The symposium was well-received by the participants.

## HKU Reunion at the Races

The 4th "HKU Reunion at the Races" was held in conjunction with the HKU Alumni Association Challenge Cup at the Sha Tin Racecourse on January 20, 2007. Dr Sophia Chan invited clinical partners of the Department to join this special occasion to enjoy the delightful atmosphere over luncheon and the excitement of horse racing.

## Spring Reception

To celebrate the arrival of the Chinese New Year, the Department, for the first time, organized a Spring Lunch Reception Gathering on 27 February 2007 and invited good friends from the clinical community to join this auspicious event with its staff members



## MOU Signing

On 2 May 2007, a Memorandum Of Understanding Signing Ceremony was held between the Department and the Frances Payne Bolton School of Nursing, Case Western Reserve University, USA. The signing of the MOU heralded a step in the fostering of co-operative ties and further collaboration between the two universities. It

is understood that the MOU would help to build closer ties by reaffirming the two schools' commitment to work together in research collaborations, and also through cultural knowledge via the exchange of both faculty staff and students. The Department was much honored to have Prof Marilyn Lotas and Prof Joyce Fitzpatrick of the Frances Payne Bolton School of Nursing coming to Hong Kong for the ceremony, and also have Prof Raymond Liang, Acting Dean of Medicine, officiated at the ceremony.



# R Recent Research Publications (Dec2006 – July2007)

## Selected referred publications from December 2006 to July 2007:

**Chan S.S.C.**, Chow M.K., Loh E.K.Y., Wong C.N., Cheng K.K.F., Fung W.Y.C. and Cheung P.S.Y., Using a community-based outreach program to improve breast health awareness among women in Hong Kong. *Public Health Nursing*. 2007, 24(3): 265-273.

**Chan S.S.C.**, Sarna L., Wong C.N. and Lam T.H., Nurses' tobacco-related knowledge, attitudes, and practice in four major cities in China. *Journal of Nursing Scholarship*. 2007, 39(1): 46-53.

**Chan S.S.C.**, Sarna, L., Danao, L.L. (In press) Are nurses prepared to curb the tobacco epidemic in China?: A survey on schools of nursing. *International Journal of Nursing Studies*.

**Lee A.C.K.**, Tang S.W., Yu G.K.K. and Cheung R.T.F. (In press) The smiley as a simple screening tool for depression after stroke: a preliminary study. *International Journal of Nursing Studies*.

**Lee A.C.K.**, Tang S.W., Yu G.K.K. & Cheung R.T.F. (In press) Incidence and predictors of depression after stroke (DAS). *International Journal of Psychiatry in Clinical Practice*.

**Leung A.Y.M.**, Ko P., Chan K.S., Chi I. and Chow N.W.S., Searching health information via web: Hong Kong Chinese older adults' experience. *Public Health Nursing*. 2007, 24(2): 169-175.

**Li W.H.C.** and Lopez V., Development and validation of a short form of the Chinese version of the state anxiety scale for children. *International Journal of Nursing Studies*. 2007, 44: 566-573.

**Li W.H.C.**, Lopez V. and Lee T.L.I., Psychoeducation preparation of children for surgery: The importance of parental involvement. *Patient Education and Counseling*. 2007, 65: 34-41.

**So K.W.** and Chui Y.Y. (In press) Women's experiences of internal radiation treatment for uterine cervical cancer. *Journal of Advanced Nursing*.

**Tarrant A.M.**, Knowledge, attitudes, exposure and future intentions of Hong Kong university students toward infant feeding. *JOGNN*. 2007, 36: 243-254.

**Tarrant A.M.** (In press) A Theoretically-based infant feeding educational intervention with baccalaureate nursing students. *Nurse Education Today*.

**Tarrant A.M.**, Knierim A., Hayes S.S.K. and Ware J., The frequency of item writing flaws in multiple-choice questions used in high stakes nursing assessments. *Nurse Education in Practice*. 2006, 6: 354-363.

**Tiwari A.F.Y.**, Fong D.Y.T., Chan E.K.L., Leung W.C., Parker B. and Ho P.C. (In press) Identifying intimate partner violence: comparing the Chinese abuse assessment Screen with the revised conflict tactics scales, *BJOG*.

## Students Present in Conferences

Ms Ismail Zarina, a MN student, supervised by Ms Winnie So, presented a poster at the 14th International Conference on Cancer Nursing on 27 September – 1 October 2006. The title of her poster is "Anxiety and uncertainty in women undergoing surgery for gynecological cancer".

Ms Tse Kar Yee, a MN student, supervised by Ms Winnie So, presented a podium presentation at the 4th Orthopaedic Nursing Conference 2006. The title of her paper is "Nurses' perceptions of pre-operative teaching for ambulatory surgical patients".

Ms Guo Nan, a MPhil student supervised by Dr Sophia Chan, presented a poster at the 11th Research Postgraduate Symposium organized by the Li Ka Shing Faculty of Medicine on 7 December 2006. The title of her poster is "Knowledge, attitudes and practice (KAP) on smoking cessation among health care professionals in Guangzhou, China".

Mr David Wong, a PhD student supervised by Dr Sophia Chan, presented a paper at the 11th Research Postgraduate Symposium organized by the Li Ka Shing Faculty of Medicine on 7 December 2006. The title of his paper is "An application of the theory of planned behaviour to explain the intention to quit smoking among adolescent smokers in Hong Kong".

Ms Kitty Siu, a BN Year 4 student, supervised by Dr Angela Leung, presented a paper in the 14th Annual Congress of Gerontology organized by The Hong Kong Association of Gerontology. The title of her paper is "A community intergeneration programme at the university: changing the youths' perception about aging".

# In the Media

In the past few months, some staff members were reported or interviewed by the media on their research, achievements and expertise:



May 2007

**Dr Sophia SC Chan**

**Training of pharmacists in smoking cessation counselling**

Oriental Daily



March 2007

**Dr Sophia SC Chan**

**Women Against Tobacco Taskforce**

Sing Tao Daily



May 2007

**Dr Sharron SK Leung**

**Post-natal Depression**

Metro Daily



January 2007

**Dr Sophia SC Chan**

**First Smoking Cessation Project for Female Smokers**

Metro Daily

# Congratulations

## Awards of Research Grants

The following staff members are the Chief Investigators on projects recently awarded through local and international funding bodies:

### 1. Run Run Shaw Research and Teaching Endowment Fund

Sharron SK Leung, Interactive online learning through WebCT on communication skills

### 2. Leung Kau Kui Research and Teaching Endowment Fund

Angela YM Leung, Generations as Partners in Education (GAPIE): A service learning project in gerontology

### 3. Flight Attendant Medical Research Institute, USA

Sophia SC Chan, Randomised controlled trial (RCT) of a family intervention to reduce SHS exposure in children

### 4. Earmarked Teaching Development Grants (TDGs) for 4-year Undergraduate Curriculum Reform

Agnes FY Tiwari, Transforming student learning: Interdisciplinary education: A means to enhance teamwork and learning among students from different disciplines

### 5. Studies in Health Services, Health, Welfare and Food Bureau, HKSAR

Sophia SC Chan, Evaluating the impact of the new anti-smoking legislation on secondhand smoke (SHS) exposure of children in the homes

Sophia SC Chan, An evaluation of the new anti-smoking legislation on youth smoking and quitting behavior in Hong Kong

### 6. Seed funding Programme for Basic Research, HKU

Sharron SK Leung, A quasi-experimental study on cognitive-behavioural programme for work-related stress of secondary school teachers in HK: a pilot study

## 7. Small Project Funding, HKU

Sophia SC Chan, A randomized controlled trial on a low intensity smoking cessation intervention with feedback on secondhand smoke exposure among non-smoking spouse and children to the smoking father: a pilot study

Marie Tarrant, Changing infant feeding models: Impact of cessation of complimentary infant formula in public hospitals on the duration and exclusivity of breastfeeding

Winnie KW So, Preoperative anxiety and uncertainty of gynecological cancer patients

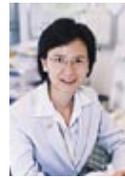
## 8. The Hong Kong Council on Smoking and Health

Sophia SC Chan, Promoting women smoking cessation after the implementation of the new smoke free legislation



## Promotion

Dr Angela YM Leung, who joined the Department in 2004, has recently been promoted to Assistant Professor.



## Honorary Award

The Department is delighted to know Assistant Professor Ms Winnie KW So has received an award "Doris Kemp-Smith Award" from the University of Colorado Health Sciences Center School of Nursing which annually presents the award to one of its graduate student and one faculty member to support their research. Ms Winnie So is currently studying her PhD degree at that University.

# New Faces



**William HC Li (李浩祥)**  
**Assistant Professor**

I joined the Department as an Assistant Professor in January 2007. I obtained my RN qualification from the Government's School of General Nursing at Queen Mary Hospital. After working as an RN in Queen Mary Hospital and Tuen Mun Hospital, I worked as a nurse instructor in The Chinese University of Hong Kong since 1998. During these years, I had participated in various kinds of clinical teaching activities and supervisions in undergraduate level.

I obtained my MPhil and PhD degrees in nursing in The Chinese University of Hong Kong in 1999 and 2006, respectively. My research interests are in the psychosocial care of child and adolescent, validation of instruments and psychometric measurement, and public health nursing.



**Eliza ML Wong (黃美玲)**  
**Teaching Consultant**

I attained my basic nursing training at Queen Elizabeth Hospital, my Bachelor and two master degrees (Master of Health Administration and Master of Nursing) in University of New South Wales and Deakin University, Australia. I am now studying my PhD at The Chinese University of Hong Kong. Since 1997, I have worked as a nurse instructor, lecturer practitioner and professional consultant at Nethersole School of Nursing of The Chinese University of Hong Kong. My research interest mainly focuses on acute care such as pain management for orthopedic surgery, triage pain management, wound care in emergency nursing.



**Annemarie HW Cheung (張可耘)**  
**Clinical Instructor**

I have joined my alma mater as a clinical instructor since early 2007. I obtained both my bachelor and masters degree of nursing in The University of Hong Kong. After being qualified as a registered nurse, I have the experience in medical and surgical, gynaecological oncology, and intensive care nursing. My current research interests focus on public health, health education and intensive care nursing.



**Janet YH Wong (黃婉霞)**  
**Clinical Instructor**

I joined the Department as Clinical Instructor in January 2007. I obtained both my Bachelor of Nursing and Master of Nursing in The University of Hong Kong. I possess clinical experience in health education, health promotion, medical and surgical nursing after achieving my baccalaureate degree. During my education, I develop my research interests on family violence and women's health. I am honored to come back to this family and give my contribution to prepare our graduates to deliver quality nursing care to those in need and improve health of the community.



**Ricky WK Yuen (袁偉傑)**  
**Clinical Instructor**

I joined the Department in January 2007. I am a registered nurse in Hong Kong. I obtained both my Bachelor of Nursing and Master of Nursing at The University of Hong Kong, and the Master of Counselling at The University of South Australia. I have clinical experience in medicine and surgical, orthopaedics and traumatology care, as well as community nursing service. I have been a smoking cessation counsellor since 2005. My research interests focus on men's health and fathering; psychotherapy and counseling; smoking cessation; nursing education and public health.

# Message from the Alumni Association

## 1st Anniversary of The University of Hong Kong Nursing Alumni Association

The University of Hong Kong Nursing Alumni Association (HKUNAA) celebrating its 1st anniversary this year. I was delighted and honoured to be elected the treasurer in the AGM held on 1 Feb 2007. I have great pleasure in welcoming Mr. Wong Kin Hang, Miss Yung Wai Yi Annie and Mr. Henry Wong who have become board members of the HKUNAA.

The HKUNAA was founded in May 2005. It is an independent association which organized by nursing graduates of The University of Hong Kong. The mission of the association includes forming an affiliation with nursing graduates (團結校友), to link with the University (敬師愛校), to promote the academic advancement of the nursing profession (促進學術交流) and to participate in public affairs (參與社會事務). Over 50 alumni have joined the association. Although the number of members is still small, they come from different years of graduation, different courses and different degrees. After joining the association, alumni can meet colleagues who work in different hospitals and health care settings in Hong Kong. It is really a good place to increase our networking within our profession and the university. Furthermore, our member will enjoy 10% discount to continue their study when applying the advanced certificate/advanced diploma in Health Informatics, which organized by the division of Information Technology of HKU SPACE.

In the past year, our committee members conducted an introductory talk to undergraduates and part-time degree nurses to let them know about the association. The association organized a Macau Visit on the last May 2006. Over twenty alumni join the visit. In the visit, we understood the recent nursing education in Macau and shared our nursing professional development with nursing professors in Macau. To promote the sense of belonging, a specially designed nursing alumni badge is available for our member and our department.

Our alumni also have actively participated in the department's activities the 1st Hong Kong Nursing Forum. After the Forum, HKUNAA had organized a gathering dinner for our members and invited representatives of Nursing Society to join. It gave us a great opportunity to let our members to meet

with each other and to increase our linkage within our profession. We shared about our career path; our expectations in the profession; our future development and our experiences with nursing student representatives.

In order to increase the linkage with the University, the association has meetings with the Department Head Dr. Sophia Chan. Our alumni will know about the coming events of the association through the alumni column in Nursing Department Newsletter and our website: <http://www.hkunaa.org>. We will actively participate in the Department's activities like joining the career talk for the final year nursing students, and will work more closely with Nursing Society to promote our linkage.

Last but not the least, the HKUNAA is planning to join with the Department to organize a China Trip and may go to Sun Yat-sen University School of Nursing. It is good for our alumni to understand nursing developments in GuangZhou. If any alumnus is interested with our activities, please check with our coming newsletter. [n](#)

(The membership form can be downloaded from our website. The HKUNAA mail address: The University of Hong Kong Nursing Alumni Association, 4/F, William M.W. Mong Block, Faculty of Medical Bldg., 21 Sassoon Road, PokFulam, Hong Kong.)



HKUNAA 1st AGM 2005-2006 and Committee Members (2005-2006)  
(From left: Henry Wong, Wong Kin Hang, Kitty Tang, Ng Kuen To, Penny Wong, Annie Yung, Veronia Tsui, Shum Suet Kam, Chui Sing Kwan, Thomas Lam)

# Message from the Nursing Society

## Here it comes! Vulcan, the 5th cabinet of the Nursing Society

The new cabinet of the Nursing Society, Vulcan, has been officially formed in the General Polling in January 2007.

Vulcan is the God of Fire in Greek mythology. The executive committee hopes that we would serve the members with the passion of never-ceasing

fire and act as a bridge for communication between the Department of Nursing Studies and members.

The Nursing Society was established in 2003. We thank the past executive committee for their devoted hard work and commitment. This year, we have planned a variety of activities to celebrate its fifth birthday. We would mainly focus on the welfare of members and the cooperation with the Department of Nursing Studies during our term of office. We will strike hard to achieve the aims.

Lau Siu In, Dodo  
Chairperson  
Nursing Society, MS, HKUSU, Session 2007



Recently, the Inauguration Ceremony has been successfully held in William M W Mong Block Lecture Theatre 1. We were honored to have Dr Joseph Lee Kok Long, JP, Member of the Legislative Council and Dr Sophia Chan, Head of the Department of Nursing Studies to be the honorable guests to deliver their speeches to us. It was also our greatest pleasure to have guests from our Department, from external health organizations and from student bodies present in our ceremony. We had an unforgettable and valuable moment that night. All our guests' presence certainly brightened our ceremony. Without their support, the ceremony would not be so successful.

In April, we had Superpass lunch which welcomed all members of the Nursing Society and all staff from the Department of Nursing Studies. Superpass meal has long been a HKU tradition before examinations. We do hope by providing this opportunity, there can be more communication achieved among members for sharing study experiences. The event was a golden chance for the sharing among participants and a good chance for giving best wishes to the members for their examinations.

Soon, we would have a joint-university interflow programme which is, as its name, a joint-university study tour outside Hong Kong to learn more about nursing in other places in the world. This year, the proposed destination would be South Asia, and the programme would be organized with Nursing Societies of the other universities in Hong Kong. This is an excellent chance for members to broaden their horizons and meet new friends from other universities and in places outside Hong Kong. Besides, participants may have chances to visit hospitals to see how nurses work and the differences in other places and in Hong Kong. The activity would be held in late June or July.

In the coming months, we would have an Orientation Programme which includes Orientation Days and Orientation Camp, Nursing Festival and Halloween Corners etc. All these activities are specially designed and well-organized for the participants. Success depends on participants' support. We hope all our participants would enjoy these activities.

Finally, may we wish all members to superpass in their examinations and all staff to feel easy in their work! 



## Goodbye

Dr Caroline Chui (Teaching Consultant), Mr Dave Lam (Clinical Instructor) and Ms Rose Heung (Clinical Instructor), have left the Department to pursue their own endeavours. The Department and all staff members warmly send our best wishes to all of them.

## Deep Condolences

The Department expresses its deepest condolences to the family of Mr Tsui Sing Kwan, who unfortunately passed away at his young age in May 2007. Sing Kwan was our alumnus and a key member of the Executive Committee of the Nursing Alumni Association. He was a very dedicated nurse and an excellent educator who had been a mentor for our nursing programmes since the Department was first started. Sing Kwan will be dearly missed and remembered by all of us in the Department.

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