

# Nurse Letter



## Head's Message

### *A Vision for the Future*

**Prof Agnes Tiwari**  
 Professor and Head



I feel very privileged to have taken on the role of Head in a School that has achieved so much over its sixteen year history. The School has an excellent reputation within the University and the health care system as well as in the wider community of nursing scholars around the world and I feel honoured to be in a position to build upon this heritage. Over the period of my leadership, I will seek to position the School to be at the forefront in Hong Kong and the region and comparable with the best in the world.

It is commonplace nowadays to say that students need to be prepared for a future of change and innovation. The curriculum advances being planned in the university will ensure our students are more broadly prepared to be educated citizens of the future. They will face constant change and challenge in their professional lives and we need to prepare them for the flexibility and creativity that will be demanded of them and, indeed, expected by them.

However, in looking towards the future it is clear that there are a number of challenges ahead that we will need to address if we are to achieve this goal. The technological revolution has already resulted in unprecedented transformation of our everyday lives, as we adjust, some of us more quickly than others, to the implications of the shifting forms of communication and social networking. Healthcare systems are adapting to the changes being wrought by medical and surgical innovations, with implications for staffing budgets and community resources because of increasingly rapid rates of patient through put. Pressure on budgets is also coming from the need to replace expensive equipment as it is rendered obsolete through technological advances. These changes are forcing healthcare leaders to look very closely at the health workforce and consider innovations that would have been unthinkable and unworkable a generation ago.

I believe, that in preparing for this prospect, we need to reach out to other disciplines within the university and beyond to explore a range of creative possibilities for our imagined future in practice, research, teaching and learning, and engagement with the community. We have to think beyond our traditional

mindsets and open ourselves to ideas stemming from disciplines that might not at first glance seem to be congruent with our own. I have a vision of expanding the School into a far wider universe of scholarship, innovation, research and teaching. I want to break down traditional barriers to position the School as a centre of creativity, connection and sensitivity.

Linked to developments in technology that we will draw upon and utilise are issues of human rights and ethics. Nurses practice, teach and research at the interface of human suffering and technological intervention. I would like to see the School move forward into the future with focused collaborations beyond our current divisions so that we can concentrate on our nursing mission in a vastly changing world.



# Feature Story



**Dr William Li**  
Assistant Professor

## Research

### A Long Battle with Cancer: Children Need Hope to Grow and Strength to Fight



Childhood cancer is the second leading cause of death among Hong Kong children above the age of one and claims the lives of 50-60 children a year.<sup>1</sup> While advances in cancer screening and treatment and improved prognosis have resulted in a decrease in mortality rates, the course of cancer treatment continues to be a very distressing experience in the life of a child.<sup>2</sup> Treatment may incorporate chemotherapy, radiotherapy, surgery and bone marrow transplantation, alone or in combination, any or all of which may lead to long-term and lasting physical and psychosocial damage, severely affecting a child's quality of life. Whilst much of the research has concentrated on medical issues or treatment outcomes, the impact of cancer, in particular the side effects of treatment on the physical and psychosocial well-being of children, remains relatively underexplored in Hong Kong. Given these issues, two studies<sup>3,4</sup> were conducted in 2009 and 2010 to shed light on the impact of cancer on the physical and psychosocial well-being, in particular the quality of life of Hong Kong Chinese children hospitalized with cancer.

#### Methods: Study One

Ninety-eight Hong Kong Chinese children aged 7 to 15 years, admitted for treatment of cancer in 2 paediatric oncology units, were invited to participate in the cross-sectional study. Participants were asked to respond to the Chinese version of State Anxiety Scale and the Center for Epidemiologic Studies Depression Scale for Children during hospitalization. A brief semi-structured interview was also conducted with each participant before discharge home.

#### Results: Study One

The results showed that pain, nausea, lack of appetite and fatigue were the most common physical concerns reported by children. As for the impact of cancer on the emotions, results indicated that most children have considerably high state anxiety scores on admission for treatment for cancer. The results of semi-structured interviews revealed that nearly all children expressed different degrees of sadness and worry. Findings from this study also indicated that more than half the participants presented some depressive symptoms during their stay in hospital. As for the impact of cancer on psychosocial well-being, the issues most frequently talked about by children in the interviews were feelings of alienation and being confined. Furthermore, a major concern for older children, which affected their psychosocial well-being, was change in appearance, particularly hair loss.

#### Methods: Study Two

One hundred and thirty five Hong Kong Chinese children aged 9 to 16 years, who were admitted for treatment of cancer in a paediatric oncology unit, were invited to participate in the cross sectional study. Participants were asked to respond to the Center for Epidemiologic Studies Depression Scale for Children and the Pediatric Quality of Life Inventory™ Cancer Module. Additionally, each participant was asked to report the number and severity of the treatment-related symptoms that they experienced.

#### Results: Study Two

Results indicated that children receiving combined cancer treatment generally experienced greater symptom occurrence and severity. Additionally, children reporting greater symptom occurrence and severity experienced higher levels of depression and a lower level of quality of life. The study also revealed that therapy-related symptoms are a strong predictor of quality of life of children hospitalized with cancer.

#### Conclusion

The two studies have addressed a gap in the literature by investigating the experience of cancer, in particular the quality of life, from children's own perspectives in the Hong Kong Chinese context. The results reveal that cancer has some negative impact on children's physical, emotional, and psychosocial well-being and quality of life. There is an urgent need for nurses to evaluate appropriate interventions that can help children ease the burden of cancer treatment and enhance their quality of life. Most important, it is crucial to empower them with hope to grow and strength to fight at every step of their long and difficult cancer journey.

#### References

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# Teaching and Learning

Ms Veronica Lam  
Teaching Consultant



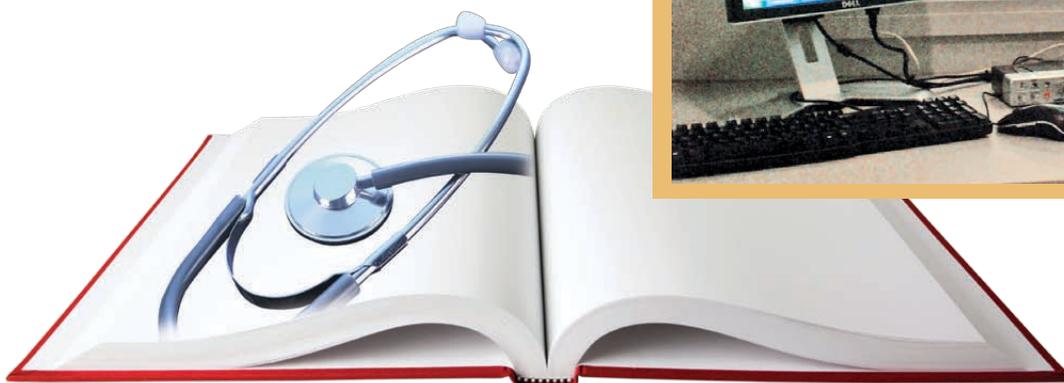
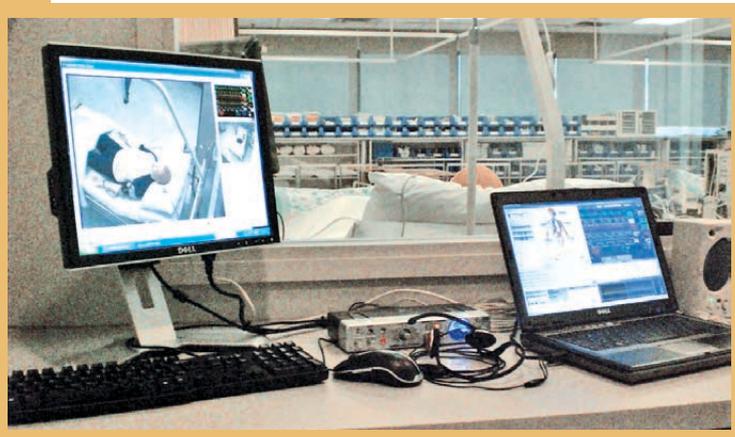
## The Use of Simulation in Teaching

High fidelity simulation activity is not simply a technology; it is a technique which can be used for amplifying real experiences in order to facilitate students' learning. The use of simulation in nursing education has many advantages. It allows students to practice their psychomotor skills before performing them on real patients thereby minimizing unsafe practice. It enables them to test their decision-making ability without consequences. It can also enhance students' team work collaboration, communication and leadership skills. In addition, through reviewing their performance from the video recording, students can reflect on their attitudes and performance.

So what should a facilitator do in order to make good use of this technique? From my point of view, there are three key elements that facilitators have to focus on: objective, interaction and debriefing, in order to maximise students' knowledge and skill competence. Facilitators should be clear about the objectives for different levels of students and the scenario should be written accordingly. For example, simulation activity in the

junior years can include fundamental assessment skills, scenarios related to daily patient care and simple problem solving, but for the senior years, the activity can range from life support to complex clinical situations. Furthermore, the interaction between a facilitator and students is important. Through the interaction and communication process, a facilitator can smooth the simulation process and direct students' actions toward the objectives. Indeed, the students' leadership skills can be practiced and polished throughout their interactions with others. Lastly, a debriefing session can assist students to clarify issues raised during the simulation and thereby reverse any negative experience. A good debriefing allows students to discuss the event and it also provides opportunities for them to reflect deeply on their performance, which can augment the knowledge that they gained.

Simulation offers the opportunity for students to learn about the complexity and dynamism of nursing care in a situation that imitates real life, without doing harm to patients. The use of this technique can be further expanded in the School of Nursing. As health care involves much more than a single profession, it requires collaboration with other health care professionals; therefore, students should benefit more through the inclusion of others, e.g. medical students, in simulation activities.





Mr Peter Lai  
ICU  
Queen Mary Hospital

## Clinical Excellence

### Challenges versus Opportunities in Critical Care Nursing

I am an Advanced Practice Nurse working in the adult Intensive Care Unit (ICU) of Queen Mary Hospital. Practicing in the specialty for more than 15 years, I have witnessed many changes in critical care nursing. Some of these changes reflect the translation and diffusion of research findings to improve clinical practice, while others represent the dynamics of socioeconomic remodeling in the profession.

In the eyes of the community, the intensive care unit is a mysterious place. It is not an uncommon belief among the older generation that patients admitted to ICU rarely leave the unit alive. Of course, with modern technologies and growing medical knowledge, we know that this is not true nowadays. One example to illustrate how evidence drives changes in clinical practice is the introduction of structured post-cardiac arrest care (sometimes referred to as “post-resuscitation bundle”), which includes elements such as prompt identification and treatment of the cause of cardiac arrest, maintenance of haemodynamic stability and therapeutic hypothermia. The length of stay in ICU and hospital for these patients is now getting shorter and neurological outcomes for this population in the post-ICU discharge phase has improved. As a member of the multi-disciplinary ICU team, ICU nurses play a pivotal role in planning care strategies specific to the pathophysiological manifestation of individual patients. They implement therapeutic interventions and protocols based on the best available evidence and adopt a family-centered approach to address the needs of patients’ significant others during the crisis.

Extracorporeal Membrane Oxygenation (ECMO) is another area that has received growing attention in the past few years. ECMO involves the use of an extracorporeal circuit which diverts venous blood to an artificial oxygenator for oxygen enrichment and carbon dioxide removal, and then returns the ‘processed’ blood to the body. It is used to support gaseous exchange in patients with severe respiratory failure refractory to conventional treatment and established its role in reduction of hospital mortality in the last H1N1 influenza pandemic. Other reports have also proven that ECMO can be effectively employed in patients with cardiac failure resulting from selected heart diseases such



as fulminant myocarditis. With support from our hospital management, adult ICU has become one of the ECMO centres in public hospitals. To embrace the technological innovation, ICU nurses need to keep abreast of the related knowledge and assume responsibilities in providing care to patients on ECMO therapy, who are often very sick. Inter-hospital collaboration in ECMO nurse training, coordination in case referral to ECMO centres and experience sharing through platforms such as critical care nursing forums and workshops have brought nurses of different ICUs ever closer. It also helps to align nursing practice with international care standards.

As with most public ICUs, another challenge that we have encountered is loss of experienced nurses to the private sectors. Despite manpower constraints, our ICU strives not only to sustain its service, but also to look into every possibility to develop new services to improve patient outcomes. Fortunately, there are groups of young, passionate and energetic nurses to fill the gap. Empowerment of this young workforce is a dynamic process resulting from the mutual interaction of different nursing generations and the cultural characteristics of the unit. People are empowered when they have access to opportunities, knowledge to make rational decisions, competence and control to have choices and experience to evaluate the effectiveness of the decisions they have made. To this end, ICU has refined its training model and methodologies according to the learning needs of the novice nurses. New nurses are invited to participate in planning of some training programmes to enhance their ownership. Simulation-based training and problem-based learning as a tool to help development of critical thinking, mastery of complex critical care concepts and ability to combat adversities have been successfully introduced. The ultimate objective is to ensure their smooth transition to become independent ICU nurses and as full-fledged members of the team.

ICU nurses are committed to provide specialty services to the critically ill and serve as part of larger nursing framework that emanates from the endeavours of Florence Nightingale and leads to enhanced worth and achievement.

# School of Nursing Highlights

## WHO Guideline Development

### Group Meeting

Professor Agnes Tiwari, Head of the School, attended the Guideline Development Group Meeting: Policy and Clinical Practice Guidelines for responding to Violence against Women on 12 to 14 September 2011 as a WHO Temporary Adviser. Professor Tiwari contributed to the drafting of the guidelines for the health sector response to violence against women, especially in advocating for Chinese women, taking into account the diversity in economic development in China. Other collaborations on family violence interventions and prevention projects were also developed with renowned universities and research institutes.



## Nursing Symposium at 18<sup>th</sup> Hong Kong International Cancer Congress

The 18th Hong Kong International Cancer Congress was held on 3-5 November 2011 at Li Ka Shing Faculty of Medicine, The University of Hong Kong. The School participated actively as part of the team organizing the congress and hosted a Nursing Symposium entitled "Nursing Perspectives on Holistic Cancer Care". Six renowned local speakers from academic and clinical institutions were invited to share their research studies and clinical experience on advances in cancer care from a holistic perspective. The speakers included Professor Cecilia LW Chan from Centre for Behavioral Health of The University of Hong Kong, Dr Rainbow TH Ho from Department of Social Work & Social Administration of The University of Hong Kong, Ms Lai-Ngor Chan from Haven of Hope Hospital, Ms So-Kwan Fong and Dr Steven WK Siu from Queen Mary Hospital, and Ms Theresa TK Lai from Princess Margaret Hospital. The Symposium was successful and well-received by the participants.



## Fulbright Visiting Scholar at University of Virginia

Dr Janet Wong, Assistant Professor of the School, was a Fulbright Visiting Scholar at the University of Virginia which enabled her to broaden her international understanding of research and of working with women in a different cultural context.

Looking back, I am amazed with what I achieved during my time at the University of Virginia (UVA) as a junior Fulbright Visiting Scholar (2010-2011). Fulbright research awards are highly competitive for PhD students from Hong Kong to go to American universities for research.

My research area is intimate partner violence (IPV), which is a global health issue and detrimentally affects women's health. I was privileged to work with Professor Linda Bullock as my adviser during my Fulbright programme. She has a multisite National Institute of Health funded study named DOVE (Domestic Violence Enhanced Home Visitation Program) in rural Missouri and urban Baltimore. I had the opportunity to work with her team in Missouri undertaking home visits and data collection, which gave me insight into the cultural differences between America and Hong Kong regarding IPV issues. Attending classes in UVA was also a part of my programme and enabled me to meet local and international PhD students who have become both friends and research collaborators. Reading, writing, reflecting and sharing experiences with people from different cultures has enhanced my understanding of the world we live in.

Thanksgiving is a significant American festival. I spent the holidays with Professor Barbara Parker and her family in Maryland. Her house is built in a reserved area with a wonderful forest nearby. Having a nice walk in the forest, I admired the beautiful scenery and re-energised my mind and body to think and write.

I believe the value of this Fulbright award is more than what I have shared. A special acknowledgment goes to RGC- Fulbright Hong Kong Scholar Programme and also, Professor Agnes Tiwari, Dean Dorrie Fontaine, Professor Jeanette Lancaster, Professor Linda Bullock, Professor Barbara Parker, Professor Sophia Chan, Professor Marcel Lie, and Dr Daniel Fong for their support throughout.

**Dr Janet Wong**



▲ Fulbright Award Ceremony 2010 at U.S. Consulate General Hong Kong



◀ Professor Jeanette Lancaster and Professor Wade Lancaster at UVA football game



▲ Professor Linda Bullock

## ■ Closing Ceremony of HKU-Temasek Project

The closing ceremony of the Temasek Training-of-Trainers Programme for Advancement in Nursing for Educators, Managers and Community Nurses in China was held on 25 July 2011 at the Jianguo Hotel, Guangzhou. Over 90 guests and course participants attended the ceremony including Mr Feng Xhaoming, Director of Division for Exchange and Cooperation of the Department of Health of Guangdong Province, Mr Gerald Yeo, Director of Programmes and Partnerships of the Temasek Foundation, Professor Sophia Chan, Project Director and Professor Agnes Tiwari, Head of School of Nursing, The University of Hong Kong participants were invited to be the guests of honor to officiate at the ceremony. Other officials from the Division of Health Education, Science and Technology and Division of Community Health and Maternal and Child Health Care of the Department of Health of Guangdong Province; Associate Director, Communications of the Temasek Foundation; and Director of Guangdong Nursing Education Centre also took part in the ceremony.

After speeches given by Mr Feng and Mr Yeo, Professor Chan gave a brief report on the project, in particular the participants' achievements. The course participants then received certificates from the officiating guests. The completion of the project was signified by a presentation given by course champions who spoke about their TOT programmes i.e. Nurse Health Services Management, Tobacco Dependency Nursing Intervention and Management and Nurse Teaching and their subsequent cascading impact upon completion of the course. The guests, especially those officials of the Department of Health of Guangdong Province and the Temasek Foundation, were impressed by the course participants' outstanding performance and accomplishment.



▲ Mr Gerald Yeo, representative of Temasek Foundation, presented a certificate to a course participant.



▲ A group photo of representatives from Temasek Foundation, HKU and the Department of Health of Guangdong Province at the closing ceremony.

▼ The officiating guests shared the happiness with the "trained trainers".



## Information Day 2011

An Information Day 2011 was successfully held on 29 - 30 October. It attracted more than a thousand participants attending our information seminars and two thousands visitors joining other activities in School of Nursing. They included prospective students, their parents and various groups of academics from overseas. Activities included information seminars on the undergraduate programme; exhibitions and theme board displays; demonstrations on health assessment and clinical skills; introduction to simulations in teaching; health information booths; and interactive health-related computer games. The team effort of both teachers and students has projected a positive image of the School to the public. Visitors showed great interest in learning about the nursing programme as well as our teaching facilities. Overall, it was a fruitful and memorable event.



▲ We introduced our new 5-year Bachelor of Nursing (Full-time) curriculum in the information seminars.



▲ We had health information booths on family harmony and smoking cessation.



▲ Health information booths were very popular.



▲ We provided introduction to simulations in teaching.



▲ Our Information Day was successfully held and attracted over a thousand visitors.

## ▪ Student Exchange 2011-12

### *A Thank You Letter from Case Western Reserve Students*

When thinking about coming to Hong Kong, we had no idea of what to expect. Reflecting upon this experience has shown us that we have had the time of our lives and gained so much! From taking classes at The University of Hong Kong to exploring the city, we have learned an endless amount about the culture here. Although our first few days here were quite intimidating, the amazing staff and students welcomed us and made us feel comfortable.

While here we had the privilege of taking three classes, including, Introduction to Chinese Medicine, Professional Issues, and Families in Health and Illness. It was extremely interesting seeing how the classes function here and we enjoyed being able to compare our health care system to Hong Kong's. It was particularly interesting learning about traditional Chinese medicine, since it is something we have never experienced before!

Once getting past the shock of extreme heat and humidity, we found life in Hong Kong to be very enjoyable. We explored most of the major tourist attractions here, and to this day we find it exciting that there is so much to offer. The fact that we can be

in the mountains, see the beautiful ocean, and watch the bright city lights is amazing in itself, and something that we have never been able to experience before. Our favorite part about getting to know the city was doing it with the wonderful friends that we have made from the nursing school. They provided us with the experience to eat traditional Chinese cuisine, while learning about the everyday life of a student in Hong Kong. We will be forever grateful for their friendship.

These past three months have been an incredible experience that we will certainly never forget!

Thank you,  
**Alexa Randazzo & Kim Hunt**  
 Frances Payne Bolton School of Nursing,  
 Case Western Reserve University  
 November 2011



### *Incoming Exchange Students*

We also welcomed the undergraduate and postgraduate nursing students from Sun Yat-Sen University joining exchange programme at our School in November 2011.



## Incoming Visitors

We welcomed the visitors from Boromarajonani College of Nursing, Ratchaburi, Thailand on 4 July 2011. The welcoming meeting and clinical laboratory visit were held for the visitors to exchange views on teaching and learning.



## Message from Undergraduate

### Insights gain from Baroda Volunteer trip

I was interested in undertaking some volunteer work in India and arranged a visit to Baroda after contacting a number of different Indian organisations. Baroda is the most populated city in the Indian state of Gujarat and I was privileged to work in ICU and OT where both units provided me with great opportunities to take care of critically ill patients. My aim on this trip was to serve, but as things turned out was I gained a lot more than I expected. Both health care professionals and patients taught me a great deal. I gained experience in caring for patients with multiple fractures, HIV infections with meningitis and high intracranial pressure, CABG surgery, neurosurgery etc... I was able to observe the CABG surgery closely which I found very impressive. Nurses work on most of the procedures, from preparing the patient to finishing the surgery in procedures such as vein grafting and closing the thorax. I admire them greatly, as through them I know "Nurses can do more" contributing to our community and the world. I hope I won't be the only nursing student to enjoy this fruitfulness from overseas volunteering and wish more of my fellow students can gain precious experiences when they serve the needy.

**Odelia Lai**

Year 4 Student

Bachelor of Nursing (Full-time) Programme



## In the Media

HKU-Temasek Project  
Singtao Daily  
Aug 2011

### 港大醫學院培訓粵護士

香港大學李嘉誠醫學院護理學院獲五百萬港元資助，於去年展開為期兩年的廣東省護士專業培訓計畫。來自廣東省二十一個城市，合共一百八十名護士參與課程，分別學習護理教學、醫護管理和感控服務三項職能，完成課程返回內地後，將成為內地護士指導師，把香港的新護理思維和技術引進內地醫院。

#### 新思維引進內地

港大李嘉誠醫學院護理學院教授、並獲首屆護理基金資助的菲羅傑大學。



圖一百八十名廣東省護士接受兩週培訓，並在內地醫院舉辦培訓活動，把新思維引進內地。 港大供圖 記者 黃柏燊

Interview on Professor Agnes Tiwari, Head of the School South China Morning Post Nov 2011

### Nursing director's fire burns as strong as ever

Li Ka Shing

Professor Agnes Tiwari has been named as the most admired woman in the world in the 2011 list of the most admired women in the world. She is the only woman in the world to be named as the most admired woman in the world for the second year in a row.



Agnes Tiwari says women should have their own voices. Photo: Ho Yee

As a professional leader, I've got to be able to speak up and be heard. It's not just about the numbers, it's about the quality of the work. I've got to be able to speak up and be heard. It's not just about the numbers, it's about the quality of the work. I've got to be able to speak up and be heard. It's not just about the numbers, it's about the quality of the work.

WHAT THE JUDGES SAY  
Agnes is a woman of influence in the field of education and health services. She has a highly respected reputation, and she possesses the essential skills to lead a team of professionals. She is a woman of vision and she has the ability to inspire others to achieve their best. She is a woman of action and she has the ability to turn her vision into reality. She is a woman of integrity and she has the ability to lead by example. She is a woman of courage and she has the ability to face any challenge. She is a woman of compassion and she has the ability to care for others. She is a woman of strength and she has the ability to overcome any obstacle. She is a woman of wisdom and she has the ability to make the right decisions. She is a woman of grace and she has the ability to bring peace to others. She is a woman of love and she has the ability to change the world.

## New Faces



**Ms Kan Po Yi, Kathy**  
Clinical Instructor

It is my pleasure to have returned to the School of Nursing as a Clinical Instructor. I am a HKU graduate and worked in acute clinical areas of public hospitals for a number of years. During my days as a frontline staff member, I participated in clinical teaching and coaching of nursing students during their placement and this experience sparked my interest in clinical teaching. Subsequently, I became a full time clinical instructor in private hospitals and this was a valuable experience for me as I could devote myself to nursing education. I do think that students' feedback and appreciation are the main impetus for me to pursue my career in nursing education. In future, I will continue to strive for excellence in clinical teaching and equip our students to be competent nurses in serving our society.



**Ms See Lok Man, Mary**  
Clinical Instructor

I am honoured to have been appointed as a clinical instructor at the School of Nursing in the University of Hong Kong. I graduated from the Bachelor of Nursing and Master of Nursing in HKU. Since registration, I have worked in different specialties, such as medical, gynecology, intensive care unit and coronary cardiac care unit. I hope I can share all my experience and knowledge to my students, and facilitate their development to be competent nurses in the future.



**Ms Yan Coo Yee, Chloe**  
Clinical Instructor

I am honoured to have returned to our School of Nursing. I obtained my Bachelor Degree in Nursing from the University of Hong Kong and completed my Master degree in Occupational Safety and Health from University of Greenwich. Prior to joining HKU, I have worked for many years in operating theatre in both public and private hospitals. I am a registered safety officer, and I have been actively participating in occupational safety and health programs in the hospital for some years. I am now looking forward to starting my academic career and sharing my experience and knowledge with students and colleagues of the School.



**Ms Yip Wing Man, Florence**  
Clinical Instructor

I am honoured to join the School of Nursing of the University of Hong Kong as an instructor. After graduating from the School of Nursing, I have specialised in obstetrics and have worked in both obstetric and the paediatric units. I would like to share my experience with the students, not only the practical skills which the profession requires, but also the importance of developing a caring attitude to all those in need.

# Congratulations

## Promotion

**Dr Janet Wong**, who joined the School as Clinical Instructor in 2007, has recently been promoted to Assistant Professor.

## Awards

### The Women of Influence Award, 2011

**Professor Agnes Tiwari**, Head of our School, has been chosen among many high-calibre nominees by a Panel of Distinguished International and Local Judges, to receive The American Chamber of Commerce and the South China Morning Post - "The Women of Influence Award, 2011". The Award is conferred to an outstanding woman who has demonstrated an inspiration in her field in Hong Kong.



### Outstanding Health Promotion Project (Anti-smoking) Award

**Professor Sophia Chan** was awarded the Outstanding Health Promotion Project (Anti-smoking)

Award at the Health Symposium 2011, which was organized by the Food and Health Bureau, in recognition of her excellence in health promotion initiatives and impact on public health promotion. Professor Chan's project titled "Youth Quitline: An Accessible telephone-based smoking cessation hotline for youth" supported by the Health Care and Promotion Fund was cited as contributing greatly to advancing health promotion in Hong Kong. Other team members include Dr David Wong, Dr Daniel Fong, Dr Angela Leung and Prof TH Lam.



### Contribution Award for Chinese in Tobacco Control

**Professor Sophia Chan** was awarded the "Contribution Award for Chinese in Tobacco Control" in

recognition of outstanding contribution to tobacco control research and advocacy in the past years. The award was presented to her at the 5th Cross Strait Conference on Tobacco Control on 5th September 2011.

### Government Appointments

**Professor Sophia Chan** was appointed by the HKSAR Government to be the Vice Chairman of the Hong Kong Council on Smoking and Health and the member of the Research Council of Food and Health Bureau, commencing 1 October 2011.

### Award of research grants

The following staff members are the Chief Investigators on projects recently funded through local funding bodies:

#### Health and Health Services Research Fund

##### Professor Agnes Tiwari

A purpose-built intervention to enhance the mental health of Mainland Chinese immigrant women survivors of intimate partner violence: A randomized controlled trial

##### Dr Vivian Ngai

The effect of a telephone-based cognitive-behavioral intervention on postnatal depression: a randomized controlled trial

#### Hong Kong Council on Smoking and Health

##### Professor Sophia Chan

Helping smokers to quit via the smoke-free teen contest 2011: a randomized controlled trial

#### GRF Incentive Award

##### Dr Daniel Fong

Establishing causal effects in cohort and quasi-experimental studies