



Nurse Letter



Head's Message

Honouring our Teachers, Students and Alumni

Prof Chia-Chin Lin
Professor and Head



Ever since I arrived at The University of Hong Kong (HKU) School of Nursing, I have been struck by the passionate commitment of our teachers to fostering, encouraging, supporting and developing our students. Even though we are now a huge School with over 1,500 students, I have noticed how our staff members' approach to all of our students is so personalised and distinctive. They work hard to present the high fliers with greater challenges and to individualise learning supports when students may be struggling with mastering a particular skill or clinical scenario in the laboratory. I have spent time talking to lecturers who support students on their clinical practice placements and have been totally impressed with their depth of knowledge and understanding about how students learn in the practice environment. Nursing education at HKU is all about ensuring the integration between theory and practice. After all, Nursing is a practice discipline, and we cherish our track record in making sure our students integrate the theory they have learned into informed practice at each level of their programme. This focus ensures students truly absorb the significance of theory informed practice and results in the excellence of our graduates in professional practice.

We are extremely proud of our alumni, many of whom have gone on to take up major leadership positions in advanced practice, management, policy development, teaching and research. Some have travelled overseas to further their studies and advance their

knowledge. Others have travelled to undertake humanitarian work in third-world countries. Wherever they are, our alumni exemplify the values and mission of their alma mater in their life and work and through their skills and knowledge contribute substantially, either directly or indirectly, to improving the health care of communities.

Many of those working in Hong Kong play a huge role, not only in health care, but also within the profession organisations, fostering and progressing the further development of nursing. They also serve as fantastic role models for our students, both in the clinical context and at the School where they support student learning in a number of ways and contribute to the endeavours of the School with passion and impact.

I am so proud of all of our HKU nursing family: staff, students and alumni. Our staff spearhead developments through research and scholarship, teaching and practice, through supporting students' personal and professional development and through engagement with the wider community. Our students are being prepared to be ethical, knowledgeable and flexible practitioners who will confidently take their place in a rapidly changing healthcare system. Our alumni are trailblazers, engaging at the cutting edge of their practice, drawing upon all their personal and professional resources to be the truly impressive splendid practitioners they are.



Feature Stories



Dr. Kelvin Wang
Assistant Professor

Research

Brief Advice plus Active Referral to Smoking Cessation Services is Effective in Promoting Quitting in Community-based Smokers

Background

Smoking cessation (SC) services providing evidence-based interventions improve quitting substantially, but only 3.0% of daily smokers in Hong Kong ever use SC services; nearly all (95%) of the remaining individuals have no interest in seeking help.² Active referral, which connects smokers with SC service providers and allows smokers to choose their preferred method of assistance, may increase both SC use and quit rates.^{3,4} We have conducted a randomized clinical trial (RCT) to examine the efficacy of using trained volunteers to actively refer community-based smokers to SC services. The results have been published and awarded *Sigma Thete Tau Pi Iota* Scholarship 2018.

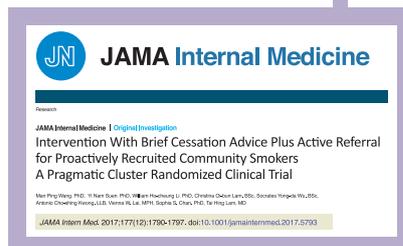


Figure 1. Published in JAMA Internal Medicine

Methods

A total of 1226 smokers participated in the Quit-to-Win (QTW) contest in 2015 consented to be randomly assigned to one of the 3 groups of this RCT (active referral, n=402; brief advice only, n=416; control, n=408) based on recruitment session.⁵ Participants in the active referral group received brief SC advice and were actively referred to SC services. The brief advice group participants were not actively referred and the control group received minimal general SC advice and a 12-page self-help booklet. Self-reported past 7-day point prevalence of abstinence (PPA), biochemically validated abstinence and SC service use were recorded at 3- and 6-month follow-up.

Results

Participants included 991 (80.8%) men; mean (SD) age was 42.0 (14.8) years. The retention rate was 68.2% at 3 months and 72.3% at 6 months. The corresponding PPAs were 18.9% and 17.2% in the active referral group - higher than in the brief advice (8.9% and 9.4%; both $P < .001$) or control (14.0% and 11.5%; $P = .03$ at 6 months) groups. Compared with the other 2 groups, the active referral group had significantly higher validated abstinence rates (10.2% at 3 months and 9.0% at 6 months, all $P < .05$) at 3 months and at 6 months than the brief advice and control groups. The SC service use rate was significantly

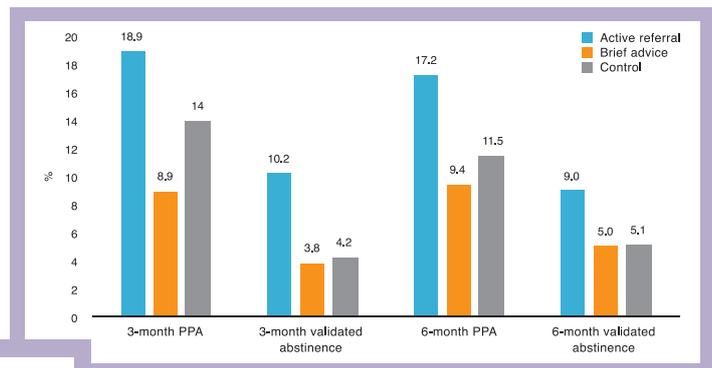


Figure 2. Self-reported quitting (PPA) and biochemically validated abstinence at 3- and 6-month follow-ups

higher in the active referral group (25.1%) than in either brief advice (2.4%) or control (3.4%) groups at 6 months ($P < .001$).

Discussion and Conclusion

Brief advice plus active referral to SC services helped more community-based smokers achieve abstinence than brief advice only or control groups, which is also more effective than interventions used in previous trials within QTW contests, such as text messaging, financial incentives, or 'cut-down-to-quit'. Many participants had received cessation medications (e.g. varenicline) or nicotine replacement therapy, which can double the quit rate achieved through standard counseling. The present trial has provided new evidence that trained healthcare students and community volunteers can reach a large number of smokers in a short period of time to deliver brief interventions at low cost, which is widely accepted by community-based smokers.

Acknowledgments

The project was funded by the Hong Kong Council on Smoking and Health.

References

- 1 Wang MP, Suen YN, Li WH, et al. Intervention With Brief Cessation Advice Plus Active Referral for Proactively Recruited Community Smokers: A Pragmatic Cluster Randomized Clinical Trial. *JAMA Intern Med.* 2017;177(12):1790-1797.
- 2 Census and Statistics Department. Thematic Household Survey, Report No. 59: Pattern of Smoking. Hong Kong SAR: Hong Kong SAR Government; 2016.
- 3 Murray RL, Coleman T, Antoniak M, et al. The effect of proactively identifying smokers and offering smoking cessation support in primary care populations. *Addiction.* 2008;103(6):998-1006.
- 4 Rigotti NA, Bitton A, Kelley JK, Hoepfner BB, Levy DE, Mort E. Offering population-based tobacco treatment in a healthcare setting. *Am J Prev Med.* 2011;41(5):498-503.
- 5 Suen YN, Wang MP, Li WH, et al. Brief advice and active referral for smoking cessation services among community smokers. *BMC Public Health.* 2016;16:387.

Teaching and Learning

Ms. Angie Lam
Lecturer



A Virtual Reality-based Simulation to Understanding Mental Illness

The School of Nursing at The University of Hong Kong incorporates experiential learning into its teaching program to immerse learners in an experience and to enable them to develop new skills, attitudes, or ways of thinking. To enhance experimental learning in mental health nursing, we initiated a virtual reality (VR) training environment to provide an insight for students into what a person with severe mental illness might battle on any given day in a virtual world.

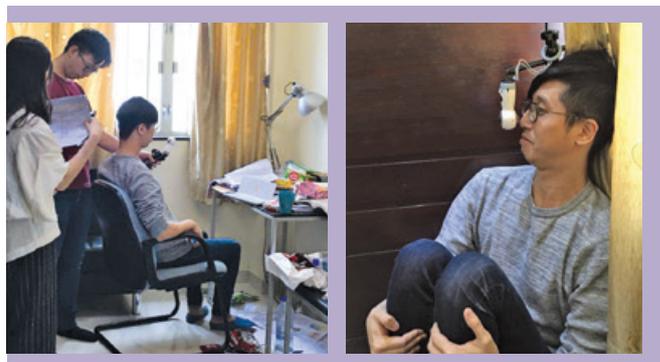
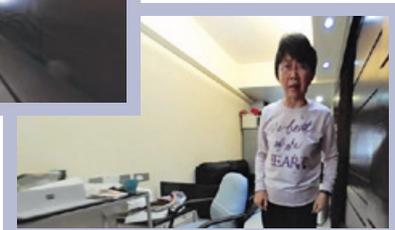
VR simulation provides a way for translating a person's psychological experience into a simulated experience that others can share. The impossibility of seeing what mental illness is like is therefore made somewhat possible. This technology engages our students to better understand how debilitating mental health disorders can be, and allows them to put themselves in the figurative shoes of an individual suffering from mental illness. Formaso et al. (2017) and Roberts et al. (2005) found that VR mental illness simulation was effective in developing nurses' core competency including empathetic understanding, reduction in stigma towards people with mental health illnesses, and by extension, the performance of academic-based learning.

Our school created an innovative VR mental health simulation which aims to bolster students' empathetic understanding in people with mental illness by replicating their psychiatric experience and daily difficulties. The simulation imitates real life symptoms associated with different mental illnesses including schizophrenic spectrum disorders, autism, depression and social anxiety disorders. The students see through the eyes of people diagnosed with mental illness as a first-person perspective. They experience what the patient sees, thinks, and hears with psychiatric symptoms, such as auditory and visual hallucinations, delusional thoughts or sensory overload. The simulation also reveals other difficulties, such as discrimination and stigma from society.



◀ VR video snapshot: Our students experience 'visual hallucination' through the VR immersive simulation.

▶ VR video snapshot: Our students are 'being blamed' because of their 'mental illness'.



▲ Preparing the shooting.

▲ The team filmed the video 'through the eye of psychosis'.

The vignettes of mental illnesses were designed by two experienced psychiatric nurses based on information from patients' interviews and case reports. We were honoured to have Mr. Wong Chung Bao Terry, the Professional Service Manager (Community Services), New Life Psychiatric Rehabilitation Association, share his expert advice about mental health promotion using VR immersive simulation. The teaching team also worked with e-learning technology experts from HKU's Technology-Enriched Learning Initiative (TELI) to figure out the best way to simulate the experiences that clients struggle with. Using e-learning technology, the team used 360 degree VR video shooting to film a number of scenes to explore the patient's life at school, in a restaurant, and at home. We utilized Basic Google cardboard, a simple affordable paper-made headset for the immersive experience, which is equipped to create an immersive VR environment for every student in a large class.

Following a three-minute uniquely VR simulation experience, students take off the cardboard head set and engage in a debriefing focusing on reflection about the experience, challenges and difficulties that the client encounters, and their own attitude towards mental illness. Following the immersion, students complete a questionnaire which explores their empathy, knowledge and attitude towards mental illness.

While students who wear the cardboard can remove themselves at any time from the simulation, the people with mental illness have not been able to escape the feeling of fear and helplessness. VR immersive simulation is a starting point for students' understanding of why mental illness can be so devastating. We want our students to have more compassion, understanding and acceptance of issues around mental illness.

References

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- Formosa, N. J., Morrison, B. W., Geoffrey, H., & Stone, D. (2017). Testing the efficacy of a virtual reality-based simulation in enhancing users' knowledge, attitudes, and empathy relating to psychosis. *Australian Journal of Psychology*. 70(3), 57–65. <https://doi.org/10.1111/ajpy.12167>



Ms. Samantha Chong
Associate Professor
(Nursing Practice)

Clinical Excellence

Winning Collaboration with Clinical Partners through Faculty Practice

Nursing is a profession and a discipline that requires continuous practice and academic advancement. Therefore, it is imperative for all HKU School of Nursing academic staff members to strengthen their clinical skills and draw upon evidence based principles in the practice domain.

Since 2016, the School has developed the Faculty Practice scheme, which has now become an integral part of the academic role at all levels of appointment at the School. Academic staff members are given Honorary Nurse appointments within Hospital Authority settings, mainly Queen Mary Hospital (QMH), to engage in Faculty Practice, undertaking and supporting the work of clinical units in surgical, medical and orthopaedic wards.

The objectives of Faculty Practice are to enhance clinical knowledge and skills of the academic staff; to contribute to their clinical scholarship; to support the work of clinical units to ensure safe and competent practice through the provision of specific expertise as clinician, educator, researcher or consultant; to contribute to the provision of health services; to strengthen teaching and learning strategies and initiatives; and finally to strengthen links between the University and the practice domain.

With effective communication and constructive collaboration between the School of Nursing and the Central Nursing Division (CND) in QMH, obstacles have been overcome. Administrative processes and logistical arrangements have been formalised and standardised. Outcomes and feedback from QMH and Honorary Nurses have been positive.

Clinical heads and delegates commented that the Faculty Practice scheme is 'a win-win programme to connect teaching and clinical nursing colleagues. It could also enhance the clinical teaching to nursing students'. It acts as an effective communication bridge and enables knowledge exchange between the academics and the clinical practitioners. It also consolidates and aligns clinical practice with the clinical teaching of nursing students.

Honorary Nurses commented that Faculty Practice is able to enhance

rapport and communication between ward staff and clinical teaching. Faculty Practice provides 'opportunities to update the management of clinical skills and to review bedside nursing care management'. It also enriches clinical competency and enables protocols and guidelines in nursing care to be updated. All these are essential for the clinical education and coaching of nursing students during practicum. Faculty Practice also provides a constructive knowledge exchange on the discussion of evidence based practice, rehabilitation nursing and better management of patient care.

Faculty Practice as a scheme has shown itself to be successful. Since its inception in 2016, the number of enrolments has increased from 12 Assistant Lecturers to over 20 in 2017/18 and the duration of the practice has lengthened from 2 weeks to 4 weeks in 2017/18. Going forward in 2018/19, around 20 Lecturers will be joining the Assistant Lecturers for a continuous 4 weeks in surgical, medical and orthopaedic wards, as well as different specialities. Both the School and the clinical field are excited about this collaboration.

The School believes that Faculty Practice not only maintains the clinical competency and standards of academic staff; it also strengthens the relationship between the School and the clinical field. Most importantly, it helps in closing the gap between the clinical teaching of our nursing students and real life clinical nursing practice for the betterment of quality healthcare in Hong Kong.



Ask Florence

Ask Florence is a column in which students, clinical instructors and nursing teachers can write in with a problem or issue around clinical learning about which they would like advice from 'Florence', who is an experienced facilitator of student learning. We expect to receive queries about how to deal with student difficulties in clinical settings, how to give effective feedback to students, the strategies that are helpful for supporting unsafe students, and many other topics including those that students may raise. All questions will be dealt with anonymously. We will not publish your name or any details about you. If necessary we will modify questions slightly to ensure total anonymity.

If you have a question for 'Florence', please send it to askflorence@hku.hk

Dear Florence,

I have encountered some students with reality shock during the clinical practicum under a busy admission ward e.g. crowded bed allocation, manpower constraint and presence of contact or droplet precaution case. My question is how to better equip the student to adapt to the real clinical situation in practicum in Hong Kong?

Thank you!

Christina

Dear Christina,

The concept of reality shock identified by Marlene Kramer is a very useful term for describing students' reactions to discovering that the work environment of extremely busy and often chaotic clinical settings does not match their expectations about either the working conditions in the hospital or how nursing care should be delivered. Patricia Benner's writings outlining professional practice development from the novice to expert practitioner explains how nurses develop the practice skills and demeanor necessary to practice skilfully in environments such as you have outlined. The conditions of patient overcrowding, staff shortages and managing/preventing infections are not new and students new to these settings will inevitably be overwhelmed initially.

It is particularly important to link theory with experiential learning before students undertake their practicum. You may decide to show the students videos of similar situations which they could watch and then discuss. It would be helpful if the videos show how experienced nurses go about their work in such situations. You could ask the students to closely observe the nurses' behaviour. When they discuss the videos you may help them to recognise the nurse's demeanour and approach. You could plan some simulations in which the students focus on prioritising their tasks in a busy setting. It is easy for students to be frustrated with conflict between their values and what they observe happening in the ward. Preceptorship is extremely important in supporting students to be enthusiastic about nursing but also in being realistic about the limitations of what they can achieve. In practicum, students need to be assisted to integrate into the culture and practices of the ward. They need to be offered support and guidance and acknowledgment of how they are feeling.

The importance of the work you are doing in supporting students to become proficient new practitioners cannot be overestimated. It is a key factor in the professional socialisation of the student. Keep up the good work.

Kind regards,

Florence



School Highlights

6th Serena Yang Lecture

It was our honour to invite Professor Eileen Sullivan-Marx, Dean and Erlene Perkins McGriff Professor of Nursing of New York University Rory Meyers College of Nursing and President-Elect of American Academy of Nursing, to be the distinguished speaker at the 6th Serena Yang Lecture, which was held on May 30, 2018.

The Lecture entitled 'What is Old is New: Trends for Nursing in Global Aging' received overwhelming feedback and was well-attended with over 400 participants.

Prior to the Opening Ceremony, the School signed a Memorandum of Understanding (MoU) with the New York University (NYU) Rory Meyers College of Nursing in a signing ceremony. The MoU outlines the forms of academic cooperation and research collaboration which will take place between the two Schools.

Since 2008, Dr Serena Yang has been providing continuous support and generous donations to the School of Nursing. By inviting internationally renowned scholars to deliver distinguished lectures in Hong Kong, the Serena Yang Lecture provides an invaluable platform for knowledge exchange between academics and nursing practitioners.



▲ Professor Paul Tam, Acting President and Vice-Chancellor, HKU (Left) and Professor Gabriel Leung, Dean, Li Ka Shing Faculty of Medicine, HKU (Right) witnessed the MoU Signing Ceremony.

▲ Presentation of souvenir to Professor Eileen Sullivan-Marx, distinguished speaker at the 6th Serena Yang Lecture.



▲ (From left) Mr. Paul Lee, Associate Dean, St. John's College, Professor Chia-Chin Lin and Dr. Eric Chong, Master, St. John's College.

HKU One Night Stay@Nursing

The 'HKU One Night Stay@Nursing' was held on July 7 and 8, 2018 with around 65 secondary school students who aspire to serve the community as professional nurses joining the camp.

Through the exciting 2 days & 1 night of the HKU Nursing camp, the students gained a brief experience of the distinctive and colourful university life of HKU through a high table dinner and an overnight stay at a student hall! They visited the state-of-the-art Nursing Clinical Skills Laboratory and Simulation Training Centre which is equipped with sophisticated and computerised manikins and a simulated clinical environment where nursing students are able to practice total patient care and clinical decision making.

Participants of the One Night Stay@Nursing experienced nursing care procedures on a high-fidelity simulator.



■ Incoming Student Exchange

Jönköping University

Anton Gustafsson

Christina Sjögren

Christoffer Olsson

Bachelor of Nursing (Full-time) students, Jönköping University



▲ *Picture from our first lecture at school, we were a bit nervous but also excited on what to come.*



◀ *We got to see how the advanced simulation centre works (we don't have this type of advanced simulation centres in Sweden so that was exciting to see).*

It is hard to sum up our experiences in Hong Kong and HKU in only a few sentences. The time we spent in Hong Kong was filled with amazing things, which we will treasure and never forget! The first thing we noticed when arriving at the School was that we were warmly welcomed by everyone from students to teachers. They showed us around the university and the city. They had been very helpful, considerate and friendly. It felt like everyone did everything they could to help us out. We were very grateful for that. We have learnt a lot from the lectures and our favourite one was the Health Assessment, which we found most interesting and could implement in our future profession as nurses.

Hong Kong as a city has a lot to offer. It is so different from Sweden in many ways, which makes it a good location for an exchange programme. There are always things to do. We have been hiking, shopping at markets and malls and we visited beautiful beaches. We met and lived with many students from different countries with diverse cultures. Living close to the Flora Ho Sports Centre is convenient for sports lovers like us. The sunny weather also contributed to the fantastic experience in Hong Kong.

■ Outgoing Student Exchange

Jönköping University

Chan Hei Yin Christy

Kong Tsz Sin Sarah

Lee Wing Ki Winkie

Liu Ka Hei

Chan Hiu Kwan Joyce

Lam Ching Fun Donald

Lee Wing Ting Winnie

Pang Hiu Tung Alison

Year 3, Bachelor of Nursing (Full-time) students



It was an eye-opening and fascinating two weeks exchange to the School of Health and Welfare at Jönköping University, Sweden. We enjoyed lectures and workshops about nursing competency and ethics, and had a taste of students' presentation examination. Discussion with Swedish and other international classmates enriched our knowledge about health policies and the work situation of nurses in different countries. A hospital visit was a highlight of the trip, which brought us many new ideas on how to improve and respect patient privacy, encourage self-care for patients and their caregivers and learn how to collaborate with each other as a team.

The trip definitely helped us look at public health from a global perspective and brought in inspiration for personal growth. The learning experiences provided invaluable contributions to our personal development during our undergraduate study. We know that this is indispensable for our professional development in developing our nursing careers.

We also visited the Moose Safari to take a close look at this Swedish renowned animal and visited several museums. The most impressive one is the Match Museum, which is

said to be the one and only one match museum in the World, which displayed how people and machines promote the global operation from a local operation.

The International Student Exchange Programme offered us a wonderful chance to meet with new friends, live a different lifestyle and explore different cultures, which broadens our horizons and fortifies our sense of global citizenship.



Outgoing Student Exchange

Peking Union Medical College

Chan Chui Ting Christine

He Jiahui

Un Weng San

Wan Ting Kwan

Year 3, Bachelor of Nursing (Full-time) students



◀ We visited the Great Wall of China with other international students.



We were honoured to have an exchange programme for two weeks at Peking Union Medical College, which is a top medical college in China. The College designed three days of nursing related courses and three days of clinical practicums with different kinds of sight-seeing activities for the remaining time. We found that students use tangible materials to study, such as reference books, rather than PowerPoint, which is very different from us. We noticed that there are many differences clinically and this broadened our understanding about different ways of delivering nursing care. Thanks to the teachers and classmates here, who supported us in planning for this exchange. We enjoyed this exchange programme very much.

University of Connecticut

Chan Sing Fu

Chan Tsz Ki

Ha Yunse

Hung Lai Yi

Kwok Hoi Ying

Leung Ka Man

Mak Wing Lam

Tsang Yee Ting

Year 4, Bachelor of Nursing (Full-time) students

Our exchange visit to the University of Connecticut (UConn) is undoubtedly a highlight of our five-year nursing student journey! Although it is cliché to say it broadened our horizon, it definitely did. We visited some healthcare facilities in Connecticut and could compare these with the Hong Kong ones with which we are familiar. We observed many contrasts. The technologically advanced hospitals with well-built patient-oriented and family-oriented care were certainly eye-opening. We really appreciated the working attitude of the staff there; they are not only professional but also passionate. They treat their coworkers and patients as their family members. We could see better patient outcomes through interdisciplinary collaboration training during the hospital visit in Hartford. We hope that we will be able to make some changes in Hong Kong in the future.

The university is beautiful and the days we spent in UConn were fabulous as well. The interactive lectures and simulation labs were very impressive. We learnt a lot from the active learning attitude among students and were also inspired by the poster presentation about how crucial nursing research is to provide better care for patients.

The people in Connecticut, UConn lecturers and students and the nursing staff we met were friendly and helpful. Our problem-solving skills and independence were also enhanced through handling the difficulties in daily living like transportation during the exchange and when sightseeing. The exchange program was indeed wonderful!



Message from Graduate

Mr. Kong Ka Hung Since
Class N10 Graduate

I have been working in the Clinical Oncology Department (COD) of Queen Mary Hospital for 8 years, providing chemotherapy, radiation therapy and palliative care services to cancer patients.

Cancer treatments are sometimes hard to endure both physically and psychologically, especially when side effects harshly alter patients' quality of life. With the nursing knowledge and skills I have gained from my alma mater, and the inspiration I obtained from Ms. Linda Boseman, my tutor as well as a Nurse Practitioner in Ohio during an exchange program in my last year of BNurs, I realized that there was still much that could be done to improve the patients' treatment journey, and I could be the one to make changes in it. These experiences were absolutely formative for my nursing career.

It was very challenging and stressful at the beginning when I tried to put knowledge into practice. I am thankful to my mentors and buddies who nurtured me in an open working environment where I was given time, space and opportunities to explore my horizons and demonstrate my strengths. The quality and safety



▲ (Right 2) Mr. Kong Ka Hung Since has been awarded Young Achiever by Hospital Authority.

of patient journeys were improved under numerous service enhancement programs, and my efforts in implementing these were recognized by my supervisors, patients and the public. This has motivated me to continue and do all I can to further uplift and brighten the nursing profession in the future.

In the Media

- ▶ A feature article was published with Dr. Janet Wong interviewed on the BNurs (Full-time) programme. It was reported that the School is dedicated to training nursing leaders within greater China who have a global perspective.

(Metro Daily - May 14, 2018)



- ▶ Dr. Veronica Lam was interviewed on the Li Shu Fan Medical Foundation Nursing Clinical Skills Laboratory and Simulation Training Centre.

(HKU Bulletin - May 2018, Volume 19, No.3)



▶ A press conference was held on May 31, 2018 to announce the phase four findings of the HKU Youth Quitline Smoking Cessation Hotline 'Youth Quitline' (December 1, 2016 – March 31, 2018). The hotline has helped over one-fifth of the participants who joined the service for 6 months to quit smoking. The quit rate is about 3% higher than that of the previous phase. The hotline also helped participants reduce risk behaviours and promote physical and psychological health.

The 'Youth Quitline' is operated by the Smoking Cessation Research Team of the School of Nursing in collaboration with the School of Public Health of the Li Ka Shing Faculty of Medicine, the Department of Social Work and Social Administration of HKU and the Hong Kong Council on Smoking and Health.

(*Headline Daily, Hong Kong Commercial Daily, Metro Daily, Ming Pao Daily News, Oriental Daily News, Sing Tao Daily, Ta Kung Pao - June 1, 2018*)



▲ (From left) Prof Chia-Chin Lin, Head, School of Nursing, Li Ka Shing Faculty of Medicine, HKU; Professor Tai-hing Lam, Sir Robert Kotewall Professor in Public Health and Chair Professor of Community Medicine, School of Public Health, Li Ka Shing Faculty of Medicine, HKU; Dr William Li, Project Director of the "Youth Quitline" and Associate Professor of School of Nursing, Li Ka Shing Faculty of Medicine, HKU; Ms Vienna Lai, Executive Director of Hong Kong Council on Smoking and Health.



▶ Prof Chia-Chin Lin and Dr. Janet Wong were interviewed about adopting virtual reality (VR) and innovative technological elements in the BNurs (Full-time) programme.

(*am730, Apple Daily, Hong Kong Economic Times, Lion Rock Daily, Ming Pao Daily News, Oriental Daily News, Sing Tao Daily, Sky Post, Ta Kung Pao, Wen Wei Po - June 13, 2018*)

▶ The School of Nursing has established the "Academic Elite Scholarship in Nursing" (the Elite Scholarship) to motivate high calibre students to maintain an outstanding level of academic excellence over their 5-year study.

(*Bastille Post, hk01.com, Ming Pao Daily News, On.cc, Sing Pao, Sing Tao Daily, - July 10, 2018 ;The Standard - July 11, 2018*)



▶ Dr. William Li was interviewed about ban on e-cigarettes.

(*The Standard, Ming Pao Daily News, Sing Tao Daily, Ta Kung Pao, am730 - July 11, 2018*)



New Faces



Dr. Maggie Pun Assistant Lecturer

I am honored to have re-joined the HKU School of Nursing in May 2018 as an Assistant Lecturer. This School has a strong commitment to nurture nursing students to become competent nursing leaders in Hong Kong with a global vision. I have served in the nursing field for more than 25 years which includes 10 years clinical supervision experience. Apart from nursing knowledge, I continually advance my knowledge in the fields of counseling and clinical psychology in order to meet the psychological needs of my students. I have been invited as an Accreditation Consultant of The Nursing Council of Hong Kong. This will enable me to contribute not only to teaching and student support, but also in programme management. I am pleased to contribute the School with my expertise and knowledge.



Ms. Sharon Chan Laboratory Nurse

I am glad to take up the post of Laboratory Nurse and become part of the team of the HKU School of Nursing. I am a registered nurse midwife and have worked in a Neonatal Intensive Care Unit and Obstetric Unit. Apart from that, I have worked as research nurse in the specialty of Cardiology and Obstetrics, and in the Quality and Safety Division in Hospital Authority (HAHO) for a brief period. I hope my clinical and administrative experience will support my contribution to the operation of the nursing skill laboratory and the high-fidelity simulation laboratory in order to provide a conducive learning environment for our nursing students.



Ms. Stella Lo Laboratory Nurse

It is my honor to join the HKU School of Nursing as Laboratory Nurse. As a nursing graduate of HKU, I am delighted to work and contribute to the School. I will cooperate with my team to maintain the laboratory operation by managing the clinical laboratory and simulation training centre. I believe that supporting teachers and facilitating teaching are important in enhancing the effectiveness of students' learning. I am looking forward to working with our teachers and providing an excellent learning environment for our students in the forthcoming academic year.

Upcoming Events

The School is enthusiastic to announce the 8th Hong Kong International Nursing Forum (Forum) cum 2018 International Council on Women's Health Issues (ICOWHI) Congress, co-organised with the School of Nursing of Johns Hopkins University. You are cordially invited to attend this flagship event which will be held on December 17 – 18, 2018 in Hong Kong.

'Holistic Care Now and into the Future: Implications for Practice, Education and Research' is the theme of this year's Forum. With partnership of the ICOWHI Congress, the Forum aims to bring together international and local experts in nursing research, education and clinical practice from diverse disciplines and specialties to discuss the latest innovations and developments in holistic care and women's health.



Renowned speakers include:

Grace Tien Lecture

Professor Dame Nicky Cullum

University of Manchester, the United Kingdom

Keynote Speakers

Professor Pamela S Hinds

The George Washington University, the United States

Professor Ann Kurth

Yale University, the United States

Professor Mary McCarron

Trinity College Dublin, Ireland

Professor Antonia M Villarruel

University of Pennsylvania, the United States



For information and registration, please visit <http://hknf.hku.hk/> for details.

Congratulations

Award of Research Grants

Local and International Funding Bodies	Principal Investigator	Project Name
RGC General Research Fund (GRF)	Dr. Kelvin Wang	Personalized smoking cessation support using instant messaging applications for proactively recruited community smokers: a pragmatic randomized controlled trial
RGC Early Career Scheme (ECS)	Dr. Edmond Choi	The safe use of dating applications (apps) among men who have sex with men: developing and testing an interactive web-based intervention to reduce risky sexual behaviours
HMRP Research Fellowship Scheme	Dr. Kelvin Wang	Intervention combining interactive communication technologies and nicotine replacement therapy sampling for proactively recruited smokers in smoking hotspots: a pragmatic randomized controlled trial
Hong Kong Council on Smoking and Health (COSH)	Dr. Kelvin Wang	Building capacity and promoting smoking cessation in the community via 'Quit to Win' contest 2018: a single-blind cluster randomized controlled trial on brief intervention (AWARD), active referral and financial incentive for attending smoking cessation service to increase abstinence
Hong Kong Council on Smoking and Health (COSH)	Dr. William Li	Evaluation study on Smoke-free Teens Programme 2018-19
Hong Kong Housing Authority	Dr. Patsy Chau	Healthy Ageing in Public Rental Housing Estates Programme 2018/19
HKU-KCL Strategic Partnership Fund	Dr. Kris Lok	Home-based breastfeeding peer counselling programme and research
Seed Fund for Basic Research	Dr. Jessie Lin	A longitudinal mixed methods investigation on women with postpartum depression
Seed Fund for Basic Research	Dr. Janet Wong	Virtual reality based training programme to improve sexual decision-making in young adults
Seed Fund for Basic Research for New Staff	Dr. Edmond Choi	The burden of lower urinary tract symptoms on primary care patients: a mixed methods study
Seed Fund for Basic Research for New Staff	Dr. Eva Ho	Psychometric properties of the Chinese version of the Pittsburgh Sleep Quality Index in Hong Kong Chinese childhood cancer survivors
Enhanced New Staff Start-up Research Grant	Dr. Edmond Choi	The unmet needs, symptoms distress and psychosocial profile of Chinese patients with prostate cancer, a prospective longitudinal study

Promotions



Congratulations to Dr. Patsy Chau, whose remarkable contributions to the School was signified by the offer of Associate Professor with effect from September 21, 2018.



Congratulations to Mr. William Lam, whose invaluable contributions to the School was signified by the offer of Lecturer with effect from May 1, 2018.



Congratulations to Dr. John Fung, whose creditable contributions to the School was signified by the offer of Lecturer with effect from May 1, 2018.



Congratulations to Dr. Esther Lo, whose tremendous contributions to the School was signified by the offer of Lecturer with effect from May 1, 2018.

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